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Amorphous Carbon Thin Film Electrodes with Intrinsic Pt-gradient for Hydrogen Peroxide Detection

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Abstract

Nanoscale amorphous carbon thin films with intrinsic Pt gradient show great promise as new electrode materials for electrochemical detection of hydrogen peroxide. Embedding the Pt particles in the carbon matrix during the fabrication process allows tighter integration than, for example, adding them after the fabrication on top of the substrate. Especially, this approach can offer excellent electrochemical properties combined with CMOS compatibility, which is crucial for further device development. Here we provide extensive in depth electrochemical and
physicochemical characterization of these novel materials by cyclic voltammetry (CV),
chronoamperometry (CA), rotating disk electrode (RDE) experiments, transmission electron
microscopy (TEM), Raman spectroscopy, x-ray photoelectron spectroscopy (XPS) and atomic force
microscopy (AFM). Equipped with these detailed results on these materials we proceed to present
some suggestions how the physicochemical properties correlate with the results from
electrochemical measurements. (i) It is shown that coarsening of the initially very finely dispersed
structure occurs both under electron bombardment during TEM imaging as well as during cyclic
voltammetry in H₂SO₄. (ii) Further, it is shown that OH is adsorbed on small Pt islands much more
strongly compared to the bulk Pt, which may heavily influence hydrogen peroxide redox reactions
on these Pt-containing amorphous carbon films. (iii) Finally, we proceed to demonstrate that despite
these complications, these materials show linear response for hydrogen peroxide reduction in
neutral phosphate buffered saline combined with very fast response times.

**Keywords:** carbon, thin films, platinum, sensors, hydrogen peroxide

1. Introduction

Hydrogen peroxide (H₂O₂) is a simple molecule with a high standard electrochemical potential [1]
making it a powerful oxidizing agent on appropriate substrates. H₂O₂ has been proposed to be
formed as a reaction intermediate in the oxygen reduction reaction [2–4] which makes it an
interesting species for fuel cell research and development. In living organisms, cells produce H₂O₂
in the mitochondria to control growth and apoptosis and it might also have a key role in aging [5].
Some tumor cell lines have been suggested to be able to produce large amounts of H₂O₂ in vivo
which could, for example, enhance their invasion and metastasis formation [6]. Moreover,
endogenous H₂O₂ can inhibit dopamine release and have a role in the etiology of neurodegenerative
disorders, such as Parkinson’s disease [7]. Several oxidative enzymes such as glucose oxidase [8], glutamate oxidase [9], and cholesterol oxidase [10] produce H$_2$O$_2$ allowing the indirect electrochemical detection of their otherwise electroinactive substrate molecules. Thus, sensors for H$_2$O$_2$ detection are in demand in not only industrial but also various healthcare related applications.

Electrochemical sensors are utilized in the detection of various analytes owing to their scalable size and good temporal resolution. Noble metals, such as platinum, gold and silver, as well as their alloys, show good catalytic activity towards H$_2$O$_2$ oxidation and reduction [11–17]. Especially the mechanism for electrochemical oxidation of H$_2$O$_2$ on Pt has been studied widely by Hall, Khudaish and Hart [18–22]. Also, both H$_2$O$_2$ reduction and oxidation on polycrystalline Pt have been studied by Katsounaros et al.[23]

Diamond-like carbon (DLC) is a carbon allotrope with high sp$^3$ content. The DLC family consist of amorphous carbons (a-C) and their hydrogenated alloys.[24] Tetrahedral amorphous carbon (ta-C) is the form of DLC with the highest sp$^3$ fraction[25]. In addition to low surface roughness [26], ta-C has good electrochemical properties, such as large water window and low background signal [27], making it suitable for sensor applications. We have previously shown that Pt can be alloyed with ta-C film to form an amorphous carbon (a-C) thin film with an intrinsic Pt islands distribution and that these thin film electrodes can detect H$_2$O$_2$ [28]. Furthermore, we showed that GluOx can be immobilized on these carbon thin film surfaces enabling the detection of glutamate [29].

Embedding Pt into the carbon matrix instead of depositing the particles on top of the substrate provides more tight integration, which can enhance the electrochemical properties. Moreover, this approach provides CMOS compatibility, which is especially important for device fabrication. Despite these initial successful steps with sensor applications, basic structural, chemical and electrochemical properties of these new materials are not unambiguously known at the moment. Especially the evolution of various structural nanosized features during electrochemical measurements and their implications to the electrochemical behavior of the materials have not been
previously addressed. Hence, here we investigate in detail the electrochemical properties of a-C/Pt electrodes by utilizing cyclic voltammetry (CV), chronoamperometry (CA) and rotating disk electrode (RDE) experiments. We also present in depth characterization of these films by TEM, Raman spectroscopy, XPS and AFM as well as provide some insight about the correlations of these properties with the observed electrochemical behavior.

2. Experimental

2.1. Sample Preparation

Samples consisted of 20 nm thick underlying titanium layer and approximately 7 nm thick a-C layer gradient-alloyed with Pt. Samples with only an 8 nm thick Pt layer were fabricated as controls. Substrates were highly conductive p-type boron-doped (100) Si wafers with 0.001–0.002 Ωcm resistivity (Ultrasil, USA) or NaCl crystals (Ted Paella, Inc., USA) without Ti layer for TEM sample fabrication. Si wafers were cleaned by standard RCA-cleaning procedure before deposition.

Sample fabrication procedure consisted of direct current magnetron sputtering (DC-MS) for Ti layer and dual filtered cathodic vacuum arc (FCVA) deposition for carbon and platinum layers. Both deposition systems were installed in one chamber. The DC-MS system was equipped with a circular, water-cooled magnetron sputtering source with 2 inch Ti target. Ti layers were deposited to enhance adhesion under the following deposition conditions: discharge power was fixed at 100 W, total pressure was 0.67 Pa, Ar gas flow rate was 29 sccm, deposition temperature was close to room temperature, and deposition time was 350 s. Cathodic arc deposition system (Lawrence Berkeley National Laboratory, USA) was equipped with a 45\(^{\circ}\) bent magnetic filter for reduction of macroparticle contamination and two cathodes in a dual cathode configuration. The cathodes were 6.35 mm 99.95 % purity graphite (Goodfellow) and 99.99 % purity Pt rods (Goodfellow). A pulse
forming network (PFN) was used to strike the triggerless arc. The PFN was controlled with custom made National Instruments hardware and LabView software. To obtain Pt-doped a-C the following functions were used to control the number of pulses for carbon and Pt:

\[ C: 50 - 0.5x^2 \quad Pt: 1 + 0.5x^2 \quad 0 \leq x \leq 9, x \in Z \]

resulting in a total of 360 pulses of carbon and 155 pulses of Pt. The functions were chosen so that on each cycle the number of carbon pulses decreases and Pt increases, giving a surface with high Pt content.

The arc current pulses had an amplitude of 0.7 kA and 0.6 ms pulse width. During the deposition, the 2.6 mF capacitor bank was charged to 400 V and pulse frequency was 1 Hz. Total pressure during the deposition process was no more than \( 1.3 \times 10^{-4} \) Pa. The distance between the substrate holder and the filter was about 20 cm. During the depositions, the samples were at floating potential and rotation was used to ensure homogeneous film deposition (rotational velocity 20 rpm).

After deposition, the wafers were cut into rectangular chips with an automated dicing saw. Samples were stored dry at room temperature. Before electrochemical characterization and \( \text{H}_2\text{O}_2 \) experiments, circular area was defined from the sample with PTFE tape (Irpola Oy, Finland).

2.2. Physical Characterization

The sample morphology was studied with high-resolution transmission electron microscopy (HRTEM) and scanning probe microscopy (Ntegra Aura, NT-MDT Company, Russia). HRTEM was performed with Technai F20 operated at 200 kV. The samples deposited on the NaCl crystals were dissolved in water and subsequently deposited on TEM grids. Scanning probe microscopy, operated in ambient atmosphere, was used for atomic force microscopy (AFM). The measurements were carried out in ‘scanning by sample’ mode in contact mode with a Si tip (NSG01, NT-MDT).
Company, Russia) which had typical curvature and typical force constant of 6 nm and 5.1 N/m, respectively. Obtained topography maps were processed with Matlab.

Visible Raman spectroscopy for the ta-C and Pt-doped samples was performed with LabRAM HR (Jobin Yvon Horiba). An argon laser with λ=488 nm (power 10 mW) and BX41 (Olympus) microscope and 100x objective lens with a spot size of less than 1 µm was used. The I(D)/I(G) ratio was found by fitting a double Gaussian fitting function. The I(D)/I(G) ratio is known to correlate with the sp²/sp³ fraction and the density of the film [24,30].

XPS was carried out with Kratos ULTRA electron spectrometer (Kratos Analytical, Manchester, UK) using monochromated Al Kα X-ray irradiation at 100 W. Samples were measured after overnight pre-evacuation using ash-free cellulose filter paper as in-situ reference material [31]. Fitting of the high resolution data was done assuming Gaussian lineshapes. The binding energies (BE) were calibrated by using C 1s at 285.0 eV as the reference [32]. Pt was fitted into two doublets by using predefined BE split and predefined Pt 4f 7/2:5/2 split ratios.

2.3 Electrochemical Measurements

Electrochemical experiments were performed with a Gamry Reference 600 potentiostat (Gamry Instruments), CHI 630E potentiostat (CH Instruments, Inc.) or a digital recorder (eDAQ ED401) and a potenciostat (Edaq EA161) coupled to a signal generator (PAR 175). In rotating disk electrode experiments with a Radiometer Analytical rotating motor (Model EDI101) was utilized. Reference electrode was a Ag/AgCl/KCl sat’d electrode (+0.199 vs. SHE, Radiometer Analytical) and counter electrode a carbon rod or a Pt wire.

In order to clean the samples, they were first subject to potential cycling in nitrogen purged and blanketed 0.15 M H₂SO₄ (diluted in deionized water with resistivity of 18.2 MOhm cm from Merck Millipore Emsure 95-97 % H₂SO₄) for at least 100 cycles between -0.2 V and 1.2 V vs. Ag/AgCl.
with 1 V s\(^{-1}\). Electrochemical characteristics were inspected by cyclic voltammetry in 1 mM FcMeOH (Sigma) dissolved in 0.15 M H\(_2\)SO\(_4\).

Scan rates and peak currents for voltammetric data can be connected through Randles-Sevcik equation

\[ I_p = (2.69 \times 10^5)n^{\frac{2}{3}}A^{\frac{1}{2}}D^{\frac{1}{2}}v^{\frac{1}{2}}C_0, \]  

(1)

where \(I_p\) is the peak current, \(n\) is the number of transferred electrons (for FcMeOH \(n = 1\)), \(A\) is the effective surface area, \(D\) is the diffusion coefficient \((2.17 \times 10^{-5} \text{ cm}^2 \text{ s}^{-1}\) [33]) and \(C_0\) is the bulk concentration of FcMeOH (1 mM). The effective surface area was approximated by the geometric area of the sample \((0.031 \text{ cm}^2\) for a-C/Pt samples and 0.071 cm\(^2\) for Pt samples). For evaluation of heterogeneous rate constants, \(k_e\), from FcMeOH measurements, method presented by Nicholson [34] was used:

\[ \psi = \gamma^\alpha k_e / \sqrt{\pi a D_0}, \]  

(2)

where \(\gamma\) is the square root of the ratio for diffusion coefficients for oxidized and reduced forms of FcMeOH (here assumed to be unity), \(\alpha\) is the charge transfer coefficient (approximated to be 0.5), \(a = nFv/RT\) \((F\) is Faraday’s constant 96 485 C/mol, \(R\) is universal gas constant 8.314 J/kmol), and \(D_0\) is the diffusion coefficient of ferrocene. \(\psi\) values as function of peak potential separation were taken from the paper by Nicholson [34]. As equation (1) is only valid for reversible systems, it should be noted that sufficiently high \(k_e\) values obtained from analysis based on equation (2) indicate that the system can be assumed to be reversible. For H\(_2\)O\(_2\) experiments, a stock solution of 10 mM was freshly prepared from 30 % H\(_2\)O\(_2\) (Merck KGaA, Germany) by dilution in deionized water. This stock solution was then pipetted into the cell filled with phosphate buffered saline (PBS, pH 7.4) containing NaCl (137 mM), KCl (2.7 mM), Na\(_2\)HPO\(_4\) (10 mM) and KH\(_2\)PO\(_4\) (1.8 mM).

During the chronoamperometric measurements the sample was first held at 0.3 V vs. Ag/AgCl or 30 s before stepping the potential to -0.2 V vs. Ag/AgCl for H\(_2\)O\(_2\) reduction.
For the CO adsorption experiments the 0.15 M H₂SO₄ (diluted from 96 % Merck suprapur H₂SO₄) was bubbled with CO (Air Liquide N46) for 5 minutes at open circuit until saturation. Next, the sample was immersed in the cell at -0.099 vs. Ag/AgCl for two minutes. After that, CO was removed from the cell by purging with Ar (Air Liquide 99.999 %) for 15 minutes. Finally, the voltammetric profile was registered. For consistency the graphs presented here have been plotted against Ag/AgCl even though the reference electrode in the CO stripping experiments was RHE (H₂ purity Air Liquide 99.999 %).

3. Results and Discussion

3.1. Structural Characterization

*Transmission Electron Microscopy (TEM)*

Figure 1 show the HRTEM micrographs of a-C/Pt film deposited on NaCl crystal. It can be seen that immediately after the deposition, the structure is very finely dispersed and relatively homogeneous (Figure 1A). There are only very small Pt precipitates or Pt-rich areas inside the amorphous carbon matrix. Further, it is likely that most of the Pt is still covered by a thin carbon over layer. When the surface is bombarded with electrons (i.e., held under the electron beam), Pt atoms gain sufficient energy to facilitate their surface diffusion and thus significant coarsening can be seen to occur, since, the initial finely dispersed structure is highly metastable and, if given the opportunity, will start to coarsen, driven by the minimization of the surface free energy of the system. In Figure 1B, clear Pt precipitates are already visible and they can be seen to gradually grow as the electron bombardment continues (Figures 1C and D). It is quite likely that similar coarsening occurs also during electrochemical oxidation and reduction cycles, though probably to a lesser degree (see below).
To our knowledge there exists only a few earlier studies on a-C films with Pt alloying, which can be used to benchmark the results from our films. For example, in a study by Lamber & Jaeger [35] Pt-carbon multilayer films were prepared and these films were investigated with high resolution electron microscopy. Heating the samples caused sintering of Pt particles resembling the phenomena seen in Figure 1. However, in Lamber & Jaeger Pt was not alloyed with amorphous carbon but instead supported on it. Similarly, in Fabbri et al. [36] Pt was deposited on top of an amorphous carbon film TEM grids by sputtering to inspect the resulting particle size. With Pt-loading of 2 µg cm$^{-2}$ they obtained both 2-3 nm diameter particles and larger agglomerates resembling our films after prolonged electron bombardment (Figure 1D). Increasing the deposition time and thus Pt-loading over 20 µg cm$^{-2}$ caused further formation of Pt agglomerates and particulate layers. Fabbri et al. referred to a study by Schwanitz et al. [37] where it was stated that even with loadings less than 3 µg cm$^{-2}$, Pt nanoparticles and agglomerates coexist. Increasing the loading (i.e. deposition time) increases also agglomeration. Fabbri et al. did not, however, specify the time the samples were kept under electron bombardment which might also have had an effect on agglomeration. Further, the deposition of a-C and Pt occurs in our case by consecutive pulses thus being quite a different process than that used by both Lamber & Jaeger and Fabbri et al. Moreover, energy during the cathodic vacuum arc deposition is considerably larger compared to sputtering which explains the more refined structure of our films.

**Raman Spectroscopy**

The background subtracted Raman spectra of the ta-C and a-C/Pt samples are presented in Figure 2A. No smoothing of the data was performed. Figure 2A shows the actual measured background subtracted signal, the fitted D and G peaks as well as the cumulative fit. I(D)/I(G) ratios for ta-C and a-C/Pt are 0.56 and 0.66, respectively. The intensity of the Raman signal decreases while the I(D)/I(G) ratio increases with the addition of Pt. It has been shown by Ferrari and Robertson [38]
that sp² sites contribute more to visible Raman spectra compared to sp³ sites. The G peak is mainly related to sp² vibrations whereas the source of D peak is aromatic rings. In most cases, it is not possible to define the sp³ fraction from visible Raman spectrum. However, the I(D)/I(G) ratio can be related to sp²/sp³ content: increase in I(D)/I(G) ratio is likely caused by an increase in the sp² fraction in the Pt containing film [38]. The results shown here are also in agreement with preceding results obtained with similar films [28,39]. What has been stated above points out that the inclusion of Pt into the growing ta-C films reduces the amount of sp³ and consequently changes the ta-C into an a-C film.

**X-ray Photoelectron Spectroscopy (XPS)**

XPS spectra (wide and high-resolution spectra for Pt 4f, N 1s, C 1s and O 1s) for Pt-doped a-C film are presented in Figure 2B. The spectra indicated the presence of carbon (77.4 at-%), oxygen (12.9 at-%), platinum (6.4 at-%) and nitrogen (1.9 at-%) in the films. In addition, we also observed traces of silicon (0.7 at-%) and titanium (0.5 at-%). The amounts of N, O, Ti and Si are comparable with our previous results obtained with pure ta-C [40]. The amount of C-C bonded carbon was over 80 %, while remaining carbon was most probably bound to surface oxygen species, typically found on all air-exposed surfaces.

After deposition of the a-C/Pt film, the wafers were cut with dicing saw which might have resulted in Si contamination of the surface. This is supported by the Si peak not showing any background [41]. On the other hand, the strong background after the tiny Ti signal clearly points toward the fact that Ti is buried under the a-C/Pt layer [41], thus originating from the Ti adhesion layer used between Si and a-C/Pt layer.
Strong backgrounds after XPS signals originating from platinum likewise promote the idea that Pt is present as nanoscale particles or islands, not as a monolayer. This argument is supported by the following facts:

(i) First, the shape of the pronounced background tailing for all Pt peaks indicates that the depth distribution of platinum atoms extend to some nanometers, so it is more than just a monolayer or two [41].

(ii) Secondly, the amount of Pt (6.4 at-%) is too low for a continuous thin layer of thickness indicated by the peak shape.

As for the valence state, the major contribution from platinum originates from metallic zero valent state. The main peaks are slightly shifted from reference values characteristic for metallic Pt 4f, which further supports that Pt is present as isolated particles on insulating sandwich structured substrate. Furthermore, there is a minor component at around 74 eV, suggesting presence of Pt oxide over layer [42], and this is further confirmed by MeO₅ component broadening in the oxygen O 1s spectra.

Atomic-Force Microscopy (AFM)

AFM topography maps for fresh sample and samples cycled in 0.15 M H₂SO₄ at 1 V/s between -0.2 V and 1.4 V vs. Ag/AgCl are presented in Figure 3. They exhibit similar structural features to the HRTEM micrographs (Figure 1). However, the features in topography maps are an order of magnitude coarser. This is most likely due to the convolution effect of the AFM tip with the surface topography. Interestingly, when the sample was cycled between -0.2 V – 1.4 V vs. Ag/AgCl the surface became less smooth with larger differences in particle sizes. Surface roughness from AFM measurements values for samples with varying upper potential limit ($E_{up}$) are compared in Figure 3C. Interestingly, there is a sudden and significant increase in surface roughness when $E_{up} = 1.4$ V
which further supports the suggestion that the surface is coarsened with potential cycling after a certain threshold potential is reached.

It is evident from the above TEM, Raman, XPS and AFM results that the a-C films contain most likely carbon-covered oxidized Pt islands with a narrow size distribution. Based on the changes seen during TEM investigations the structure will coarsen by electron bombardment. It is proposed that this is likely to also occur to some degree during CV experiments, especially prolonged cycling in wide potential window as shown by the AFM results above. The latter coarsening arises from small Pt particles dissolving during the positive scan and their re-deposition on larger particles during the negative scan.

3.2. Electrochemical Characterization

*Cyclic Voltammetry in Sulfuric Acid*

Figure 4 shows the effect of prolonged cycling in 0.15 M H₂SO₄ at 1 V/s. Pt features (H₂ adsorption/desorption, Pt(OH) formation/reduction) become more evident as the cycling is proceeded. Moreover, Pt(OH) reduction peak is shifted anodically towards the “bulk” value (see Conway et al. [43] for details) which is suggested to be related to coarsening of the structure and formation of larger Pt island from small, separate particles. This is in line with results obtained by Solla-Gullón et al. [44] with carbon nanotube supported Pt nanoparticles. The results are also consistent with other previous studies where it has been shown that the Pt oxide reduction peak shifts to more positive voltages with increasing particle size [36,45–49]. This behavior has been explained by oxygen species (especially OH) adsorbing more strongly when Pt particle size is decreased [50,51]. In addition to the coarsening of the structure, the Pt surface is cleaned during the cycling. This is manifested by the decreasing oxidation current above 1 V and increasing current in the hydrogen region below 0.1 V. However, the current in the hydrogen region starts to decrease
after 100 cycles which is related to agglomeration of Pt and decreasing of electrochemically active Pt surface area [44]. This was further verified by calculating the active area from the charges in the hydrogen desorption region by integrating the area from the CV curve taking the current in the double-layer region as baseline and dividing this by charge density (210 µC/cm²) for 100th and 200th cycles. The active Pt surface area was decreased from 6.70 x 10⁻³ cm² to 5.31 x 10⁻³ cm². It is assumed here that the active surface area calculated from the hydrogen desorption includes only the contribution from Pt and omits the possible activity of a-C. Thus, the geometric area of the sample was used for calculating current densities. Hence, it can be concluded that cycling the potential in H₂SO₄ resulted into both cleaning of the Pt islands from (mainly carbon) impurities and coarsening of the very finely dispersed initial structure.

_Cyclic Voltammetry in 1 mM Ferrocenemethanol_

Figure 5 shows the results for potential cycling in 1 mM ferrocenemethanol (FcMeOH) at different scan rates. The peak separations ΔEₚ at different scan rates (Table 1) indicate reversible redox process. This is further supported by the jₚox/jₚred ratio being close to unity and sufficiently large value of kₑ = 0.45 cm s⁻¹ calculated by using the Nicholson method [34] and averaged for different scan rates. Peak current densities calculated with geometric areas by using Randles-Sevcik equation for oxidation of FcMeOH on Pt are also included in Error! Reference source not found.. Values are relatively close in magnitude to those obtained with a-C/Pt even though there is no uniform Pt layer on a-C/Pt surface. Streeter et al. [52] studied voltammetry at nanoparticles and divided the diffusional behavior of samples with nanoparticles into four categories depending on the diffusion layer thickness with respect to the electrode size. Comparable peak current densities for a-C/Pt and Pt samples indicate that our samples would fall into category 4 where overlapping diffusion zones
result in planar diffusion field. On the other hand, Streeter et al. also stated that negative deviation from Randles-Sevcik curve (supporting information Figure S1) indicates incompletely overlapping diffusion zones which would place our a-C/Pt samples into category 3. However, regardless of the exact category it is most likely that Pt particles or island in a-C/Pt do not behave as isolated particles, but form a mutual planar diffusion zone and the thickness of the diffusion layer is large with respect to the particle radius.

Rotating Disk Electrode Measurements

Results from rotating disk electrode (RDE) experiments in 0.15 M H$_2$SO$_4$ containing 1 mM H$_2$O$_2$ for Pt and a-C/Pt samples are presented in Figure 6 and Figure 7, respectively. For both sample types, the cathodic and anodic scans started from upper (1 V vs. Ag/AgCl) and lower (-0.2 V vs. Ag/AgCl) potential limits, respectively. Pt sample shows expected behavior with distinct plateaus for both H$_2$O$_2$ oxidation and reduction at 50 mV/s. However, a-C/Pt results are less straightforward. The current is dependent on the rotation rate in the anodic end, but only marginally at the cathodic end.

It has been shown that H$_2$O$_2$ reacts with Pt surface chemically and the detected current arises from the regeneration of suitable Pt sites [23]:

At the cathodic end

\[ 2 \text{Pt} + \text{H}_2\text{O}_2 \rightarrow 2\text{Pt(OH)} \quad \text{(dissociative adsorption of H}_2\text{O}_2) \]  

\[ 2 \text{Pt(OH)} + 2\text{H}^+ + 2\text{e}^- \rightarrow 2 \text{Pt(H}_2\text{O)} \quad \text{(regeneration of oxide-free Pt sites)} \]  

At the anodic end
2Pt(OH) + H₂O₂ → 2Pt(H₂O) + O₂ (non-electrochemical oxidation of H₂O₂)  \hspace{1cm} (5)

2Pt(H₂O) → 2Pt(OH) + 2H⁺ + 2e⁻ (regeneration of oxidized Pt sites) \hspace{1cm} (6)

Moreover, as OH species are more strongly adsorbed to small particles compared to bulk Pt [50,51] we propose that the behavior observed for a-C/Pt during RDE experiments arises from OH desorption induced complications. In fact, as Han et al. have shown [51] by utilizing detailed DFT calculations OH adsorption on nanosized Pt particles is not only significantly stronger than on extended (bulk) Pt surfaces, but also the preferential sites for OH adsorption were different on small particles and in the bulk samples. What we propose is the following:

(i) At the cathodic end, to generate the current, combining of surface bound OH particles is required [equation (4)]. This is possibly partly hindered by the large adsorption strength of OH to the Pt nanoparticles.

(ii) During the cathodic scan the reduction of OH sites is only partial due to their large adsorption strength. It is also possible that the reduction of Pt oxide is gradual and depends on the specific particle size leading to the observed tilted current curve. As a consequence, the kinetics appears to be slower for the cathodic scan.

(iii) At the anodic end, strong OH adsorption favors the electrochemical step [equation (6)] resulting in high currents. However, based on the shape of the current curve the reaction is not entirely governed by mass transport here either. From Levich equation [equation (S1)] and using the effective area calculated from the currents of Figure 5 using Randles-Sevcik equation [equation (1)], diffusion limited current (see Supporting Information) of ca. 430 and 1075 µA cm⁻² are predicted for 400 and 2500 rpm, respectively, which supports the idea that experimental currents are slightly lower than the diffusion limited current, especially for the higher rotation rate.
(iv) \( \text{H}_2\text{O}_2 \) reactions on Pt require suitable active sites to proceed as shown in eqs. (3)-(6). It is thus possible that owing to the small amount and size of the Pt islands the number of available reaction sites start to limit the extent of reaction on Pt despite the enhanced mass transport resulting from the increased rotating speed.

In addition, the zero current crossing point is shifted to cathodic direction for the cathodic scan reflecting the strong OH adsorption (see the dashed lines in Figure 7).

In order to obtain more information on the suggested partial reduction of OH sites during the cathodic scan (item (ii) in the previous list) we compared the effect of upper potential limit on the current in the cathodic end of the voltammograms. The sample potential was first cycled at 1 V/s in 0.15 M H\(_2\)SO\(_4\) between -0.2 V and 1.2 V (vs. Ag/AgCl) in order to clean the surface. Next, the sample potential was cycled in the same solution between -0.2 V and 0.4 V at 50 mV/s. As the upper potential limit is sufficiently low, there is no OH adsorption in this case. As shown in Figure 8A, when cycling to upper potential limit of 1.2 V is carried out there is clear increase in the magnitude of the current during the cathodic scan in the hydrogen adsorption region in comparison to cycling only up to 0.4 V. As the anodic current for hydrogen desorption match for both upper potential limits there has to be other source than hydrogen adsorption for the increase in current. This additional current is proposed to originate from desorption of OH indicating that it indeed remains adsorbed down to the low potential limit. For polycrystalline Pt (Figure 8B) there is no such increase in the current magnitude with increased upper potential limit which demonstrates that the strong OH adsorption is related to small islands and not to bulk Pt.

**CO Stripping Experiments**
To have more insight into the role of the size of the Pt particles, two cleaning protocols with different upper potential limits were carried out in H₂SO₄ (Figure 9A). The hypothesis behind this was that the more extensive cleaning with the wider potential window should result in a larger average particle size. This is supported by AFM results in Figure 3 where it is shown that increasing the upper potential limit indeed leads to coarser structure. The sample cleaned with the lower upper potential limit still shows hydrogen adsorption peaks but in significant less extent than the sample with more extensive cleaning. This indicates that platinum particles in this sample are still partially covered by carbon that has not been removed in the cleaning process.

After cleaning as indicated above samples were used in CO-stripping experiments. CO was first adsorbed on the sample surface by CO bubbling in the working solution during 2 minutes at a controlled potential of -0.099 vs. Ag/AgCl. After purging the excess CO out from the cell with Ar, remaining CO adsorbed on the platinum surface was electrochemically oxidized by scanning the potential to sufficiently positive values. As seen in Figure 9B there is a significant anodic shift of the CO oxidation peak when the Pt particles are smaller, i.e. the upper potential limit was lower during the cleaning protocol.

To rationalize the observed behavior, let us consider the corresponding reactions during CO-oxidation, which are typically given as:

\[ \text{H}_2\text{O} + * \leftrightarrow \text{OH}_{\text{ads}} + \text{H}^+ + e^- \]  
\[ \text{CO}_{\text{ads}} + \text{OH}_{\text{ads}} \rightarrow \text{COOH}_{\text{ads}} \]  
\[ \text{COOH}_{\text{ads}} \rightarrow \text{CO}_2 + \text{H}^+ + e^- + * \]

where * indicates a free surface site.

There have been a lot of investigations about the effect of Pt particle size on the CO-oxidation currents. Kabbabi et al.[45] suggested that decreasing Pt particle size correlates with both strong
adsorption of oxygenated species as well the anodic shift for the CO oxidation. In Maillard et al. [53] the authors stated that CO oxidation peak moved to more anodic potentials as the Pt-particle size decreased. This was attributed to strong OH adsorption on nanoparticles (NPs) and partly also to strong interaction of CO with the NPs that slows down its surface diffusion. They also observed a peak in the double layer region of CO-free CVs in H₂SO₄ which they attributed to (bi)sulfate adsorption on Pt. In another study Maillard et al. showed consistent results with the previous one, except that they attributed the peak in CO-free H₂SO₄ CV observed earlier to quinone couple on oxidized glassy carbon support [54]. Further, in a third study by Maillard et al. the conclusions about the size effects of Pt-particles were again the same as in the two earlier papers [55]. However, in this case the authors emphasized more the role of hindered CO diffusion on Pt nanoparticles, but still recognized the effect of strong adsorption of OH.

In publication by Arenz et al. similar shift towards higher anodic potentials as a function of decreasing particle radius was shown to take place, but in this case the authors attributed the effect mainly to the ability of different sizes of nanoparticles to form OH_ads on defect sites rather than to the CO energetics [56]. Mayrhofer et al. have shown, by utilizing the method described by Climent et al. [57], that the potential of total zero charge shifted approximately 35 mV negative by decreasing the particle size from 30 nm down to 1 nm [49]. They also stated that OH adsorption was similarly enhanced to small particles consistent with the other investigations.

Mayrhofer et al. showed that there was a shift in the CO-oxidation potential as a function of particle size, but the onset potential really changed to less anodic values only when one moved from 5 nm sized to 30 nm sized particles [58]. Contrary to the results shown by Maillard et al. [53–55], they showed that within the particle size range of 1-5 nm the onset potential was more or less constant. The shift was mainly attributed to stronger CO adsorption and thus lower CO surface mobility on small Pt nanoparticles.
There is also evidence that CO forms a more compact adsorption layer on top of Pt nanoparticles than on extended surfaces [55]. Based on the equations (7)-(9) water has to be able to penetrate between the adsorbed CO molecules to form the required OH adsorption sites on Pt surface. It is thus possible that H₂O cannot easily penetrate between the more compact layer of adsorbed CO on smaller Pt-particles, which would then hinder the onset of the CO-oxidation reaction. This is in line with the conclusions made by Arenz et al. [56] i.e. that the CO oxidation reaction is mainly influenced by the ability of Pt nanoparticles with different sizes to form OH_ads, which would be in fact controlled by the compactness of adsorption layer formed by CO that in turn depends on particle size.

Whatever is the exact mechanism that controls the CO oxidation reaction it is evidently dependent on the particle size used in this study, which based on the AFM and TEM characterization changes from a few nanometers (as deposited samples) to the range of 30-50 nm (extensively cleaned samples). Thus, the range of particle sizes where the effects can be seen in this study are consistent with the statements made by Mayrhofer et al. [58]. Also from XPS results it was evident that as deposited samples surfaces contained Pt islands that were partly covered with thin oxide layer. As it has been shown, both experimentally and by simulations, that the adsorption of OH is also strongly dependent on the particle size, it is plausible that the differences in particle sizes and distribution leads to the behavior observed both in RDE experiments with H₂O₂ and CO stripping. It must, however, be noted that the root causes behind these observations are not unambiguously known at the moment and further investigations are needed.

**Chronoamperometry**

Despite the complications in understanding the fundamental electrochemical behavior of a-C/Pt samples they were successfully used to detect H₂O₂ in PBS (pH 7.4) with amperometry (-0.2 V vs.
Ag/AgCl). They showed linearity between 50 µM and 1000 µM \( (R^2 = 0.999) \) with sensitivity of 0.32 µA µM\(^{-1}\) cm\(^{-2}\) (Figure 10) and limit of detection of 0.32 µM \( (S/N = 3) \). The \( \text{H}_2\text{O}_2 \) response deviates from that obtained in blank PBS already before 0.05 s from the start of the measurement (inset in Figure 10). Even though \( \text{H}_2\text{O}_2 \) oxidation on a-C/Pt would be kinetically less limited compared to the reduction at large negative overpotentials, it would also result in oxidation of interfering species in biosensing applications. For example dopamine and ascorbic acid are expected to react at similar overpotentials on a-C/Pt as they do on ta-C films \([59]\). Even though the linear range obtained for a-C/Pt samples does not extend down to the nanomolar range that would be needed for example for the (enzymatic) detection of neurotransmitter glutamate, the hybrid material presented here shows great promise as an electrochemical sensor for \( \text{H}_2\text{O}_2 \) detection. One of the main advantages is that compared to, for example, various carbon nanonmaterials based applications a-C/Pt is compatible with micro- and nanofabrication methods as is, which makes it suitable for manufacturing of devices.

4. Conclusions

Structural and electrochemical characterization of a-C thin films containing intrinsic Pt-gradient was presented in this work. It was shown that continuous electron bombardment in TEM resulted in coarsening of the initially finely dispersed structure and formation of Pt islands. Similar structural changes occurred during cycling in \( \text{H}_2\text{SO}_4 \) based on the AFM measurements and CO stripping experiments. Rotating disk electrode measurements carried in 0.15 M \( \text{H}_2\text{SO}_4 \) with 1 mM \( \text{H}_2\text{O}_2 \) indicated that OH adsorption/desorption may partly control both oxidation and reduction of \( \text{H}_2\text{O}_2 \) on a-C/Pt films. This is likely to be caused by stronger adsorption of OH on small Pt islands compared to bulk Pt. Finally, it was shown that, despite the complications in the exact reaction mechanisms, a-C/Pt films showed extended linear response for \( \text{H}_2\text{O}_2 \) reduction in neutral solution (PBS). Thus, these CMOS compatible thin films provide an interesting and promising platform for
hydrogen peroxide detection, although further investigations are needed to clarify the details of the chemical and electrochemical reactions on the surfaces of these films.

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5. References


Figure captions

**Figure 1.** HRTEM micrographs of a-C/Pt film grown on NaCl single crystals without Ti adhesion layer. The effect of prolonged electron bombardment from A to D is pronounced as the structure is coarsened. If A is taken as \( t = 0 \) s, the respective time points are B)
Figure 2. A) Raman spectra of ta-C and a-C/Pt samples. Increasing I(D)/I(G) ratio for a-C/Pt is likely caused by an increase in the sp² fraction. B) XPS wide area (large on the left) and high-resolution (four small on the right) spectra for a-C/Pt sample.
Figure 3. AFM topography maps for a-C/Pt samples. A) fresh sample and B) sample after prolonged cycling between -0.2 V and 1.4 V in 0.15 M H₂SO₄. Structural features are similar to those seen in HRTEM, though an order of magnitude coarser. C) Average surface roughness from AFM measurements for fresh sample samples cycled in 0.15 M H₂SO₄ with different upper potential limits. Standard deviations were used as error (N = 3).
Figure 4. Cleaning cycling of a-C/Pt sample in 0.15 M H₂SO₄. Evolution of voltammograms during cleaning of a-C/Pt sample in 0.15 M H₂SO₄. Pt features become gradually more evident during prolonged cycling.
Figure 5. Cyclic voltammograms of a-C/Pt sample in 1 mM FcMeOH (dissolved in 0.15 M H2SO4) at different cycling rates. Sample shows nearly reversible behavior with ΔE_p being independent of scan rate and j_{ox}/j_{red} ratios close to unity for all except for 10 mV/s.
Figure 6. Cathodic (A) and anodic (B) RDE curves for Pt in 0.15 M H₂SO₄ with 1 mM H₂O₂ at scan rate 50 mV/s.

Figure 7. Cathodic (A) and anodic (B) RDE curves for a-C/Pt in 0.15 M H₂SO₄ with 1 mM H₂O₂ at 50 mV/s. Cathodic scan starts from 1 V (vs. Ag/AgCl) and anodic scan from -0.2 V (vs. Ag/AgCl). The dashed lines highlight the shift of the zero current crossing point between anodic and cathodic scans.
Figure 8. Effect of different upper potential limits 0.4 V and 1.2 V vs. Ag/AgCl (blue and black line, respectively) on OH adsorption in 0.15 M H₂SO₄ (scan rate 50 mV/s). A) a-C/Pt sample shows increase in the current magnitude during the cathodic scan when upper potential limit is increased to region where OH adsorption (i.e. Pt surface oxidation) takes place compared to when there is no OH adsorption. B) For polycrystalline Pt the current magnitude in the cathodic end does not depend on the upper potential limit. This indicates that the strong OH adsorption is characteristic of small islands rather than bulk Pt.
**Figure 9.** Effect of different upper potential limits 1.0 V and 1.2 V vs. Ag/AgCl (blue and black line, respectively) on CO oxidation in 0.15 M H₂SO₄. A) Stationary cycle after cleaning process using different upper potential limit for samples before CO-stripping experiments at 50 mV/s. B) CO stripping experiments at 20 mV/s for samples with different cleaning protocols. The CO oxidation peak is shifted to anodic direction when there is less extensive cleaning.
Figure 10. The a-C/Pt samples showed linear behavior in H$_2$O$_2$ in PBS between 50 µM and 1000 µM ($R^2 = 0.999$). Inset shows that the current for 50 µM H$_2$O$_2$ deviates clearly from the blank PBS already before 0.05 s.

Table 1. Results for a-C/Pt in 1 mM FcMeOH (dissolved in 0.15 M H$_2$SO$_4$): peak separations, peak current densities for both oxidation and reduction of FcMeOH, peak current density ratios, and FcMeOH oxidation peak current densities for Pt film.

<table>
<thead>
<tr>
<th>Scan rate</th>
<th>$\Delta E_p$ (mV)</th>
<th>$j_{ox,a-C/Pt}$ (µA cm$^{-2}$)</th>
<th>$j_{red,a-C/Pt}$ (µA cm$^{-2}$)</th>
<th>$j_{ox,a-C/Pt}$/$j_{red,a-C/Pt}$</th>
<th>$j_{ox,Pt}$ (µA cm$^{-2}$)</th>
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<tr>
<td>10 mV/s</td>
<td>61.1</td>
<td>41.60</td>
<td>-55.04</td>
<td>0.76</td>
<td>52.10</td>
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<tr>
<td>50 mV/s</td>
<td>60</td>
<td>115.51</td>
<td>-120.38</td>
<td>0.96</td>
<td>120.90</td>
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<tr>
<td>100 mV/s</td>
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<td>161.94</td>
<td>-170.60</td>
<td>0.95</td>
<td>177.17</td>
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<tr>
<td>200 mV/s</td>
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<td>224.98</td>
<td>-238.52</td>
<td>0.94</td>
<td>245.30</td>
</tr>
<tr>
<td>400 mV/s</td>
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<td>315.81</td>
<td>-329.62</td>
<td>0.96</td>
<td>344.01</td>
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