Item	Present?	Filename	A brief, numerical description of file
		Whole original file	contents.
		name including	i.e.: Supplementary Figures 1-4, Supplementary Discussion,
		extension. i.e.:	and Supplementary Tables 1-4.
		Smith_SI.pdf. The	
		extension must be .pdf	
Supplementary	Yes	NATSUSTAIN-	Supplementary Appendix 1, Supplementary
Information		23010022B_SI.pd	Figs. 1–8, and Supplementary Tables 1–9.
		f	
Reporting Summary	Yes	NATSUSTAIN-	
		23010022B_repo	
		rting-	
		summary.pdf	
Peer Review	No	OFFICE USE ONLY	
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Figure or Table #	Figure/Table	Filename	Figure/Table Legend
Please group Extended	title	Whole original	If you are citing a reference for the first time in these
Data items by type, in	One sentence only	file name	legends, please include all new references in the main
sequential order.		including	text Methods References section, and carry on the
Total number of items		extension. i.e.:	numbering from the main References section of the
(Figs. + Tables) must		Smith_ED_Fig1.jp	paper. If your paper does not have a Methods section,
not exceed 10.		g	include all new references at the end of the main
			Reference list.
Extended Data	Nonlinear	NATSUSTAIN-	Nonlinear responses of multiple
Fig. 1	responses of	23010022B_	ecosystem variables to aridity. Examples
	multiple	ED_Fig1.jpg	of aridity thresholds observed for NDVI
	ecosystem		(a), Vegetation fraction cover (b), Above-
	variables to		ground carbon density (c), Root-shoot
	aridity.		ratio (d), Soil carbon content (e), Soil
			nitrogen content (f), Below-ground
			carbon density (g), Carbon sequestration
			(h), Biocrust cover (i), Inter-annual
			variation of precipitation (j), Plant
			species richness (k), and Vegetation
			sensitivity index (I). In (a.1) to (I.1), black

			dashed lines and black solid lines
			represent the smoothed trend fitted by
			a generalized additive model (GAM) and
			the linear fits at both sides of each
			threshold, respectively. The vertical grey
			dashed lines describe the aridity
			threshold identified $\ln(a_2)$ to (12)
			violin diagrams show bootstranged
			clones at the threshold of the two
			sopes at the theshold of the two
			regressions existing at each side of the
			threshold values (yellow: regression
			before the threshold; red, after the
			threshold). Asterisks indicate significant
			differences when conducting a Mann-
			Whitney U test (two-sided) between
			before and after the threshold where:
			***= P <0.001.
Extended Data	Nonlinear	ΝΔΤΩΙΙΣΤΔΙΝ-	Nonlinear responses of multiple
Extended Data	Noninear		Nominear responses of manuple
Fig. 2	responses of	23010022B_	ecosystem variables to grazing
Fig. 2	responses of multiple	23010022B_ ED_Fig2.jpg	ecosystem variables to grazing pressure. Examples of grazing pressure
Fig. 2	responses of multiple ecosystem	23010022B_ ED_Fig2.jpg	ecosystem variables to grazing pressure. Examples of grazing pressure thresholds observed for NDVI (a),
Fig. 2	responses of multiple ecosystem variables to	23010022B_ ED_Fig2.jpg	ecosystem variables to grazing pressure. Examples of grazing pressure thresholds observed for NDVI (a), Vegetation sensitivity index (b), Above-
Fig. 2	responses of multiple ecosystem variables to grazing	23010022B_ ED_Fig2.jpg	ecosystem variables to grazing pressure. Examples of grazing pressure thresholds observed for NDVI (a), Vegetation sensitivity index (b), Above- ground carbon density (c), Plant species
Fig. 2	responses of multiple ecosystem variables to grazing pressure.	23010022B_ ED_Fig2.jpg	ecosystem variables to grazing pressure. Examples of grazing pressure thresholds observed for NDVI (a), Vegetation sensitivity index (b), Above- ground carbon density (c), Plant species richness (d), Below-ground carbon
Fig. 2	responses of multiple ecosystem variables to grazing pressure.	23010022B_ ED_Fig2.jpg	ecosystem variables to grazing pressure. Examples of grazing pressure thresholds observed for NDVI (a), Vegetation sensitivity index (b), Above- ground carbon density (c), Plant species richness (d), Below-ground carbon density (e), and Sensitivity of vegetation
Fig. 2	responses of multiple ecosystem variables to grazing pressure.	23010022B_ ED_Fig2.jpg	ecosystem variables to grazing pressure. Examples of grazing pressure thresholds observed for NDVI (a), Vegetation sensitivity index (b), Above- ground carbon density (c), Plant species richness (d), Below-ground carbon density (e), and Sensitivity of vegetation to precipitation (f). In (a.1) to (f.1), black
Fig. 2	responses of multiple ecosystem variables to grazing pressure.	23010022B_ ED_Fig2.jpg	ecosystem variables to grazing pressure. Examples of grazing pressure thresholds observed for NDVI (a), Vegetation sensitivity index (b), Above- ground carbon density (c), Plant species richness (d), Below-ground carbon density (e), and Sensitivity of vegetation to precipitation (f). In (a.1) to (f.1), black dashed lines and black solid lines
Fig. 2	responses of multiple ecosystem variables to grazing pressure.	23010022B_ ED_Fig2.jpg	ecosystem variables to grazing pressure. Examples of grazing pressure thresholds observed for NDVI (a), Vegetation sensitivity index (b), Above- ground carbon density (c), Plant species richness (d), Below-ground carbon density (e), and Sensitivity of vegetation to precipitation (f). In (a.1) to (f.1), black dashed lines and black solid lines represent the smoothed trend fitted by
Fig. 2	responses of multiple ecosystem variables to grazing pressure.	23010022B_ ED_Fig2.jpg	ecosystem variables to grazing pressure. Examples of grazing pressure thresholds observed for NDVI (a), Vegetation sensitivity index (b), Above- ground carbon density (c), Plant species richness (d), Below-ground carbon density (e), and Sensitivity of vegetation to precipitation (f). In (a.1) to (f.1), black dashed lines and black solid lines represent the smoothed trend fitted by a generalized additive model (GAM) and
Fig. 2	responses of multiple ecosystem variables to grazing pressure.	23010022B_ ED_Fig2.jpg	ecosystem variables to grazing pressure. Examples of grazing pressure thresholds observed for NDVI (a), Vegetation sensitivity index (b), Above- ground carbon density (c), Plant species richness (d), Below-ground carbon density (e), and Sensitivity of vegetation to precipitation (f). In (a.1) to (f.1), black dashed lines and black solid lines represent the smoothed trend fitted by a generalized additive model (GAM) and the linear fits at both sides of each
Fig. 2	responses of multiple ecosystem variables to grazing pressure.	23010022B_ ED_Fig2.jpg	ecosystem variables to grazing pressure. Examples of grazing pressure thresholds observed for NDVI (a), Vegetation sensitivity index (b), Above- ground carbon density (c), Plant species richness (d), Below-ground carbon density (e), and Sensitivity of vegetation to precipitation (f). In (a.1) to (f.1), black dashed lines and black solid lines represent the smoothed trend fitted by a generalized additive model (GAM) and the linear fits at both sides of each threshold, respectively. The vertical grey
Fig. 2	responses of multiple ecosystem variables to grazing pressure.	23010022B_ ED_Fig2.jpg	ecosystem variables to grazing pressure. Examples of grazing pressure thresholds observed for NDVI (a), Vegetation sensitivity index (b), Above- ground carbon density (c), Plant species richness (d), Below-ground carbon density (e), and Sensitivity of vegetation to precipitation (f). In (a.1) to (f.1), black dashed lines and black solid lines represent the smoothed trend fitted by a generalized additive model (GAM) and the linear fits at both sides of each threshold, respectively. The vertical grey dashed lines describe the aridity
Fig. 2	responses of multiple ecosystem variables to grazing pressure.	23010022B_ ED_Fig2.jpg	ecosystem variables to grazing pressure. Examples of grazing pressure thresholds observed for NDVI (a), Vegetation sensitivity index (b), Above- ground carbon density (c), Plant species richness (d), Below-ground carbon density (e), and Sensitivity of vegetation to precipitation (f). In (a.1) to (f.1), black dashed lines and black solid lines represent the smoothed trend fitted by a generalized additive model (GAM) and the linear fits at both sides of each threshold, respectively. The vertical grey dashed lines describe the aridity threshold identified. In (a.2) to (f.2),
Fig. 2	responses of multiple ecosystem variables to grazing pressure.	23010022B_ ED_Fig2.jpg	ecosystem variables to grazing pressure. Examples of grazing pressure thresholds observed for NDVI (a), Vegetation sensitivity index (b), Above- ground carbon density (c), Plant species richness (d), Below-ground carbon density (e), and Sensitivity of vegetation to precipitation (f). In (a.1) to (f.1), black dashed lines and black solid lines represent the smoothed trend fitted by a generalized additive model (GAM) and the linear fits at both sides of each threshold, respectively. The vertical grey dashed lines describe the aridity threshold identified. In (a.2) to (f.2), violin diagrams show bootstrapped
Fig. 2	responses of multiple ecosystem variables to grazing pressure.	23010022B_ ED_Fig2.jpg	ecosystem variables to grazing pressure. Examples of grazing pressure thresholds observed for NDVI (a), Vegetation sensitivity index (b), Above- ground carbon density (c), Plant species richness (d), Below-ground carbon density (e), and Sensitivity of vegetation to precipitation (f). In (a.1) to (f.1), black dashed lines and black solid lines represent the smoothed trend fitted by a generalized additive model (GAM) and the linear fits at both sides of each threshold, respectively. The vertical grey dashed lines describe the aridity threshold identified. In (a.2) to (f.2), violin diagrams show bootstrapped slopes at the threshold of the two

			threshold values (yellow: regression
			before the threshold; red, after the
			threshold). Asterisks indicate significant
			differences when conducting a Mann-
			Whitney U test (two-sided) of the data
			below and above the threshold where:
			***= P value <0.001.
Extended Data	Predicted	NATSUSTAIN-	Predicted areas with the difference
Fig. 3	areas with the	23010022B_	between maximum allowable grazing
	difference	ED_Fig3.jpg	pressure and current grazing pressure
	between		for the (a) contrasting effect or (b)
	maximum		synergistic effect of aridity and grazing
	allowable		pressure in China's drylands. The blue
	grazing		and brown shading denotes where the
	pressure and		maximum allowable grazing pressure is
	current		higher and lower than the current
	grazing		grazing level, respectively. The red lines
	pressure for		denote the baseline drylands in 1950-
	the (a)		2000 that are not suitable for grazing
	contrasting		and thus where grazing is not
	effect or (b)		recommended, as their maximum
	synergistic		allowable grazing pressure is equal to
	effect of		zero and the current grazing pressure
	aridity and		leads thresholds to be crossed for
	grazing		ecosystem attributes. The grey shading
	pressure in		denotes drylands where the land covers
	China's		are cropland, wetland or urban areas.
	drylands.		The unshaded areas are not drylands
			today and therefore are outside of the
			range. The base map was obtained from
			the Global Aridity Index database ⁴² and
			China Data Lab ⁶⁰ .
Extended Data	Future	NATSUSTAIN-	Future changes and climate change
Fig. 4	changes and	23010022B_	vulnerability in China's drylands. a.
	climate	ED_Fig4.jpg	Temporal variation in the mean aridity
	change		values across Chinese drylands. The thin

vulnerability	solid lines and shading are mean values
in China's	and the 95% confidence intervals of the
drylands.	20 CMIP5 climate models, respectively.
	Bold solid lines show the aridity trends
	by twenty-year running means. b.
	Projections of changes in the mean areas
	of four dryland subtypes (units:
	percentage of China's drylands) based
	on CMIP5 two representative
	concentration pathways (RCPs): RCP8.5
	and RCP4.5 relative to the baseline
	period (1980–2014) for 2020–2060 and
	2061–2100, respectively. Results are
	presented as mean values ± s.d. (n = 40).
	Error bars reflect the minimum and
	maximum number of area change with
	values equal to one standard derivation
	above and below the mean area change.
	The center of the error bar corresponds
	to the result calculated when the mean
	area change values are used. Changes
	include any transitions from the rest of
	three dryland subtypes to a subtype.
	Increased category includes any
	transitions to a subtype from the rest of
	three dryland subtypes (e.g., from dry
	sub-humid, semi-arid and arid to hyper-
	arid). Decreased category includes any
	transitions from a subtype to the rest of
	three dryland subtypes (e.g., from
	hyper-arid to dry sub-humid, semi-arid
	and arid).

Extended Data	Predicted	NATSUSTAIN-	Predicted areas with the difference
Fig. 5	areas with the	23010022B_	between maximum allowable grazing
	difference	ED_Fig5.jpg	pressure and current grazing pressure in
	between		China's drylands under CMIP5
	maximum		scenarios. a-b: CMIP5 scenarios RCP4.5
	allowable		(i.e., assuming saturated increase in \mbox{CO}_2
	grazing		emissions); a and b are for 2020–2060
	pressure and		and 2061–2100 relative to the baseline
	current		period (1980–2014), respectively. c-d:
	grazing		CMIP5 scenarios RCP8.5 (i.e., assuming
	pressure in		sustained increase in CO_2 emissions); c
	China's		and d are for 2020–2060 and 2061–2100
	drylands		relative to the baseline period (1980-
	under CMIP5		2014), respectively. The blue and brown
	scenarios.		shading denotes where the maximum
			allowable grazing pressure is higher and
			lower than the current grazing level,
			respectively. The red lines denote the
			baseline drylands in 1950–2000 that are
			not suitable for grazing and thus where
			grazing is not recommended, as their
			maximum allowable grazing pressure is
			equal to zero and the current grazing
			pressure leads thresholds to be crossed
			for ecosystem attributes. The grey
			shading denotes drylands where the
			land covers are cropland, wetland or
			urban areas. The unshaded areas are not
			drylands today and therefore are outside
			of the range. The base map was obtained
			from the Global Aridity Index database ⁴²
			and China Data Lab ⁶⁰ .

Extended Data	Predicted	NATSUSTAIN-	Predicted areas with the difference
Fig. 6	areas with the	23010022B_	between maximum allowable grazing
	difference	ED_Fig6.jpg	pressure and current grazing pressure
	between		when aridity and grazing acted
	maximum		synergistically. a-b: CMIP5 scenarios
	allowable		RCP4.5 (i.e., assuming saturated
	grazing		increase in CO_2 emissions); a and b are
	pressure and		for 2020–2060 and 2061–2100 relative
	current		to the baseline period (1980–2014),
	grazing		respectively. c-d: CMIP5 scenarios
	pressure		RCP8.5 (i.e., assuming sustained
	when aridity		increase in CO_2 emissions); c and d are
	and grazing		for 2020–2060 and 2061–2100 relative
	acted		to the baseline period (1980–2014),
	synergistically		respectively. The grey shading denotes
			the baseline drylands in 1950–2000 that
			are unsuitable for grazing. The blue and
			brown shading denotes where the
			maximum allowable grazing pressure is
			higher and lower than the current
			grazing level, respectively. The red lines
			denote the baseline drylands in 1950–
			2000 that are not suitable for grazing
			and thus where grazing is not
			recommended, as their maximum
			allowable grazing pressure is equal to
			zero and the current grazing pressure
			leads thresholds to be crossed for
			ecosystem attributes. The grey shading
			denotes drylands where the land covers
			are cropland, wetland or urban areas.
			The unshaded areas are not drylands
			today and therefore are outside of the
			range. The base map was obtained from
			the Global Aridity Index database ⁴² and
			China Data Lab ⁶⁰ .

Extended	Data	Predicted	NATSUSTAIN-	Predicted areas with the difference
Fig. 7		areas with the	23010022B_	between maximum allowable grazing
		difference	ED_Fig7.jpg	pressure and current grazing pressure
		between		when aridity and grazing acted in
		maximum		opposition. a-b: CMIP5 scenarios RCP4.5
		allowable		(i.e., assuming saturated increase in CO_2
		grazing		emissions); a and b are for 2020–2060
		pressure and		and 2061–2100 relative to the baseline
		current		period (1980–2014), respectively. c-d:
		grazing		CMIP5 scenarios RCP8.5 (i.e., assuming
		pressure		sustained increase in CO ₂ emissions); c
		when aridity		and d are for 2020–2060 and 2061–2100
		and grazing		relative to the baseline period (1980-
		acted in		2014), respectively. The blue and brown
		opposition.		shading denotes where the maximum
				allowable grazing pressure is higher and
				lower than the current grazing level,
				respectively. The red lines denote the
				baseline drylands in 1950–2000 that are
				not suitable for grazing and thus where
				grazing is not recommended, as their
				maximum allowable grazing pressure is
				equal to zero and the current grazing
				pressure leads thresholds to be crossed
				for ecosystem attributes. The grey
				shading denotes drylands where the
				and covers are cropland, wetland or
				urban areas. The unshaded areas are not
				drylands today and therefore are outside
				of the range. The base map was obtained
				from the Global Aridity Index database ⁴²
				and China Data Lab ⁶⁰ .

Extended	Data	The	linear	NATSUSTAIN-	The linear relationship between aridity
Table. 1		relationship		23010022B_	(Ar) and maximum allowable grazing
		betwee	n	ED_Table1.jp	pressure (Gr) as determined by the two-
		aridity	(Ar)	g	dimensional threshold model which
		and may	kimum		considers the combined effects of
		allowab	le		aridity and grazing pressure. The
		grazing			detailed descriptions of the line type are
		pressure	e (Gr)		illustrated in Supplementary Fig.8.
		as			
		determi	ned		
		by the	two-		
		dimensi	onal		
		thresho	ld		
		model	which		
		conside	rs the		
		combine	ed		
		effects	of		
		aridity	and		
		grazing			
		pressure	e.		

2 Nature Sustainability thanks Jabed Tomal and the other, anonymous, reviewers for

 $3\,$ $\,$ their contribution to the peer review of this work.

4 Editor summary:

5 Understanding the synergistic effects of aridity and grazing on dryland ecosystem 6 attributes can be important for identifying 'safe operating spaces' for grazing under an 7 increasingly arid climate. This study uses two-dimensional ecological threshold models 8 to assess this in China's drylands.

9

10 Climate-driven ecological thresholds in China's

drylands modulated by grazing

12 Changjia Li^{1,2}, Bojie Fu^{1,2*}, Shuai Wang^{1,2}, Lindsay C. Stringer³, Wenxin Zhou^{1,2},

- 13 Zhuobing Ren^{1,2}, Mengqi Hu⁴, Yujia Zhang⁵, Emilio Rodriguez-Caballero^{6,7},
- 14 Bettina Weber^{7,8}, Fernando T. Maestre^{9,10}
- 15
- 16 1. State Key Laboratory of Earth Surface Processes and Resource Ecology, Faculty of
- 17 Geographical Science, Beijing Normal University, Beijing, China
- 18 2. Institute of Land Surface System and Sustainable Development, Faculty of Geographical
- 19 Science, Beijing Normal University, Beijing, China
- 20 3. Department of Environment and Geography, University of York, York, UK and York
- 21 Environmental Sustainability Institute, University of York, York, UK
- 22 4. School of Mathematical Sciences, Beijing Normal University, Beijing, China
- 23 $\,$ 5. School of Statistics, Beijing Normal University, Beijing, China
- 24 6. Departamento de Agronomía, Universidad de Almería, Carretera Sacramento s/n, Almería,
- 25 Spain
- 26 7. Multiphase Chemistry Department, Max Planck Institute for Chemistry, Mainz, Germany
- 27 8. Division of Plant Sciences, Institute for Biology, University of Graz, Graz, Austria
- 28 9. Instituto Multidisciplinar para el Estudio del Medio "Ramón Margalef," Universidad de
- 29 Alicante, Alicante, Spain
- 30 10. Departamento de Ecología, Universidad de Alicante, Alicante, Spain
- 31
- 32 *Corresponding author: bfu@rcees.ac.cn (B. Fu)

33 Habitat degradation of ecosystems can occur when certain ecological 34 thresholds are passed below which ecosystem responses remain within 'safe 35 ecological limits'. Ecosystems such as drylands are sensitive to both 36 aridification and grazing, but the combined effects of such factors on the 37 emergence of ecological thresholds beyond which habitat degradation occurs 38 has yet to be quantitatively evaluated. This limits our understanding on 'safe 39 operating spaces' for grazing, the main land use in drylands worldwide. Here 40 we assessed how 20 structural and functional ecosystem attributes respond to 41 joint changes in aridity and grazing pressure across China's drylands. Gradual 42 increases in aridity resulted in abrupt decreases in productivity, soil fertility and 43 plant richness. Rising grazing pressures lowered such aridity thresholds for 44 most ecosystem variables, thus showing how ecological thresholds can be 45 amplified by the joint effects of these two factors. We found that 44.4% of 46 China's drylands are unsuitable for grazing due to climate change induced 47 aridification, a percentage that may increase up to 50.8% by 2100. 8.9% of 48 current dryland grazing areas exceeded their maximum allowable grazing 49 pressure. Our findings provide important insights into the relationship between 50 aridity and optimal grazing pressure and identify 'safe operating spaces' for 51grazing across China's drylands.

52 Main text

53 Drylands cover ~45% of Earth's land surface¹ and are home to about 40% of the world's population^{2,3}, providing a wide range of highly relevant ecosystem 54 55 services (e.g., erosion control, climate regulation and supply of water, raw 56 materials, and food), and harbor a unique biodiversity⁴⁻⁶. Dryland ecosystems 57 are sensitive to ongoing global change drivers⁷⁻¹¹, which cause pressures that 58 result in their degradation and desertification (Supplementary Fig. 1). 59 Atmospheric aridity, a key climatic feature that is increasing worldwide due to 60 global warming, affects key ecosystem attributes and functions in global 61 drylands¹¹⁻¹⁴, causing systemic and abrupt changes in multiple ecosystem 62 variables^{11,14,15}. Such changes often occur when certain thresholds are 63 passed^{16,17}, below which ecosystem responses remain within 'safe ecological limits'¹⁸. Once thresholds are passed, ecological responses are characterized 64 65 by having a disproportionately increasing magnitude and variance¹⁹. 66 Determining such potential thresholds is key for identifying early warning 67 signals of possible catastrophic shifts, and for developing sustainable 68 environmental management programs and climate change adaptation 69 strategies.

Managed livestock grazing, which occurs in ~65% of global drylands²⁰, may
 affect plant community composition and ecosystem functioning in a similar way
 as aridity²⁰. Drivers of ecosystem structure and functioning in drylands, such as

73 climatic conditions and grazing pressure, rarely act independently, and 74 interactions among them may act synergistically or in opposition²¹⁻²⁴. However, 75 very few studies have considered the joint effects and potential interactions 76 between aridity and grazing on the response of ecosystem variables^{20,22,25}, and 77 none has evaluated whether and how they jointly shape ecological thresholds 78 in drylands. Understanding how ecosystem structure and functioning change in 79 response to joint changes in aridity and grazing pressure is important for 80 advancing ecological threshold theory, and for identification of the maximum 81 allowable grazing pressure levels that drylands can support (i.e., the 'safe 82 operating space' for grazing) before degrading under specific aridity levels. This 83 information is particularly relevant to guide the management of grazing across 84 drylands worldwide.

85 Here we used >20,000 data points from 20 ecosystem functional and 86 structural variables to test the hypothesis that grazing pressure acts 87 synergistically with aridity to modify the ecosystem thresholds driven by aridity 88 across Chinese drylands. To test this hypothesis, we evaluated physical (e.g., 89 albedo, soil texture, and precipitation variability), chemical (e.g., soil organic 90 carbon and leaf nitrogen), and biological (e.g., plant cover, richness, and 91 functional traits) ecosystem attributes, and adapted a two-dimensional 92 threshold model to evaluate their responses to aridity under different levels of 93 grazing pressure. We focus on China because it contains one of the largest

94 dryland areas -6.6 million km²- worldwide¹, which provide essential goods and 95 services to approximately 580 million people²⁶. Chinese drylands are at risk of expansion or have already expanded^{27,28}, and account for one third of the 96 97 expansion of global drylands during 1980-2000²⁹. Grazing occurs in 76% of 98 China's drylands, supports local livelihoods, and is highly linked to the 99 sustainable development of these areas²⁶. By assessing how China's drylands 100 respond to joint changes in aridity and grazing we aimed to: i) identify optimal 101 grazing pressure (i.e., the grazing pressure drylands can support before 102 degrading) under different aridity conditions, ii) highlight which areas are 103 exceeding their maximum allowable grazing pressure, and iii) predict potentially 104 vulnerable areas that will cross their maximum allowable grazing pressure 105 identified due to climate change by 2100.

106 **Results**

Most functional and structural ecosystem attributes evaluated exhibited a nonlinear relationship with aridity and grazing (Extended Data Fig. 1-2, Supplementary Table 3 and 5). Both factors had convergent and contrasting effects on dryland ecosystem structure and functioning. In most cases, both aridity and grazing caused reductions in vegetation properties including plant cover and species richness (Fig. 1a and b), and in soil carbon and nitrogen contents (Fig. 1c and d). When considering them together, aridity and grazing had a synergistic effect on most structural and functional ecosystem variables, and grazing modified the observed aridity thresholds (Supplementary Table 6 and 3). For example, the aridity threshold for plant cover was 0.74, but decreased to 0.68 when considering the combined effect of aridity and grazing, with a further decrease observed with increases in grazing pressure. These results indicate that ecological thresholds are amplified by the joint effects of increasing aridity and grazing pressure.

121 Despite this overall trend, aridity and grazing had contrasting effects on the 122 above-ground carbon density and carbon sequestration capacity: increases in 123 aridity led to a decrease in above-ground carbon density and carbon 124 sequestration, but increases in grazing pressure were positively correlated with 125 these variables (Fig. 1e and f). The observed aridity thresholds were higher 126 when considering the combined effect of aridity and grazing than when 127 considering aridity alone (Supplementary Table 6 and 3). These results suggest 128 that in some cases, grazing could reduce the negative effect of increases in 129 aridity by promoting plant productivity. For other variables, such as biocrust 130 cover and inter-annual precipitation variability, grazing did not affect the aridity 131 thresholds observed (Fig. 1g and h).

For most variables that showed a decreased trend with increasing aridity (i.e., plant cover and species richness), a negative relationship was observed between aridity and optimal grazing pressure (Fig. 2a). The maximum allowable

135grazing pressure decreased by 2.4% per 0.01 increase in aridity. 44.4% of 136 Chinese drylands (279.8 x 10^4 km²), mostly located in the northwestern arid and 137 hyper-arid regions (Fig. 3a), had a maximum allowable grazing pressure equal 138 to zero. These results indicate that ecosystem attributes (i.e., vegetation cover, 139 soil nitrogen content and plant species richness) are crossing ecological 140 thresholds under the current grazing pressure levels experienced by these 141 areas. These regions were thus identified as places where grazing is not 142 recommended. 8.9% of drylands (56.3 x 10^4 km², 96.5% of which occurring in 143 semi-arid regions) presented their maximum allowable grazing pressure at a 144 lower level than that at which they are currently grazed, indicating that those 145 are the priority areas where grazing pressure should be reduced. Remaining 146 areas (22.3% of total drylands in China), mainly distributed in the southwestern 147 and northeastern semi-arid and dry sub-humid regions, had a higher maximum 148 allowable grazing pressure than their current grazing levels and thus have room 149 for increasing the stocking rate. In addition, the interaction between aridity and 150 grazing pressure with the reductions of aridity thresholds as grazing pressure 151 increases (Tline1 1, synergistic effect, Supplementary Fig. 8c) led to 46.6% of 152China's dryland area not being recommended for grazing (Extended Data Fig. 153 3a).

Predicted increases in aridity under RCP4.5 and RCP8.5 scenarios
 (Extended Data Fig. 4) are expected to cause spatial and temporal changes in

156 maximum allowable grazing pressure in China's drylands (Fig. 3b). Compared 157 to the historical period (1980–2014), ongoing aridification will lead to a 1.4% 158 increase in the areas where grazing is not recommended, summing up to a total 159of 45.8% of China's drylands for the time-span 2020-2060. Considering the 160 2061-2100 period, the increase sums up to a total of 50.8% of China's drylands 161 (Fig 3, Extended Data Fig. 5). In addition, areas with potential for an increasing 162 stocking rate during 2061-2100 decreased from 22.3% to 19.7% and 18.3% 163 under RCP4.5 and RCP8.5 scenarios, respectively (Fig 3c and d). The 164 synergistic effect of future aridity and current grazing pressure increased the 165 area where grazing is not recommended to 53.0% by 2100 (Extended Data Fig. 166 6). When aridity and grazing pressure acted in opposition for several ecosystem 167 variables (i.e., above-ground carbon density and carbon sequestration) that 168 showed thresholds occurring at higher aridity levels as grazing pressure 169 increases (Tline1 2, contrasting effect, Supplementary Fig. 8c), the area in 170 which the stocking rate could be increased declined from 24.9% to 20.3% by 1712100 (Extended Data Fig. 7).

Soil texture also modified the observed ecosystem thresholds driven by aridity and grazing pressure (Supplementary Tables 7 and 8). As sand content increased from low to high, ecosystem variables such as vegetation and biocrust cover, above-and below-ground carbon density, soil carbon and nitrogen content showed a smaller aridity threshold, while the aridity threshold for NDVI and plant species richness increased by 0.30 and 0.38, respectively (Supplementary Table 7). High sand contents delayed the threshold of grazing pressure by 26 grazing livestock units per km² (Supplementary Table 8). These findings illustrate how increases in sand content interact with aridity and grazing pressure to either increase or decrease ecosystem responses to these factors.

182 **Discussion**

183 Aridity had a predominantly negative effect on ecosystem structure and 184 functioning across China's drylands, whereas the effects of grazing ranged from 185 weaker negative to positive or neutral, depending on the ecosystem attributes 186 evaluated (Fig. 2). Overall, a gradual increase in aridity led to abrupt decrease 187 in productivity, soil fertility, and plant richness at aridity values of 0.7, 0.8 and 188 0.95, respectively (Supplemental Appendix 1). However, increases in grazing 189 pressure made aridity thresholds occur at lower aridity values for most 190 ecosystem variables, suggesting that increases in grazing pressure make 191 drylands more prone to suffer abrupt shifts in their structure and functioning.

A global meta-analysis³⁰ also reported that the negative effects of grazing pressure on plant species richness were larger in arid than in sub-humid regions. However, the present findings disagree with the pattern previously proposed showing that the effect of grazing pressure on plant species richness increased with decrease in aridity³¹. The main reason for this difference is that

197 more species with diverse adaptive traits are found in more humid ecosystems, 198 so grazing induces strong changes in species composition^{31,32} with subtle 199 change in species richness³⁰. We also found that aridity and grazing imposed 200 convergent selective pressures on vegetation attributes (characterized by 201 decline in vegetation cover and plant species richness) (Fig. 2c), suggesting 202 that aridity-resistant species are also grazing-resistant species²⁰. Physiological 203 mechanisms of plant adaptation to water stress in more arid environments 204 typically include shorter plant height, smaller and harder leaves, and lower N 205 content (lower palatability), which lead to resistance to drought and defenses 206 against herbivory ³²⁻³⁴. Aridity enhanced the negative effects of overgrazing on 207 ecosystem structure and functioning. These synergistic negative effects of 208 aridity and grazing will be enhanced in the future given forecasted increases in 209 aridity (15.3% increase by 2100; Extended Data Fig. 6), further reducing the 210 capability of China's drylands to provide essential ecosystem services.

The responses of above-ground carbon density and carbon sequestration capacity to aridity and grazing showed a different pattern, with positive effects of grazing and negative effects of aridity. A potential mechanism behind the positive correlation between grazing pressure and above-ground carbon density is that grazing may promote encroachment by woody plants and thus results in increased above-ground carbon density³⁵. The contrasting effects of aridity and grazing pressure observed are partly explained by competitive

218 exclusion or rare species under no grazing or low grazing pressure conditions, 219 particularly in less arid environments where competition for light is 220 exacerbated³¹. In this study, the focus was mainly on low to moderate intensity 221 grazing, as the studied grazing pressure level was mostly <200 grazing 222 livestock units per km², which is consistent with the realistic ranges of stocking 223 rates for low (158±76, n=18) and moderate (325±162, n=20) grazing pressure 224 levels (Supplementary Table 9). Low to moderate grazing pressure reduces 225 palatable grasses and promotes the dominance of grazing-tolerant shrubs that 226 have denser cover and higher carbon sequestration capability^{20,36}. These 227 results suggest that maintaining and enhancing biotic attributes (i.e., vegetation 228 and biocrust cover, and plant species richness) with appropriate livestock 229 management, including increasing stocking rate by 92±37 livestock units per 230 km² in the 22.3% of drylands where the maximum allowable grazing pressure 231 is higher than the current grazing pressure, could buffer the negative effects of 232 the ongoing climate change and aridity on ecosystem functioning in these areas. 233 Overall, our results indicate that the effects of aridity and grazing pressure 234 cannot be evaluated in isolation, and highlight the importance of considering 235 grazing pressure when assessing dryland responses to changes in climatic 236 conditions. They also suggest that current grazing pressure is likely to enhance 237 the risk of environmental degradation caused by aridification in 50.8%-55.7% 238 of China's drylands (Extended Data Fig. 3). Both abiotic and biotic mechanisms

239 are associated with the occurrence of a grazing threshold. Grazing tends to 240 reduce the cover of palatable grasses and induces a relative increase in the 241 cover of unpalatable grasses and shrubs²⁰. The recognition that real threshold 242 changes exist across grazing gradients can help land managers to prevent the 243 occurrence of land degradation due to overgrazing. Our analyses captured the 244 relationship between aridity and optimal grazing pressure that falls within 'safe 245 operating spaces' within Chinese rangelands (Fig. 2), providing a suitable 246 framework for identifying such spaces at regional or global scales where data 247 is available.

248 Our study has important implications for the sustainable management of 249 rangeland ecosystems, which account for 34.2% China's total dryland area²⁶. 250 In most cases, optimal grazing pressure decreased with aridity, so grazing is 251not recommended in 44.4% of China's drylands under current grazing pressure 252 levels, and will not be recommended in 50.8% of the country's drylands by 2100 253 (Fig. 3). Specifically, reducing grazing pressure by 24±38 livestock units per 254km² in 53.4% of drier environments, including 44.4% of areas with no grazing 255 and 8.9% areas with lower maximum allowable grazing pressure, could be an 256 effective measure to reduce the risk of land degradation and desertification in 257 these areas. However, keeping a moderate and optimal grazing pressure by 258 increasing 92±37 livestock units per km² in wetter environments (22.3% of 259 drylands) is key to enable production of meat, milk and leather, thereby

supporting local livelihoods, and to enhance species richness and both ecosystem multifunctionality³⁶ and services²⁴. In addition, rangeland management activities should aim, whenever possible, to enhance plant species richness to alleviate the negative effects of ongoing increases in temperature being experienced in many Chinese drylands.

265 In our study, log transformation of the variables was used to reduce the 266 conditional variance across the aridity and grazing gradients evaluated. 267 Quantile regressions were used to focus on the central tendency of the variable 268 following a bimodal distribution, rather than on the mean, to correct the 269 maximum likelihood estimation of the linear model that relies on the ordinary 270 least squares of the residuals. These methodological approaches are highly 271 suitable for identifying thresholds in response variables^{37,38}, and have been 272 widely used in ecological studies^{11,39,40}. Nevertheless, future model 273 improvements could incorporate and estimate the changes in the conditional 274 locations of the analyzed response variables directly into the models via 275conditional variance, based on more robust estimations³⁹.

Our study provides insights that are crucial to guide adaptation and management actions to maximize the socio-ecological benefits of grazing while preventing current and future land degradation and desertification. In doing so, appropriate actions on grazing could help to secure the livelihoods of approximately 580 million people living within and in the vicinity of China's

drylands²⁶. Our findings also contribute to the prediction of possible ecosystem
responses to future changes in climate and land use intensity in Chinese and
similar drylands worldwide.

284 Methods

285 **Data collection**

286 We selected a set of 20 variables (Supplementary Figs. 2–4, Supplementary 287 Table 1) that are key for determining ecosystem structure and functioning in 288 drylands, as well as their capacity to deliver essential ecosystem services^{11,41}. 289 These variables included physical (e.g., albedo and inter-annual precipitation 290 variability), biological (e.g., vegetation cover and productivity, plant species 291 richness, and biocrust cover), and chemical (e.g., soil organic carbon and leaf 292 nitrogen) ecosystem attributes. We defined drylands as regions where the 293 aridity index (AI), which is the ratio of annual precipitation to potential 294 evapotranspiration^{3,26}, is below 0.65, with four dryland subtypes including 295 hyper-arid (AI < 0.05), arid ($0.05 \le AI < 0.20$), semi-arid ($0.20 \le AI < 0.50$) and 296 dry sub-humid $(0.50 \le AI < 0.65)^{26}$.

We obtained interpolated and remote sensing data by sampling one point every 12 arc-minutes of the area covered by drylands in China using publicly available maps (Supplementary Table 1). All points classified as urban, cultivated lands or water bodies by FAO were excluded, resulting in 12,450

301	points covering grasslands, shrublands, deserts, and forests. At each point, we
302	extracted the following variables, which have an important role in affecting
303	dryland climate, ecosystem structure and functioning: i) Aridity (1-AI), which
304	was retrieved from the Global Aridity Index database ⁴² ; ii) <u>Albedo</u> : White Sky
305	Albedo (WSA) for shortwave spectral domain (i.e., 0.3-5 μ m) was retrieved from
306	MODIS MCD43D61-MODIS/Terra+Aqua BRDF/Albedo White Sky Albedo
307	Shortwave Daily L3 Global 30ArcSec CMG dataset ⁴³ . WSA was evaluated daily
308	from May to September between 2000–2015, then averaged on a yearly basis
309	for the entire study period to avoid effects associated with seasonal and yearly
310	differences; iii) Inter-annual precipitation variability. The coefficient of variation
311	(CV) of precipitation is commonly used to estimate inter-annual precipitation
312	variability. Annual precipitation was obtained from TerraClimate datasets ⁴⁴ and
313	CV of annual precipitation rainfall (standard deviation/mean) was calculated for
314	the 1980-2015 period; iv) <u>Soil variables</u> include soil carbon content, soil
315	nitrogen content, soil C/N ratio, and silt and clay content, and were obtained
316	from the harmonized soil database WISE30sec ⁴⁵ ; v) <i>Plant productivity</i> . The
317	Normalized Difference Vegetation Index (NDVI) was used to represent plant
318	productivity, as it indicates the photosynthetically active radiation absorbed by
319	plant canopies. NDVI data was acquired from the SPOT/VEGETATION NDVI
320	satellite remote sensing product ⁴⁶ on a monthly basis (generated using the
321	maximum value of NDVI data with a ten-day temporal resolution) between

322 January 2000 and December 2015, and was averaged for the entire period; vi) 323 <u>Vegetation cover</u>: Vegetation cover was obtained from the MODIS MOD44B 324 remote sensing product⁴⁷ to estimate tree and non-tree vegetation cover; vii) 325 Occurrence of shrublands: The occurrence of shrublands was used to evaluate 326 their encroachment with changes in aridity. This variable was calculated by 327 creating a binary data set with values 1 or 0, indicating that for a given point the 328 land is covered by open or dense shrubland or other vegetation types, 329 respectively. When changes in the dominant vegetation were observed over 330 time (i.e., from shrubs to other vegetation types or from others to shrubs), we 331 kept the most representative (i.e., the land type recorded during most years for 332 the period between 1980 and 2015) for each site. The data on vegetation type 333 were obtained using the time series Landsat TM/ETM remote sensing maps 334 (https://landsat.gsfc.nasa.gov/), recorded in 1980, 1990, 1995, 2000, 2005, 335 2010 and 2015, and was retrieved from the Resource and Environmental Data 336 Cloud Platform (https://www.resdc.cn/Default.aspx); viii) *Biocrusts*: biocrust 337 occurrence was derived from the global distribution of biocrusts obtained by 338 application of environmental niche modelling based on field observations 339 reported in more than 500 publications and identification of 18 independent 340 environmental parameters controlling the suitability of the land surface for the 341 growth of biocrust⁴⁸; ix) Plant species richness was obtained from a previous 342 study by Ellis, et al. ⁴⁹ who quantified vascular plant species richness through

343 use of spatially explicit models and estimating native species loss with 344 replacement with exotic species caused by species invasions and the 345 introduction of agricultural domesticated and ornamental exotic plants [Native 346 Species Richness – Anthropogenic Species Loss + Anthropogenic Species 347 Increase (Species Invasions + Crop Species + Ornamental Species); x) 348 Sensitivity of Vegetation to Precipitation (SVP), which was defined as the slope 349 of regression between NDVI and precipitation. The SVP index reflects changes 350 in the structural and functional ecosystem state that leads to environmental 351 deterioration⁵⁰. The sequential dynamics of SVP can be calculated with 352 Sequential Regression (SeRGs) applied in moving windows (see full details in 353 the Supplementary Appendix 2 of Li, et al. ²⁶). In general, the moving windows 354 involved a spatial dimension (1, 3, 5, 7, 9 pixels) and temporal dimension (1, 2, 3, 5)355 3, 4, 5, 6, 7, 8, 9, 10, 11 years). For each of the spatial and temporal windows, 356 the percentage of significant relationships (p < 0.1) between annual NDVI and 357 precipitation was calculated, and the optimal combination of spatial and 358 temporal windows was then selected with the criterion that as many significant 359 relationships as possible were contained in the smallest possible space-time 360 window⁵¹. A spatial dimension of 3 pixels and a temporal dimension of 9 years 361 were selected as the optimal threshold resulting in more than 90% of significant 362 relationships in all tested moving windows with the smallest window size; xi) 363 <u>Vegetation sensitivity index (VSI)</u>: VSI is a metric that compares the relative

364 variance of enhanced vegetation index (EVI, a vegetation index similar to NDVI) 365 with water availability, air temperature and cloud-cover. VSI is used to 366 determine the sensitivity of vegetation to climatic fluctuations including 367 precipitation and temperature changes, and is considered as an important index 368 of vegetation resilience. VSI values were obtained from Seddon, et al. ¹⁰, and 369 original data for each year between 2000 and 2013 were averaged for the entire 370 period, with a spatial resolution of 5 km¹⁰; xii) *Ecosystem functions*: Data on 371 water yield, soil conservation, carbon sequestration and habitat quality in 372 China's drylands were obtained from Xu, et al. ⁵², who used the InVEST model 373 and land use, climate and soil data as inputs to quantify multiple ecosystem 374 services generated by a landscape; xiii) Grazing pressure was expressed as 375 the sum of the number of livestock units (animals km⁻²) obtained from the 376 Gridded Livestock of the World (GLW) database⁵³. The GLW database provided 377 a reasonable and accessible global map on the distribution and abundance of 378 livestock, using regression-based methods to model global livestock densities 379 at a spatial resolution of 3 arc - minutes (about 5×5 km at the equator)^{54,55}. Here 380 we aggregated the estimated density of sheep, goats and cattle which are the 381 major type of livestock found across China's drylands; and xiv) Root-shoot ratio 382 was derived from a global database involving 17,814 plot-level root mass 383 measurements, composed of 6803 individual samples from 5170 forest, 1293 384 grassland and 340 shrubland sites⁵⁶. For China's drylands, we have 3051 root-

shoot ratio measurements, covering 1879 forest sites, 998 grassland sites and
174 shrubland sites.

387 **Data analyses**

388 **Two-dimensional threshold model**

389 To evaluate the joint effects of aridity and grazing pressure on ecosystem 390 attributes, we adapted a two-dimensional threshold model based on the 391 traditional one-dimensional threshold model (Supplemental Appendix 1 and 392 Supplementary Fig. 6)¹¹. Basically, there are two types of thresholds: 393 continuous and discontinuous, which define a threshold line as the linear 394 relationship between aridity and optimal grazing pressure in which a given 395 ecosystem variable either abruptly changes its value (discontinuous threshold) 396 or does not (continuous threshold). We fitted threshold models including hinge, 397 upper hinge, segmented, step, and stegmented regressions to determine the 398 thresholds (detailed in Equations (1-5) and Supplementary Fig. 7a-e, 399 respectively). Hinge, upper hinge, and segmented regressions are continuous, 400 whereas step and stegmented regressions are discontinuous⁵⁷. Hinge 401 regression is a linear discontinuous regression with changes in the intercept 402 and slope (a 0 used for one fitted plane) at both sides of a threshold line. Upper 403 hinge regression is a linear discontinuous regression with changes in both the 404 intercept and slope (expressed as 0 for one fitted plane) at both sides of a

405	threshold line. Segmented regression is a linear continuous regression wit	h a
406	change in the slope (not 0 for both fitted planes) at a threshold line. S	tep
407	regression is a linear discontinuous regression that exhibits a change only	/ in
408	the intercept but has its slope as 0 at both sides of the threshold li	ne.
409	Stegmented regression is a linear discontinuous regression that exhil	oits
410	changes in both the intercept and slope at the threshold line. The regress	ion
411	functions were expressed using the following equations:	
412	Hinge:	
413	$Var = \beta_0 + \beta_1 I[f(AI, GI, e_{AI}, e_{GI}) > 0] \cdot f(AI, GI, e_{AI}, e_{GI})$	(1)
414	Upper hinge:	
415	$\operatorname{Var} = \beta_0 + \beta_1 I[f(AI, GI, e_{AI}, e_{GI}) < 0] \cdot f(AI, GI, e_{AI}, e_{GI})$	(2)
416	Segmented:	
417	$Var = \beta_0 + \beta_1 I[f(AI, GI, e_{AI}, e_{GI}) > 0] \cdot f(AI, GI, e_{AI}, e_{GI}) + \beta_2 AI + \beta_3 GI$	(3)
418	Step:	
419	$\operatorname{Var} = \beta_0 + \beta_1 I[f(AI, GI, e_{AI}, e_{GI}) > 0]$	(4)
420	Stegmented:	
421	$Var = \beta_0 + \beta_1 I[f(AI, GI, e_{AI}, e_{GI}) > 0] \cdot f(AI, GI, e_{AI}, e_{GI}) + \beta_2 AI + \beta_3 GI + \beta_3 GI + \beta_4 AI + \beta_4$	
422	$\beta_4 I[f(AI, GI, e_{AI}, e_{GI}) > 0]$	(5)
423	where AI and GI represent aridity and grazing pressure, e_{AI} and e_{GI} are t	wo
424	threshold parameters related to the predictors of AI and GI, Var represents	the
425	various variables (e.g., inter-annual precipitation variability, vegetation cov	/er,

426 vegetation sensitivity index), and $f(AI, GI, e_{AI}, e_{GI})$ is the threshold function⁵⁸ 427 which is presented in the following equations:

428
$$f(AI, GI, e_{AI}, e_{GI}) = \begin{cases} \frac{AI - 0.35}{e_{AI} - 0.35} - \frac{GI - e_{GI}}{0 - e_{GI}} \\ \frac{AI - 0.35}{e_{AI} - 1.0} - \frac{GI - e_{GI}}{0 - e_{GI}} \end{cases}$$
(6)

429 f(AI, GI, e_{Al}, e_{Gl}) consists of two different threshold lines, including Threshold 430 line 1 and 2 that show a negative relationship between aridity and optimal 431 grazing pressure (Supplementary Fig. 8a and b). The Akaike Information 432 Criterion (AIC) was used to determine the equation that best fitted our data⁵⁹. 433 Detection of the final e_{AI} and e_{GI} was conducted to determine the corresponding 434 (e_{Al}, e_{Gl}), whereby the loglikelihood value of the best threshold model was 435 largest among all (e_{Al}, e_{Gl}) pairs. Finally, violin diagrams were generated to 436 show the differences in the predicted value at each side of every threshold line 437 (detailed in Equation (6)).

438 Distribution of all variables was determined using the gmdistribution.fit 439 function in MATLAB (The MathWorks Inc., Natick, Massachusetts, USA). Log 440 transformation of the variables was used to reduce the conditional variance 441 across the aridity or grazing gradient. When a variable follows a bimodal 442 distribution, threshold regressions cannot identify breaks in continuous trends, 443 as linear regressions depend on changes of the mean. In this case, the analysis 444 needs to focus on the central tendency of the variable, rather than on the mean. 445 Consequently, we used quantile regressions instead of regular linear 446 regressions for identifying abrupt changes and thresholds along the aridity or grazing gradients evaluated. Quantile regression can down weight outliers, and
correct the maximum likelihood estimation of linear models that rely on ordinary
least squares of the residuals³⁷. This methodological approach is highly suitable
for identifying thresholds in response variables³⁷, and has already been used
in ecological studies for doing so^{11,39}.

To further test whether the identified thresholds significantly affected the slope and/or intercept of the fitted regressions, we bootstrapped linear regressions at both sides of each threshold for each variable following the method reported by Berdugo, et al. ¹¹. Subsequently, we extracted the slope and the predicted value of the variable evaluated before and after the threshold and compared them using a Mann-Whitney U test.

458 Mapping 'safe operating space' for grazing under current and climate

459 change conditions

460 The 'safe operating space' for grazing was determined as the maximum 461 allowable grazing pressure that prevented key structural and functional 462 ecosystem attributes to cross thresholds under a given aridity level. It was 463 determined by the negative relationship between aridity and optimal grazing 464 pressure that includes two scenarios based on data distribution: a) the shaded 465 area below the threshold line (Threshold line 1) is regarded as the 'safe 466 operating space', in which for a particular aridity level there is a maximum 467 allowable grazing pressure (Supplementary Fig. 8a); and b) the shaded area

468 above the threshold line (Threshold line 2) is regarded as the 'unsafe operating 469 space', and the maximum allowable grazing pressure for a particular aridity is 470 determined by 500 (the upper limit of the data)-current grazing level 471 (Supplementary Fig. 8b). To estimate the 'safe operating space', we combined 472 Threshold line 1 and Threshold line 2 (Supplementary Fig. 8 and Extended Data 473 Table 1). The result showed that the 'safe operating space' determined by 474 Threshold line 1 was within and smaller than that determined by Threshold 2 475 (Extended Data Table 1). Consequently, after combining the two, it was found 476 that Threshold line 1 was better to capture the 'safe operating space' for grazing. 477 In Threshold line 1, the ecosystem variables (i.e., plant cover) showed a 478 decreased trend with increasing aridity, and a negative relationship was 479 observed between aridity and optimal grazing pressure. We compared the 480 current grazing level with the maximum allowable grazing pressure as obtained 481 by the equation of Threshold line 1, and calculated the difference and its spatial 482 pattern (Fig. 3 and Extended Data Fig. 3). Positive or negative values showed 483 that the maximum allowable grazing pressure was higher or lower than the 484 current grazing pressure, respectively. We also identified the areas that were 485 not suitable for grazing (i.e., where the aridity was beyond the range of 486 Threshold line 1 equation). Specially, for areas with aridity ranging from A0 487 (determined by the one-dimensional threshold model without the effect of grazing) to 1.0 (Supplementary Fig. 8) where there is grazing pressure in the 488

489 current situation, grazing is not recommended so as to prevent key ecosystem 490 attributes from crossing the thresholds. Under future climate conditions, we 491 firstly determined the maximum allowable grazing pressure based on the 492 equation of Threshold line 1 and future aridity data through simulations using 493 the Fifth Coupled Model Intercomparison Project (CMIP5) representative 494 concentration pathways (RCPs) RCP8.5 and RCP4.5⁹. The projected 495 maximum allowable grazing pressure was then compared with the current 496 grazing level to identify the areas where current grazing pressure should be 497 reduced or increased with future climate change. By doing this, we identified 498 areas where grazing is not recommended, areas where grazing pressure 499 should be reduced, and areas where stocking rates could be increased. All 500 maps were visualized in ArcGIS 10.7. (ESRI, USA).

501 **Data Availability**

502 The datasets analyzed in this study are publicly available, with data sources for 503 each indicator described in the Data collection subsection of Methods in the 504 manuscript and summarized in Supplementary Table 1. The data that support 505 the findings of this study are available from figshare 506 https://doi.org/10.6084/m9.figshare.22678999.

507 Code Availability

508 All data processing and analysis were conducted in ArcGIS (version 10.7),

509 Microsoft Excel (version 2022), Origin (version 2022b), chngpt and gam 510 packages in R (version 4.1.2), and MATLAB (version 2020a). The code used in 511 this study is available from figshare 512 https://doi.org/10.6084/m9.figshare.22678999.

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526 Author Contributions Statement

527 C.L., B.F., S.W., F.T.M. and L.S. conceived and designed the study. C.L. carried 528 out the calculations, drafted the figures and wrote the first draft of the 529 manuscript. W.Z., Z.R., M.H., and Y.Z. undertook data analysis and figure 530 reproduction. B.F., S.W., L.S., E.R.C., B.W. and F.T.M. reviewed and edited the 531 manuscript before submission. All authors made substantial contributions to the 532 discussion of content.

533 Competing Interests Statement

534 The authors declare no competing interests.

535 Figure Legends

Fig. 1. Nonlinear responses of multiple ecosystem variables to the joint effects of
 aridity and grazing pressure. Examples of two-dimensional thresholds observed for
 Vegetation cover (a), Plant species richness (b), Soil carbon content (c), Soil nitrogen content
 (d), NDVI (e), Carbon sequestration (f), Biocrust cover (g), Inter-annual variation of
 precipitation (h), and Root-shoot ratio (i). Brown and blue planes represent segmented
 regressions and fitted planes at both sides of each threshold line (red line).

542

543 **Fig. 2. Combined effects of aridity and grazing on ecosystem structure and functioning** 544 **across China's drylands.** a-b: the threshold lines showing the negative relationship between

545 aridity and optimal grazing pressure. Green and red lines showed the synergistic and 546 contrasting effect of aridity and grazing pressure on thresholds, respectively. Blue lines are 547 those for the Threshold line 1 and 2 which reflects the total average. The linear relationship 548 between aridity (Ar) and maximum allowable grazing pressure (Gr) for both Threshold line 1 549 and 2 and their sub-types are given in the Extended Data Table 1, which was determined by 550 the thresholds of aridity and grazing pressure and their relationship for each variable as 551shown in Supplementary Table 6. c: The synergistic effect of aridity and grazing reduced 552 vegetation cover, plant species richness, soil carbon and nitrogen content, and increased the 553 root-shoot ratio. Under this condition increases in grazing pressure located aridity thresholds 554 at lower aridity values. Low to moderate grazing moderates the effects of aridity in reducing 555 carbon sequestration and above-ground carbon density, making aridity thresholds occur at 556 higher aridity values. For ecosystem variables such as biocrust cover and inter-annual 557 precipitation variability, grazing had no effect on the aridity thresholds observed, suggesting 558 no interaction between aridity and grazing.

- 559
- 560

Fig. 3. Future changes and climate change vulnerability in China's drylands. a:

561 Predicted areas with the difference between maximum allowable grazing pressure and 562 current grazing pressure in China's drylands. The blue shading with positive values and 563 brown shading with negative values denotes where the maximum allowable grazing pressure 564 is higher and lower than the current grazing level, respectively. The red lines denote the 565 baseline drylands in 1950–2000 that are not suitable for grazing and thus where grazing is not 566 recommended (i.e., their maximum allowable grazing pressure is equal to zero and the 567 current grazing pressure leads to ecosystem thresholds to be crossed). The grey shading 568 denotes drylands where the land covers are croplands, wetlands, or urban areas. The 569 unshaded areas are not drylands today and therefore are outside of the range. b: Temporal

570 variation in the mean maximum allowable grazing pressure in China's drylands. The thin solid 571 lines and shading are mean values and the 95% confidence intervals of 20 CMIP5 climate 572 models, respectively. Bold solid lines show the grazing pressure trends by twenty-year 573 running means. The horizontal solid line shows the current mean grazing pressure in China's 574 drylands. c-d: Predicted areas with the difference between maximum allowable grazing 575 pressure and current grazing pressure by the CMIP5 scenarios (c) RCP4.5 (i.e., assuming 576 saturated increase in CO₂ emissions) and (d) RCP8.5 (i.e., assuming sustained increase in 577 CO₂ emissions) by 2100 in China's drylands. The base map was obtained from the Global 578 Aridity Index database⁴² and China Data Lab⁶⁰.

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Line type		Linear relationship between
	Descriptions	aridity (Ar) and maximum
		allowable grazing pressure (Gr)
Threshold line 1	Negative relationship between aridity	(Ar-0.76)/(0.76-
	and optimal grazing pressure	0.35)+Gr/210.06=0
Tline1_1	Synergistic effect of aridity and	(Ar-0.74)/(0.74-
	optimal grazing pressure	0.35)+Gr/182.33=0
Tline1_2	Contrasting effect of aridity and	(Ar-0.78)/(0.78-
	optimal grazing pressure	0.35)+Gr/251.65=0
Threshold line 2	Negative relationship between aridity	(Ar-0.83)/(0.83-
	and optimal grazing pressure	1.00)+Gr/290.85=0
Tline2_1	Synergistic effect of aridity and	(Ar-0.81)/(0.81-
	optimal grazing pressure	1.00)+Gr/288.41=0
Tline2_2	Contrasting effect of aridity and	(Ar-0.92)/(0.92-
	optimal grazing pressure	1.00)+Gr/299.38=0