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# GRAVEL BEACHES NOURISHMENT: MODELLING THE EQUILIBRIUM BEACH PROFILE

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## ABSTRACT

The erosion of the world's coasts and the shortage of sand to mitigate beach erosion is leading to the increasingly common use of gravel for coastal protection and beach nourishment. Therefore, in order to determine the amount of gravel required for such actions, it is important to know perfectly the equilibrium profile of gravel beaches. However, at present, this profile is obtained from formulas obtained mainly after channel tests, and therefore most of them do not adapt to the real profiles formed by gravel beaches in nature. In this article, 31 variables related to sedimentology, waves, morphology and marine vegetation present on the beaches are studied to determine which are the most influential in the profile. From the study carried out, it is obtained that these variables are the steepness and probability of occurrence of the wave perpendicular to the coast, the profile starting slope (between MWL and -2m), the energy reduction coefficient due to *Posidonia oceanica* as well as the width of the meadow. Using these variables, different numerical models were generated to predict accurately the gravel beach profile, which will lead to a saving in the volume of material used in the order of 1300 m<sup>3</sup>/ml of beach with respect to current formulations, and a greater certainty that the beach nourishment carried out will have the desired effect.

**Keywords:** *Cross-shore profile; gravel beaches; Posidonia oceanica; sediment samples; wave characteristics; numerical models*

## 1. INTRODUCTION

Gravel beaches are an important form of coastal natural defence (Lopez de San Roman Blanco, 2003; Poate *et al.*, 2013), due to the characteristics offered by this type of sediment, such as hydraulic roughness and permeability (Van Wellen *et al.*, 2000), or their natural ability to dissipate large amounts of waves energy (e.g., Aminti *et al.* (2003); Johnson (1987)). As a result, beach nourishment with coarse-grained material or a mixture of sand and gravel is becoming more and more frequent (Mason *et al.*, 2007). It is important to highlight the economic implications that the choice of the equilibrium profile has on these beach nourishment. Since it has been observed that bad designs can cause the rupture of the berm and the consequent overflowing of waves during extreme events, producing high social costs

37 in the form of damage to coastal properties and infrastructure, flooding of the hinterland and  
38 loss of human life (McCall *et al.*, 2015), hence the importance of good design.

39 In order to successfully predict the dynamic behaviour of gravel beaches, it is necessary to  
40 identify and represent the equilibrium of key processes that control sediment dynamics in the  
41 swash zone (Puleo *et al.*, 2000). It is important to understand that the balance of the processes  
42 governing this behaviour is different from that of sandy beaches, where, for example,  
43 infiltration is negligible (Baldock and Holmes, 1997). In general, during surf conditions, on  
44 gravel beaches, sediment is carried upwards where it spreads and deposits in the form of a  
45 berm at the top of the beach; this also leads to a steeper slope of the beach face (Austin, 2005;  
46 Carter and Orford, 1993; Jamal *et al.*, 2014). This foreshore accretion and increase in beach  
47 face slope are against the force of gravity, which requires either the uprush and backwash  
48 velocities, or the amounts of sediment transported between uprush and backwash, to be  
49 asymmetric (Aagaard and Hughes, 2006).

50 The complex processes associated with gravel beaches make it difficult to predict accurately  
51 morphological changes. Various approaches to variable complexity modelling have been  
52 reported, which were generally adopted to describe model families from 1 to 3-D. That is,  
53 models that cover a single parameter or element (winds (Benetazzo *et al.*, 2012);  
54 hydrodynamic processes (Perlin and Kit, 1999; Saengsupavanich *et al.*, 2008); sediment  
55 transport (Fredsoe *et al.*, 1985)); or models that merge several numerical models into one  
56 (Bonaldo *et al.*, 2015). These include parametric models (e.g., Powell (1990)) and process-  
57 based models (e.g., Clarke *et al.* (2004); Jamal *et al.* (2014); Masselink and Li (2001); Pedrozo-  
58 Acuña *et al.* (2006)). Thus, authors like Powell (1990), Van der Meer (1988) or López *et al.*  
59 (2016), suggest a power function for the equilibrium profile of gravel beaches, specifically for  
60 the area between mean water level (MWL) and step (Equation 1).

$$61 \quad h = Ax^B \quad (1)$$

62 Regarding the value of parameter A, many authors have also proposed formulations to obtain  
63 it on sandy beaches, such as Dean (1977), Moore (1982), Bodge (1992) and Pilkey *et al.* (1993),  
64 which they consider to be exclusively dependent on the median sediment size ( $D_{50}$ ). However,  
65 there are authors such as Stockberger and Wood (1990) that doubt the dependence between  
66 profile and sediment size. In turn, Boon and Green (1988) states that in addition to sediment  
67 size, parameter A must be influenced by wave energy. More recent authors such as Turker and  
68 Kabdasli (2006) developed a formulation with terms increasingly complex and difficult for the  
69 coastal engineer to handle, introducing the effect of energy dissipation by breaking waves in  
70 their formulation.

71 At present, the only empirical or parametric models available for obtaining parameters A and B  
72 for coarse-grained profiles are Powell's (1990) and Van der Meer's (1988), based on extensive  
73 channel-scale testing (small scale with anthracite for Powell's profile and large and small scale  
74 with gravel for Van der Meer's). Van der Meer (1988) proposed a value of 0.83 for parameter B  
75 and Equation 2 for parameter A.

$$76 \quad A = \frac{h_s}{(-1_s)^{0.83}} \quad (2)$$

77 where:

78 
$$h_s = 0.22 \cdot \left(\frac{H_s}{L_o}\right)^{-0.3} \cdot H_s \cdot N^{0.07} \quad (3)$$

79 
$$l_s = \left(\frac{H_o \cdot T_o - 180}{3.8}\right)^{1/1.3} \cdot D_{n50} \cdot N^{0.07} \quad (4)$$

80 and N is the number of storm waves,  $D_{n50}$  is the nominal diameter defined as  $(W_{50}/\rho_a)^{1/3}$ .  $W_{50}$  is  
81 the value of 50% of the mass in the distribution curve and  $\rho_a$  is the density of the material.

82 Powell (1990) proposed two equations for parameters B (equation 5) and A (equation 6).

83 
$$B = n_2 = 0.84 - 16.49 \cdot \left(\frac{H_s}{L_m}\right) + 290.16 \cdot \left(\frac{H_s}{L_m}\right)^2 \quad (5)$$

84 
$$A = \frac{h_t}{(P_t)^{n_2}} \quad (6)$$

85 where

86 
$$P_t = 1.73 \left(\frac{H_s \cdot T_m \cdot g^{1/2}}{D_{50}^{2/3}}\right)^{-0.81} \cdot \frac{H_s \cdot L_m}{D_{50}} \quad (7)$$

87 
$$h_t = H_s \cdot \left[ -1.12 + 0.65 \cdot \left(\frac{H_s^2}{L_m \cdot D_{50}}\right) - 0.11 \cdot \left(\frac{H_s^2}{L_m \cdot D_{50}}\right)^2 \right] \quad (8)$$

88 These formulations mainly depend on the median sediment size ( $D_{50}$ ), as well as significant  
89 wave height ( $H_s$ ), mean wavelength ( $L_m$ ) and mean period ( $T_m$ ).

90 On the other hand, uncertainty in the data collection of the parameters that are considered as  
91 inputs must be taken into account, e.g. where sediment samples should be taken to determine  
92 the median grain size ( $D_{50}$ ) or the type of wave to be used (deep water, shallow water or  
93 breaking wave) or the direction of the wave. An inappropriate choice of these variables implies  
94 uncertainties in the definition of parameters A and B and large errors in the final shape of the  
95 designed beach.

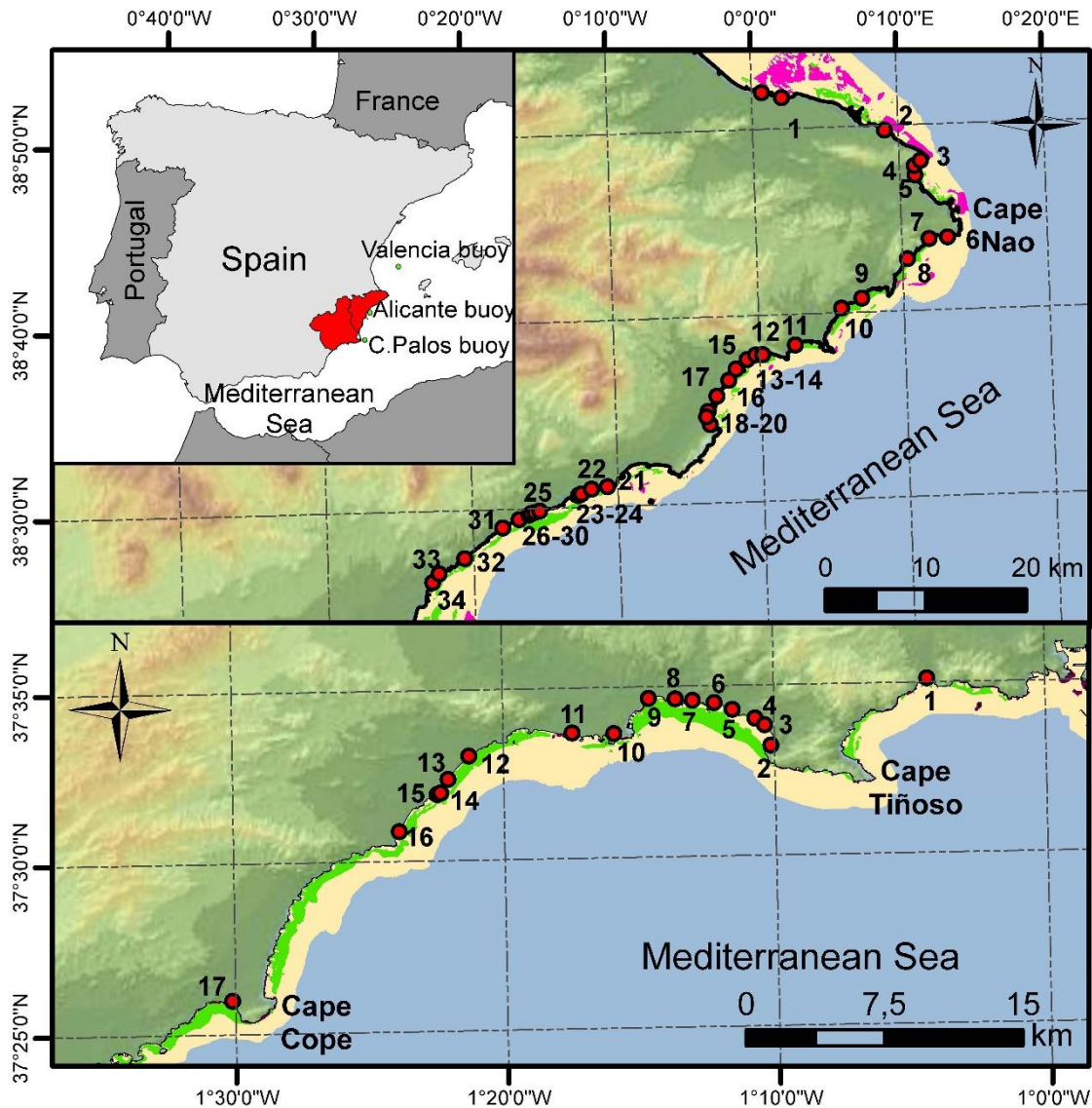
96 Therefore, the objectives of this study are: i) to analyse the variables that may affect the  
97 equilibrium profile of gravel beaches. ii) Develop a methodology that allows us to select the  
98 most important variables. iii) Define and test a model that allows us to obtain parameters A  
99 and B proposed by López *et al.* (2016) for the profile between the mean water level and the  
100 *Posidonia oceanica* meadow, which were obtained through field measurements.

## 101 **2. STUDY AREA**

102 The study area includes 51 gravel beaches located in the provinces of Alicante and Murcia  
103 (Spain). It is a micro-tidal zone where the astronomical tides oscillate between 20 and 30 cm,  
104 and together with the meteorological tides can reach up to 75 cm (Ecolevante, 2006; EcoMAG,  
105 2009).

106 In the province of Alicante, we find 34 gravel beaches, which are located mainly in the  
107 northern part of the province (Figure 1a). It is the most mountainous area of the province  
108 where the coastal landscape is formed mainly by rocky cliffs and small coves. From north to  
109 south, the terrain passes from large limestone cliffs to small gravel and silt cliffs.

110 In the province of Murcia, the 17 gravel beaches are located in the southwestern area (Figure  
 111 1b), where we find mainly cliffs with small beaches. In this area, along with the province of  
 112 Alicante, there are important cliffs extensions of *Posidonia oceanica* meadows.



113  
 114 **Figure 1.** Location of gravel beaches in the study area. (a) Northern part of the province of Alicante. (b)  
 115 South-west of the province of Murcia.

116 **3. METHODOLOGY**

117 The following section describes the process used to select the variables that influence  
 118 parameters A and B of the power function of the gravel beach equilibrium profile obtained by  
 119 López *et al.* (2016) for the area situated between the mean water level and the *Posidonia*  
 120 *oceanica* meadow. Secondly, the procedure followed for modelling them is explained.

121 **3.1. Analysis of variables**

122 For the selection of the influential variables in parameters A and B, 31 variables were analysed  
 123 (Table 1), related to morphology, incident waves and beach sedimentology, obtained as  
 124 described below.

125 **Table 1.** Analysed variables. The description and meaning of each variable can be seen in supplementary  
 126 material 1.

Variable	Variable
Modality (unimodal or bimodal sample)	Profile starting slope ( $m_i$ ), between MWL and -2 m
$D_{10}$	Iribarren number (CP)
$D_{50}$	Surf similarity index (CP)
$D_{90}$	Beach width ( $A_p$ )
Wave height in deep water; $H_o$ (MF)	Meadow offshore depth ( $y_{ip}$ )
Period; $T_p$ (MF)	Meadow onshore depth ( $y_{fp}$ )
Probability of occurrence (f MF)	Meadow medium depth ( $y_{mp}$ )
Deepwater steepness; $H_o/L_o$ (MF)	Meadow width ( $A_{pPo}$ )
Wave height in deep water; $H_o$ (ME)	Meadow slope ( $m_p$ )
Period; $T_p$ (ME)	Plant density (D)
Probability of occurrence (f ME)	Stem height ( $A_t$ )
Deepwater steepness; $H_o/L_o$ (ME)	$K_v$ _Méndez
Wave height in deep water; $H_o$ (CP)	$K_v$ _Cavallaro
Period; $T_p$ (CP)	$K_v$ _Koftis&Prinos
Probability of occurrence; (f CP)	$K_v$ _Maza
Deepwater steepness; $H_o/L_o$ (CP)	

MF swell most frequent, ME swell most energetic, CP swell perpendicular to the coast, and  $L_o$  is the deepwater wavelength.

127

128 Sedimentological data (Modality,  $D_{10}$ ,  $D_{50}$  and  $D_{90}$ ) were obtained from the analysis and  
 129 processing of the granulometric tests carried out on the different samples obtained in each of  
 130 the beaches. The samples were collected by the University of Alicante in 2012 (Alicante) and  
 131 2014 (Murcia), at least four samples were taken in each beach so that the obtained  
 132 information were representative of the entire beach.

133 The data referring to maritime climate (wave height, period, probability of occurrence and  
 134 direction) were obtained from the data provided by the directional buoys of the "REDEXT"  
 135 network and the "REDCOS" network of the Public Organization Puertos del Estado  
 136 (<http://www.puertos.es>). The Valencia 2630 buoy (39.52°N - 0.21°E, at a depth of 260 m - deep  
 137 water) was used for the study of incident waves on beaches from the northern limit of the  
 138 province of Alicante to Cape Nao (beaches from 1 to 5 of the province of Alicante). Alicante  
 139 1616 buoy (38.25°N - 0.41°W, at 52 m depth - intermediate waters) with which beaches from  
 140 Cape Nao to Cape of Huertas (beaches from 6 to 34 of the province of Alicante) were studied.  
 141 Finally, the Cabo de Palos 2610 buoy (37.65° N - 0.33° W, depth of 230 m - deep water) was  
 142 used to study the beaches of the province of Murcia (Figure 1).

143 For the study of waves on each of the analysed beaches, the AMEVA v1.4.3 program  
 144 (IHCantabria, 2013), was used. AMEVA is a software that is formed by a set of functions  
 145 developed in Matlab that integrates the different statistical analysis methodologies, with the  
 146 purpose of studying and characterizing environmental variables. From this software we  
 147 obtained: wave height  $H_{s,12}$  (wave height exceeded only 12 hours per year) as well as the  
 148 associated period (T) and probability of occurrence of each wave direction (f) for each of the  
 149 incident directions in each of the beaches. In order to work with all the data in deep water, a  
 150 reverse propagation was applied to the data corresponding to the Alicante 1616 buoy

151 (because it is the only buoy found in relatively shallow waters), using the corresponding factors  
152 of shoaling and refraction.

153 Finally, for each of the beaches, the wave height perpendicular to the beach (PC), the wave  
154 height with the highest frequency (MF) and the wave height with the highest energy (ME;  
155 higher wave height), as well as all the elements associated with them (period, frequency,  
156 direction, etc.) were selected.

157 The characteristics of the *Posidonia oceanica* meadow were obtained from the Ecolevante  
158 (2006) and EcoMAG (2009) datasheets, obtaining plant density, stem height, leaf length, mean  
159 depth, onshore depth, offshore depth, width and slope of the meadow. From these data, the  
160 energy reduction coefficient  $K_v$  was obtained following the formulation proposed by Mendez  
161 and Losada (2004) and the values of the parameters  $\alpha$ ,  $\beta$  and  $\gamma$  (dependent on the flexibility  
162 characteristics of the plants) proposed by Méndez *et al.* (1999), Cavallaro *et al.* (2011), Koftis  
163 and Prinos (2012) and Maza *et al.* (2013) (Table 2).

164 **Table 2.** Parameters  $\alpha$ ,  $\beta$  and  $\gamma$  to calculate  $K_v$ .

Studies	$\alpha$	$\beta$	$\gamma$	Range $R_e$
Méndez <i>et al.</i> (1999)	0.4	4,600	2.9	2,300-20,000
Cavallaro <i>et al.</i> (2011)	0	2,100	1.7	200-15,500
Koftis and Prinos (2012)	0.1	2,100	1	1,000 - 3,200
Maza <i>et al.</i> (2013)	1.61	4,600	1.9	2,000-7,000

165

166 Finally, before generating models for parameters A and B, a selection of the variables to be  
167 used in the finite elements numerical models was made. To this end, firstly, the analysis of  
168 bivariate correlations was carried out using the SPSS v.20 computational program (IBM, 2011),  
169 studying the relationship of each variable with parameters A and B, with the objective of  
170 reducing the influential variables in both parameters as much as possible. It should be noted  
171 that this analysis only shows linear correlations, therefore a low value does not mean that  
172 there is no relationship between the variable and the study parameter.

### 173 **3.2. Modelling**

174 Once the most influential variables in both parameters were determined, linear functions and  
175 mathematical models were obtained for the calculation of A and B from these variables. For  
176 this purpose, 90% of the data (46 beaches) were used to generate the models and 10% (5  
177 beaches) were used for validation. Data for validation were randomly selected not to condition  
178 the results. Finally, the results obtained by the generated models were compared with those of  
179 the Van der Meer (1988) and Powell (1990).

#### 180 **3.2.1. Multiple linear regression model**

181 The simple linear regression model is not suitable for modelling Parameters A and B of the  
182 power function of the equilibrium profile, since explaining both generally requires more than  
183 one factor to be considered. It is then necessary to use multiple linear regression models.

184 In the multiple linear regression model, the independent variable (that may be the  
 185 endogenous variable or a transformation of endogenous variables), is a linear function of  $k$   
 186 variables corresponding to the explanatory variables (or transformations thereof) and a  
 187 random disturbance or error. The model also includes a separate term. If we designate with  $y$   
 188 to the dependent factor, by  $x_2, x_3, \dots, x_k$  to the independent variables and by  $u$  to the random  
 189 error or disturbance, the multiple linear regression model will be given by Equation 9. Linear  
 190 models can also be represented by polynomial functions (Equation 10) or exponential  
 191 functions (Equation 11), where the parameters  $\alpha_i$  and  $\beta_i$  are fixed and unknown. A linear  
 192 model can be generated from variables that are polynomial or exponential functions of other  
 193 variables. This method of linearization has been defined and applied in the methodologies  
 194 published in (Cortés *et al.*, 2000; Villacampa *et al.*, 1999a; Villacampa *et al.*, 1999b) using  
 195 mathematical functions, including polynomials and exponential and compositions of  
 196 mathematical functions. Specifically, generically, Cortés *et al.* (2000) works with a set of  
 197 variables and their transformations, resulting from the application of mathematical functions  
 198 to the variables, to obtain models of linear regression in the new variables. Therefore, the final  
 199 independent variables used to predict a dependent one are transformed functions of varying  
 200 degrees of the original variables.

$$201 \quad y = \beta_1 + \beta_2 x_2 + \beta_3 x_3 + \dots + \beta_k x_k + u \quad (9)$$

$$202 \quad y = \beta_1 + \beta_2 x_2 + \beta_3 x_3^2 + \dots + \beta_k x_k^{k-1} + u \quad (10)$$

$$203 \quad y = \beta_1 + \beta_2 e^{\alpha_2 x_2} + \beta_3 e^{\alpha_3 x_3} + \dots + \beta_k e^{\alpha_k x_k} + u \quad (11)$$

204 The good fit of the generated linear models was verified by the Pearson's coefficient  $R^2$   
 205 (Equation 12) and the adjusted Pearson's coefficient  $\overline{R^2}$  (Equation 13). The main feature of the  
 206 adjusted  $\overline{R^2}$  is that it imposes a penalty when adding new variables to a model.

$$207 \quad R^2 = 1 - \frac{RSS}{TSS} \quad (12)$$

$$208 \quad \overline{R^2} = 1 - \frac{RSS/(n-k-1)}{TSS/(n-1)} \quad (13)$$

209 where RSS is the regression sum of squares, TSS is the total sum of squares,  $n$  is the sample  
 210 size and  $k$  reflects the number of variables.

211 Thus, through the linear regression function of the SPSS v.20 computational program (IBM,  
 212 2011), various models for parameters A and B were generated. This program allows us to enter  
 213 all the desired variables, and by the backward method generates different models eliminating  
 214 variables successively until reaching the minimum error. Using this method, linear models for  
 215 parameter A and B were generated using all data (except for the 10% that were used for  
 216 validation). In addition, models were generated for each type of beach (Table 3) proposed by  
 217 Aragonés *et al.* (2015).

218 **Table 3.** Type of gravel beaches according to Aragonés *et al.* (2015).

Type	Characteristics
Type 1: Sand and Gravel	The material is mixed along the entire beach, but the



Type 2: Sand and Gravel Separated	proportion of sand is much greater than the proportion of gravel. They are usually bimodal beaches whose material comes from both rivers and ravines
Type 3: Gravel and Sand	A clear separation exists between the gravel area and the sand area, which lies in the swash zone, and the sand proportion is far greater than that the gravel proportion. These beaches are also usually bimodal
Type 4: Gravel and Sand separated	The materials are mixed at the beach, but the gravel ratio is much higher. These beaches are the only ones that are unimodal, and their materials come from ravines
Type 5: Pure Gravel	Is distinguished by a clear separation between the two materials, with the fraction of gravel being in the area of the seashore and the sand fraction in the interior region. These beaches are strongly bimodal
	These beaches are generally bimodal, differentiating themselves by the absence of sand.

219

220 Although the model adjustment results are relatively good, the test results are not satisfactory  
 221 (supplementary material 2), so in order to try to obtain a better predictive model, as well as to  
 222 try to reduce the errors made by the equations obtained with the linear models, it was decided  
 223 to use non-linear models.

224 **3.2.2. Finite element numerical model**

225 In the study and modelling of some systems, it is necessary to analyse and determine the  
 226 relationship between different variables, of which only experimental data are known. There  
 227 are different methodologies in the literature to obtain the relationship between variables from  
 228 experimental data. Therefore, models can be defined analytically (mathematical equations) or  
 229 numerically. Numerically defined models are defined by their value in a finite number of  
 230 points, from which the value can be obtained at any point.

231 From the set of selected variables that influence parameters A and B, numerical mathematical  
 232 models were generated using the numerical methodology developed by Navarro-González and  
 233 Villacampa (2012) and Navarro-González and Villacampa (2016). This methodology generates  
 234 n-dimensional representation models, and is based on the definition and generation of a  
 235 geometric model of finite elements (Villacampa *et al.*, 2009).

236 In both methodologies, the experimental data are normalized to the n-dimensional hyper-  
 237 cube, given by  $\Omega = [0,1]^n$ . Each interval [0, 1] is divided into  $c$  subintervals ( $c$  is called the  
 238 complexity of the model). A set of  $c^n$  elements and  $(c + 1)^n$  nodes is generated, where the  
 239 relationship between the independent variables and the dependent variable(s) is calculated.  
 240 For example, if we consider a 3-dimensional geometric model with a complexity  $c = 4$ , the total  
 241 number of elements is  $4^3 = 64$ . To determine the output data, the model uses an interpolation

242 function. The minimized error depends on the methodology used. Thus, in Navarro-González  
 243 and Villacampa (2012, 2013) the sum of the squared error (Equation 14) of the values obtained  
 244 by the interpolation function at each point ( $z_j$ ) and the initial conditions ( $P_j$ ) is minimized. While  
 245 in the methodology based on the Galerkin method (Navarro-González and Villacampa, 2016),  
 246 the error ( $e(x)$ -the difference between the solution and its approximation) is minimized by  
 247 zeroing the integral defined in Equation 15, where NP is the number of variables in the model,  
 248  $\vec{N}(P_j)$  is the interpolation function used to determine the value of the model at any point and  
 249  $W_j(x)$  is the selected weight function (collocation method, sub-domain method, Least Square  
 250 Method, Galerkin method, method of moments). In order to select the complexity, the  
 251 generation and validation data of the model are used. Thus, the lower complexity that offers  
 252 better results is selected, in order not to over fit the model.

$$253 \quad Error = \sum_{j=1}^{NP} (\vec{N}(P_j)\vec{u} - z_j)^2 \quad (14)$$

$$254 \quad \int D^{e(x) \cdot W_j(x)} dx = 0 \quad (15)$$

255 Finally, for the evaluation and selection of the best model, the errors made by each of them  
 256 were analysed. The errors used are absolute error (equation 16) and Mean Absolute  
 257 Percentage Error (MAPE) (equation 17).

$$258 \quad e = |r_i - o_i| \quad (16)$$

$$259 \quad MAPE = \frac{1}{n} \sum_{i=1}^n \left| \frac{r_i - o_i}{r_i} \right| \quad (17)$$

260 Where  $r_i$  corresponds to the measured values,  $o_i$  with the values obtained from the network,  $n$   
 261 is the number of values and  $p$  is the number of free parameters of expression.

262 Once the model was selected, the volume error per linear metre of beach versus the original  
 263 beach profile was analysed, as well as the area and type of beaches where the largest errors  
 264 occurred.

#### 265 **4. RESULTS**

266 Table 4 shows the results obtained from the correlation study between the different variables  
 267 and parameters A and B, where it is observed that the Iribarren's number ( $A = 0.716$ ;  $B = -$   
 268  $0.389$ ), the Surf Similarity Index ( $A = 0.716$ ;  $B = -0.391$ ), the profile starting slope ( $A = 0.675$ ;  $B$   
 269  $= -0.318$ ) and the meadow width ( $A = 0.455$ ;  $B = -0.508$ ) are the variables that are most  
 270 closely related to both parameter A and parameter B. However, to select the variables to be  
 271 used in numerical models, variables were discarded as follows:

272 First, the sediment variables were discarded for two reasons: i) the correlation obtained with  
 273 both parameters was relatively low. ii) the variability of the data over a period of one year,  
 274 since depending on the season and the area of the beach where the sediment sample is taken,  
 275 these may change from gravel to sand at the same point as indicated by Aragonés *et al.* (2015).

276 Secondly, the wave data perpendicular to the coast were selected, specifically the probability  
 277 of occurrence (A = - 0.344; B = - 0.341) and the steepness (A = 0.498; B = - 0.298), since they  
 278 presented a greater correlation with parameters A and B than the rest of the studied waves.  
 279 Although Iribarren's number and the Surf Similarity Index are the variables that show the  
 280 greatest correlation with parameters A and B, it was decided to discard them since these are a  
 281 combination of other variables (steepness and slope). Therefore, slope and wave steepness  
 282 were used as input independent variables in the models to not condition their combination.

283 Finally, with regard to the variables related to *Posidonia oceanica* meadows, the two variables  
 284 with the greatest correlation with both parameters of study (A and B) were selected, these  
 285 variables are the meadow width (A = - 0.455; B = - 0.508) and the energy reduction coefficient  
 286  $K_v$ \_Maza (A = 0.412; B = - 0.402).

287 For all the above reasons, it was decided to use combinations of the following variables for the  
 288 generation of the numerical models: the steepness and the probability of occurrence of waves  
 289 perpendicular to the coast, the profile starting slope, the meadow width, and the  $K_v$ \_Maza  
 290 coefficient. In addition, given the relationship observed by López *et al.* (2016) between the  
 291 study parameters (A and B) and the beach type, models were also tested with and without this  
 292 variable.

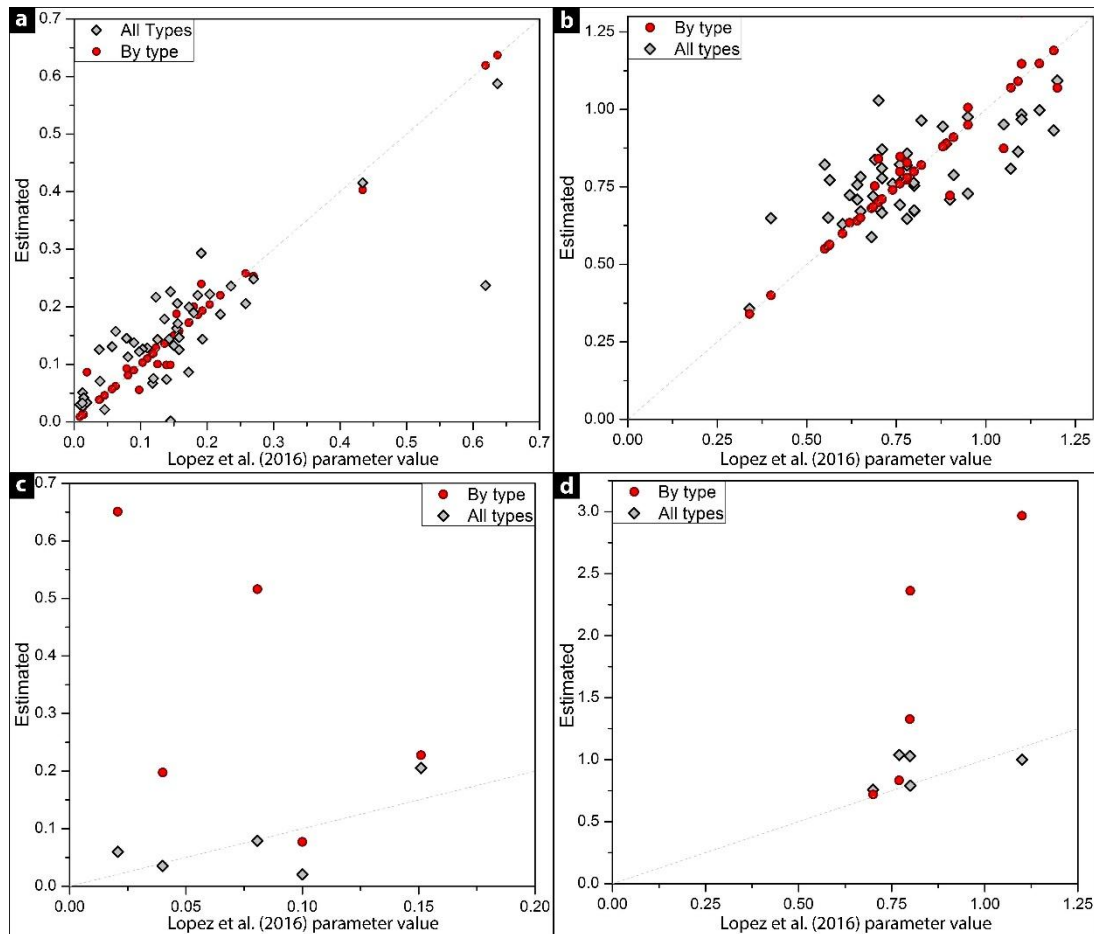
293 **Table 4.** Correlations between the analysed variables and parameters A and B.

Variable	Parameter A	Parameter B	Variable	Parameter A	Parameter B
Modality	-0.325	0.246	Profile starting slope	0.675	-0.318
D <sub>10</sub>	0.139	-0.223	Iribarren number (CP)	0.716	-0.389
D <sub>50</sub>	0.191	-0.286	Surf Similarity Index (CP)	0.716	-0.391
D <sub>90</sub>	0.081	-0.106	Beach width	0.108	-0.207
H <sub>o</sub> (MF)	0.068	0.031	Meadow onshore depth	0.258	-0.118
T <sub>p</sub> (MF)	0.126	-0.104	Meadow offshore depth	0.003	-0.027
f MF	0.063	0.072	Meadow medium depth	0.043	-0.053
H <sub>o</sub> /L <sub>o</sub> (MF)	0.120	-0.102	Meadow width	0.455	-0.508
H <sub>o</sub> (ME)	-0.032	0.088	Meadow slope	-0.265	0.289
T <sub>p</sub> (ME)	0.183	-0.033	Plant density	0.390	-0.317
f ME	-0.121	0.055	Stem height	0.077	0.123
H <sub>o</sub> /L <sub>o</sub> (ME)	0.182	-0.029	$K_v$ _ Méndez	-0.393	0.202
H <sub>o</sub> (CP)	-0.310	0.063	$K_v$ _ Cavallaro	-0.410	0.394
T <sub>p</sub> (CP)	0.256	-0.152	$K_v$ _ Koftis&Prinos	-0.362	0.223
f CP	-0.344	0.341	$K_v$ _Maza	-0.412	0.402
H <sub>o</sub> /L <sub>o</sub> (CP)	0.498	-0.298			

294 The correlation is significant at level 0.05 (bilateral).

295 The backward method of the multiple regression analysis of the SPSS v.20 computer program  
 296 (IBM, 2011) was used to generated linear models. This method generates models and  
 297 progressively eliminates those variables that are less influential, which is why, in this case, all  
 298 the studied variables except sedimentological data (for the reasons explained above) were  
 299 introduced in the program. Thus, 3 models for parameter A and 2 for parameter B were  
 300 obtained without distinguishing between beach types, with R<sup>2</sup> values of approximately 0.66  
 301 and 0.49, respectively (Figure 2 a,b). When linear models were generated for each beach type,  
 302 a single model was obtained for each type with an almost perfect fit (Figure 2 a,b). However,

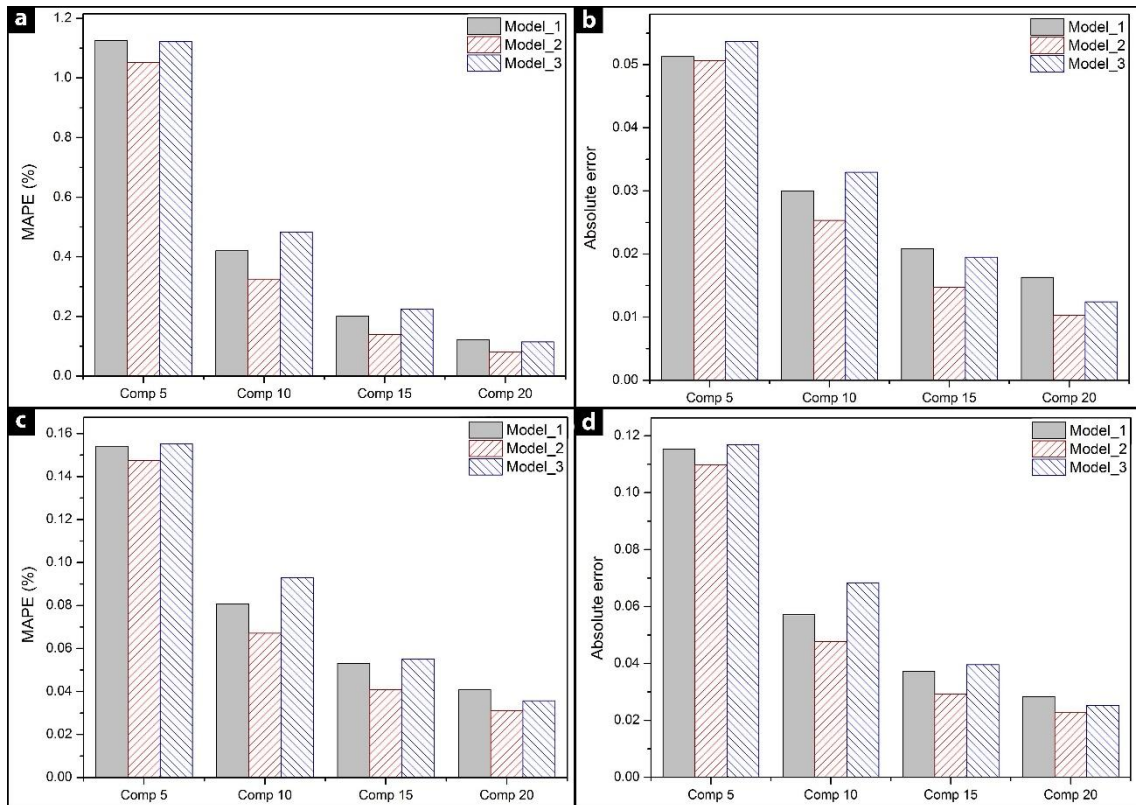
303 when these models were used to predict the parameter A or B in other beaches (Figure 2 c,d)  
 304 large errors result, being larger for models with higher fit during calibration (absolute error for  
 305 parameter A is 0.036 for the model without beach type variable vs. 0.264 for the beach type  
 306 models; for parameter B the absolute error is 0.133 vs. 0.808, respectively). This indicates that  
 307 these models have an over-adjustment, and therefore, do not allow us to predict the studied  
 308 parameters for beaches with different characteristics than those used to generate the model.  
 309 The characteristics and the coefficients of the generated models can be seen in supplementary  
 310 material 2.



311 **Figure 2.** Linear models. **a)** Estimated parameter A during calibration. **b)** Estimated parameter B during  
 312 calibration. **c)** Estimated parameter A during test. **d)** Estimated parameter B during test.  
 313

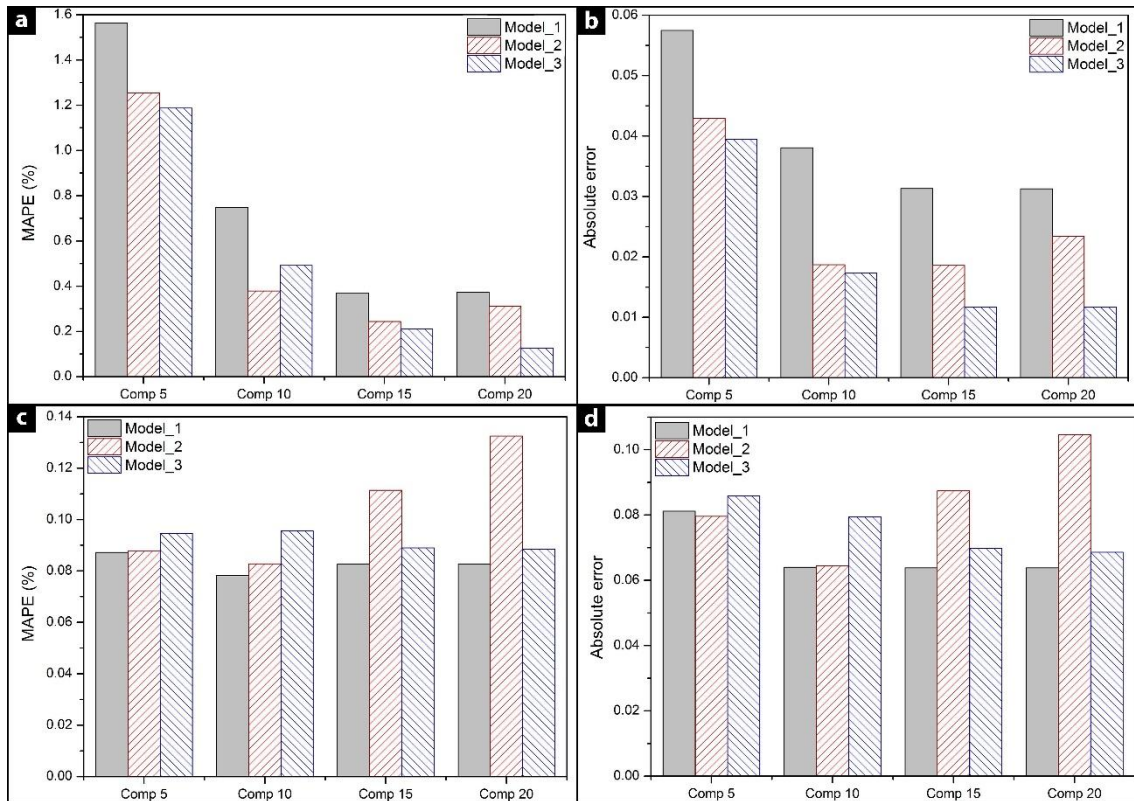
314 Regarding the finite element numerical models, three models were generated using different  
 315 inputs and complexities (5, 10, 15 and 20). The models and the variables are: 1) Type of beach,  
 316 probability of occurrence of the wave perpendicular to the coast ( $f_{CP}$ ), the steepness of the  
 317 wave perpendicular to the coast ( $H_o/L_o$  CP), slope and  $K_v$ \_Maza coefficient. 2) Type of beach,  
 318 probability of occurrence of the wave perpendicular to the coast ( $f_{CP}$ ), the steepness of the  
 319 wave perpendicular to the coast ( $H_o/L_o$  CP), slope, Posidonia meadow width and  $K_v$ \_Maza  
 320 coefficient. 3) Probability of occurrence of the wave perpendicular to the coast ( $f_{CP}$ ), the  
 321 steepness of the wave perpendicular to the coast ( $H_o/L_o$  CP), slope, Posidonia meadow width  
 322 and  $K_v$ \_Maza coefficient. As can be seen in Figure 3, for both parameter A and B, the errors  
 323 decrease as the complexity increases, and when the beach type variable or meadow width are  
 324 added as input. Further analysis of the results shows that the smallest errors occur for

325 complexities 15 and 20, with little difference between the two. For parameter A, the smallest  
 326 errors occur for Model\_2 with a MAPE of 13.9% and 8.0%, and an absolute error of 0.015 and  
 327 0.010, respectively. For parameter B, the best model is also Model\_2, with a MAPE of 4.1% and  
 328 3.1%, and an absolute error of 0.029 and 0.023, respectively.



329 **Figure 3.** Errors resulting during finite element numerical model calibration. **a and b)** Parameter A. **c and**  
 330 **d)** Parameter B.  
 331

332 On the other hand, if the results obtained for test are analysed, it can be seen that errors are  
 333 similar to those committed during model calibration (Figure 4). However, it is noted that the  
 334 model that does not include the beach type variable (Model\_3) generated fewer error than the  
 335 other two for parameter A. For parameter B the best fit is obtained by Model\_1 (without  
 336 meadow width variable). Therefore, it is complex to select one model due to the different  
 337 results between calibration and test. Thus, first, we select complexity, remaining with a  
 338 complexity of 15, since the difference between 15 and 20 is minimal and a lower complexity  
 339 implies a shorter computation time. Secondly, in order to select the more suitable model, it is  
 340 decided to obtain the volume error from each one or a combination of them.



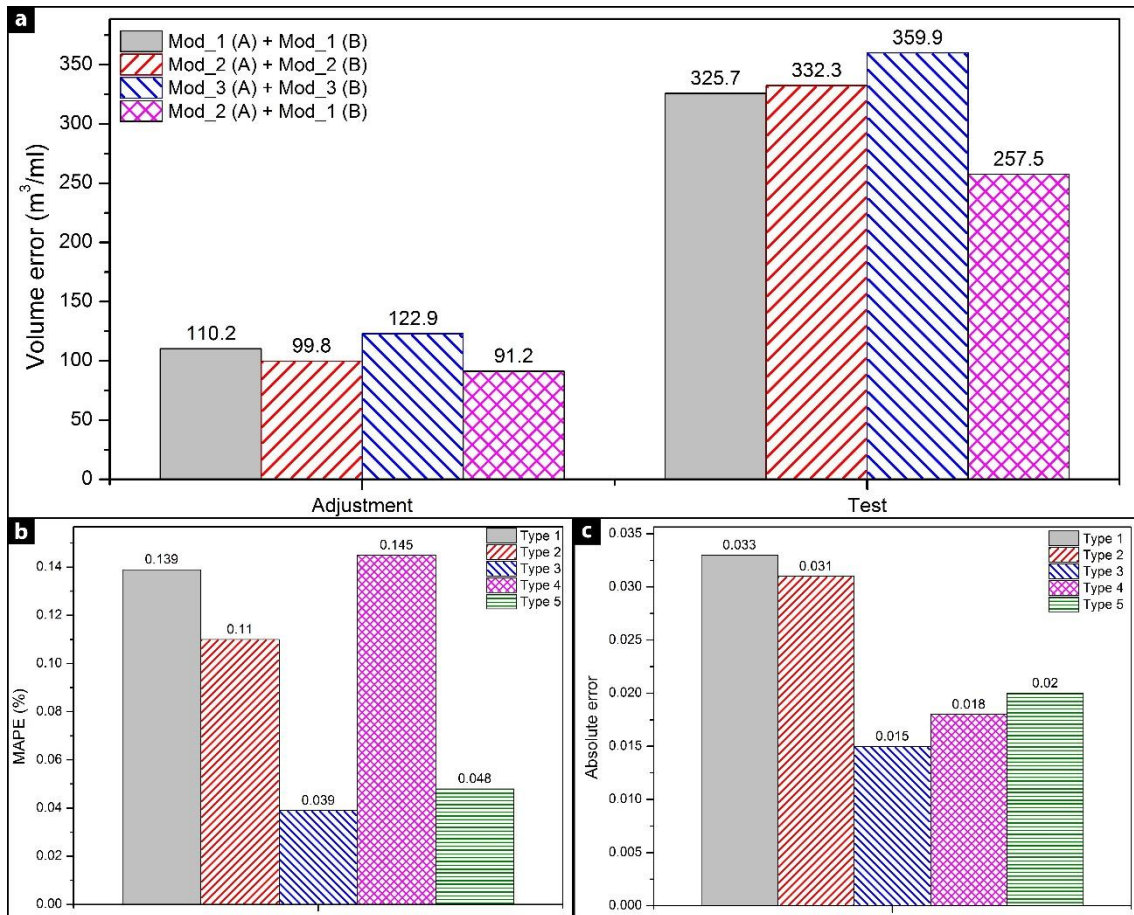
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**Figure 4.** Errors committed during finite element numerical model test. **a and b)** Parameter A. **c and d)** Parameter B.

344 Figure 5a shows the volume error during calibration and test after the combination of different  
 345 A and B numerical models. Both on calibration and testing, the errors of the different models  
 346 are very similar. For calibration, the combination of Model\_3 for A and Model\_3 for B is the  
 347 one that makes the greatest error, with an increase of 34.8% with respect to the best model  
 348 obtained from the combination of Model\_2 for parameter A and Model\_1 for parameter B.  
 349 With regard to the test, again it is the combination of Model\_2 (parameter A) and Model\_1  
 350 (parameter B) that produces the minimum error, while the rest of models imply an increase of  
 351 26-30%. Therefore, Model\_2 for parameter A and Model\_1 for parameter B as the optimal  
 352 models were selected.

353 Once the model was chosen, the errors were analysed for each type of beach (Figure 5b and  
 354 5c), and it was observed that the greatest absolute error occurs in type 1 and type 2 beaches,  
 355 being 1.8 times higher than the one related to the rest of the other beaches types (0.015 –  
 356 0.020). However, when analysing the MAPE it is observed that type 4 beaches are  
 357 characterized by the largest errors (39.2%), followed very closely by type 1 beaches (13.9%),  
 358 while type 3 and type 5 beaches make the smallest error (3.9% and 4.8%, respectively).



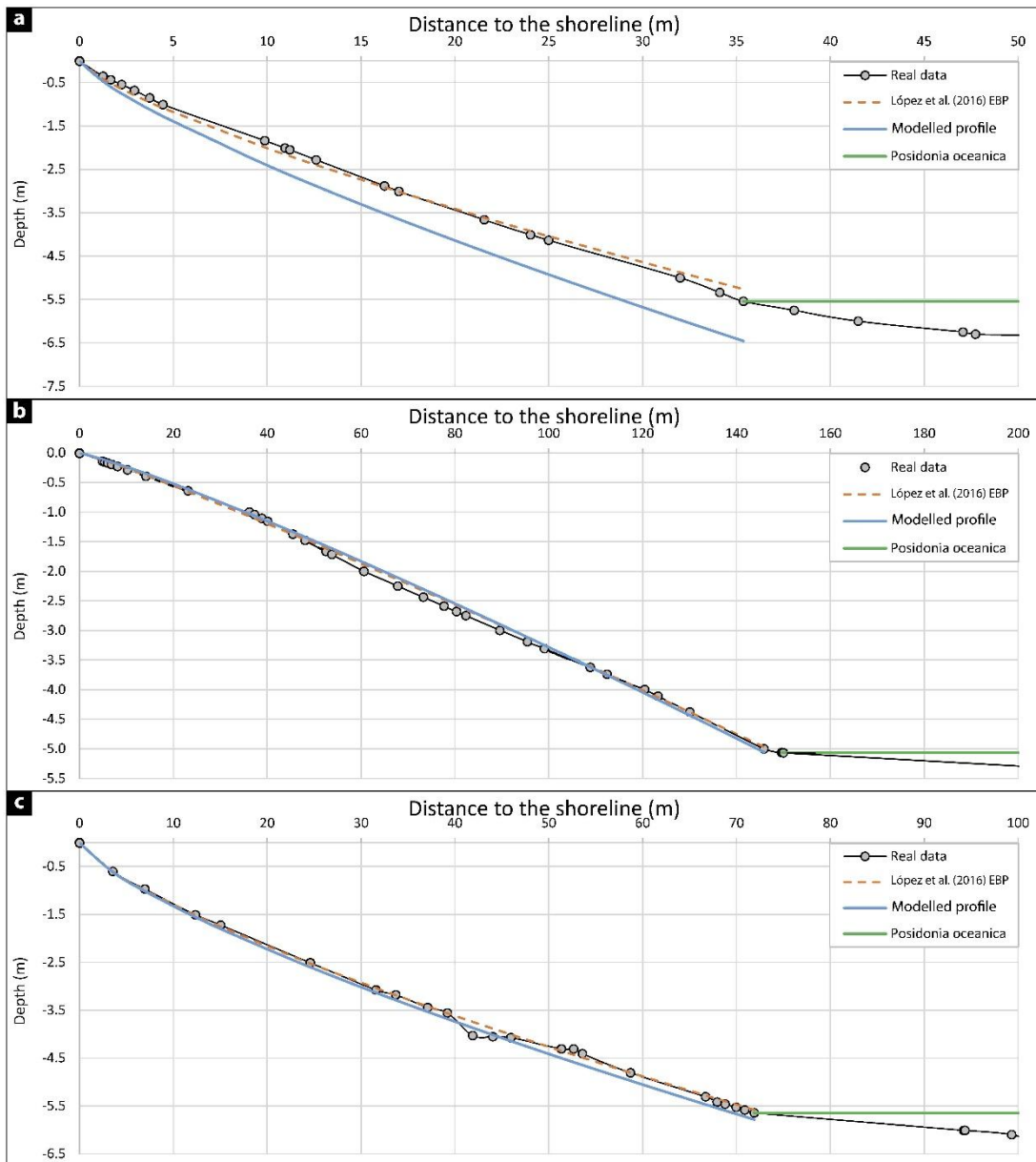


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**Figure 5. a)** Volume error per ml beach for calibration and test. **b)** MAPE and **(c)** Absolute error by type of beach according to Aragonés *et al.* (2015) for the selected numerical model.

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As for the distribution of the error along the profile, as shown in Figure 6, the greatest error occurs in the deepest part of the profile. The profile obtained from the modelled parameters generally tends to be below the real profile and the López *et al.* (2016) EBP (Equilibrium beach profile), with an average value of 0.28 m (Figure 6c), with a maximum value of 0.97 m on the Tiestos beach (Figure 6a) and a minimum of 0.004 m on the Covaticas beach (Figure 6b).



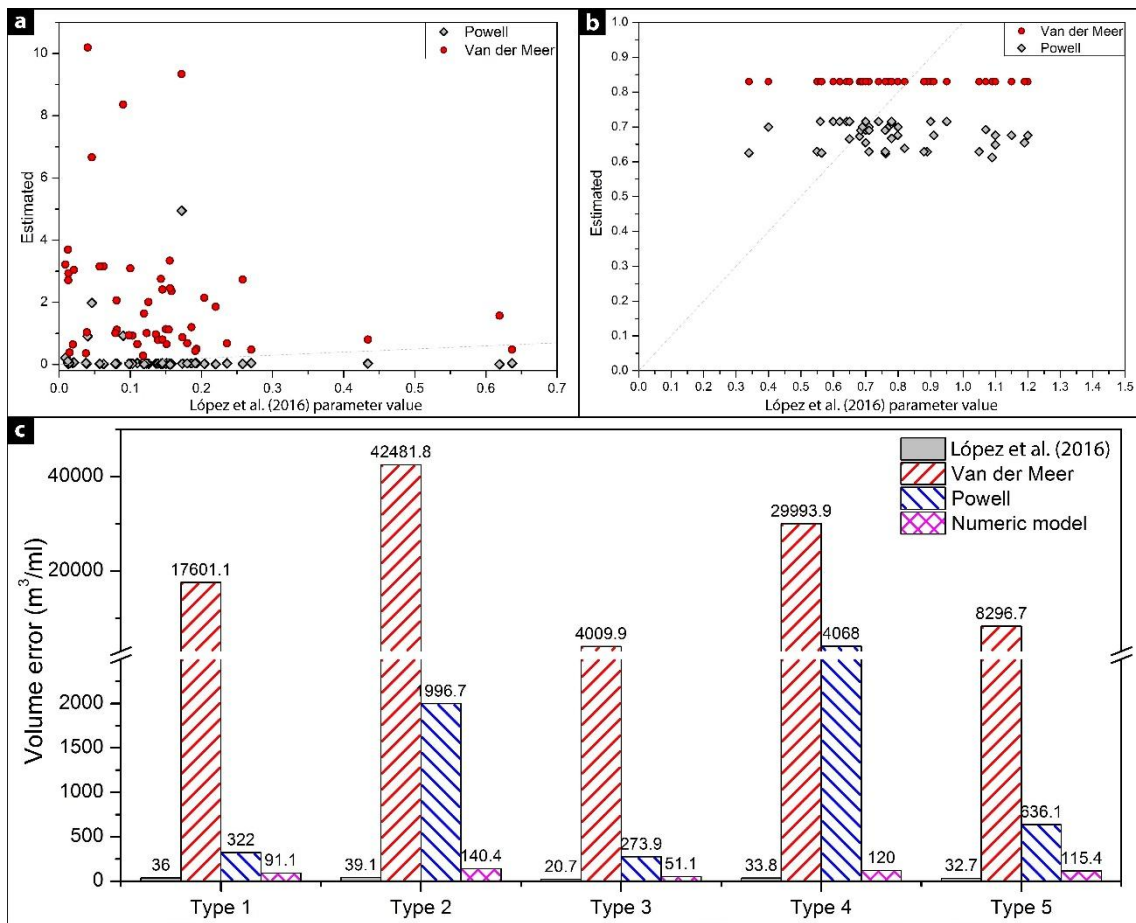
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**Figure 6.** Comparison of real, López *et al.* (2016) EBP and modelled profiles. **a)** Los Tiestos beach. **b)** Covaticas beach. **c)** Llobella beach.

370 Finally, the results of the model were compared with the results obtained by applying Van der  
 371 Meer and Powell formulations. In Figure 7a and 7b, it can be seen how the values of  
 372 parameters A and B obtained by both formulations are very different from those values set in  
 373 each of the beaches by López *et al.* (2016). This difference has an average absolute error for  
 374 parameter A of 2.003 for Van der Meer (1988) and 0.288 for Powell (1990), and 0.157 and  
 375 0.168 for parameter B, respectively. These errors in obtaining these parameters mean an  
 376 average error of volume (difference between the real and estimated profile) of 20917 m<sup>3</sup>/ml  
 377 beach for Van der Meer (1988) and 1417 m<sup>3</sup>/ml beach for Powell (1990). This means an  
 378 increase of 20810 and 1310 m<sup>3</sup>/ml compared to the selected numerical model (Model\_2 for  
 379 parameter A and Model\_1 for parameter B) and 20884 and 1384 m<sup>3</sup>/ml versus the real profile  
 380 data (Figure 7c). In other words, the volume of gravel required for regeneration using the new  
 381 method (finite element numerical model) is about 80 - 5 times less than with the current



382 methods (Van de Meer (1988) and Powell (1990), respectively), with the resulting economic  
 383 and material savings.



384  
 385 **Figure 7. a)** Parameter A obtained by Van der Meer (1988) and Powell (1990) versus the parameter  
 386 proposed by López *et al.* (2016). **b)** Parameter B obtained by Van der Meer (1988) and Powell (1990)  
 387 versus the parameter proposed by López *et al.* (2016). **c)** Comparison of volume error for each model.

### 388 5. DISCUSSION

389 Due to the increasing use of gravel for beach nourishment all around the world, it is necessary  
 390 to define accurately the equilibrium beach profile in order to determine the volume of  
 391 material. At present, for the determination of this profile there are two profiles proposed by  
 392 Van der Meer (1988) and Powell (1990), which were obtained through channel tests. This is  
 393 why these formulations present great errors when compared to the real profile of a gravel  
 394 beach as demonstrated by López *et al.* (2016), and as has also noted in this study.

395 The cross-shore profiles used in this study come from bathymetric data taken in a single period  
 396 of the year. However, these profiles can be considered valid if we take into account that, as  
 397 Aragonés *et al.* (2016) studied, the longshore transport of sediments is not relevant in the  
 398 equilibrium profile, since after comparing the equilibrium profile obtained as the average of 22  
 399 years of precision profiles (at least two per year) with the bathymetry profile obtained in a  
 400 single period, it was observed that the difference was less than 8%. In addition, according to  
 401 López *et al.* (2016) the profiles used in this study can be considered as the equilibrium profile

402 given that: i) the beach width variation is less than 1 m/year, i. e. the beaches are stable. ii)  
403 From depth -6 m, the profile between 1987 and 2006 hardly changed (< 30 cm). Therefore, the  
404 intermediate zone of the profile must be stable and can be assimilated to the equilibrium  
405 profile.

406 Once it was established that the profiles could be considered as the equilibrium profile, the  
407 variables involved in its formation were analysed to determine which the most influential  
408 variables were. Thus, in the correlation analysis (Table 4) it was observed that the variables  
409 that presented a greater relationship with the parameters that define the equilibrium profile  
410 were the combination of slope, wave height and wave period perpendicular to the coast, as  
411 well as the energy reduction coefficient proposed by Maza *et al.* (2013). However, it was  
412 decided to use them individually in the models so as not to condition their combination. From  
413 this analysis, it is surprising that sediment sizes do not influence the profile. This may be due,  
414 as indicated by López *et al.* (2016), to its great variability throughout the year at the same  
415 point, because due to the movement of sediment for the formation of beach berm during  
416 storms (Baldock *et al.*, 2005) the size varies depending on the time of year in which the  
417 samples are taken. For these two reasons (correlations and sample variability), these variables  
418 were not used in the numerical models. Likewise, the possible influence of the type of gravel  
419 beach (Aragonés *et al.*, 2015) on the values of the parameters A and B was taken into account,  
420 so models were generated with and without the beach type variable.

421 Once the variables were analysed, linear models were carried out jointly and individually for  
422 the different types of beaches (Figure 2). From the results, it is observed that the fit during the  
423 calibration of the models is almost perfect, but the validation of the same generates big errors,  
424 possibly due to an over-adjustment of the models, which prevents predicting results when  
425 using values of the variables different from those used during model calibration. Therefore, it  
426 was decided to use numerical models. Figure 4 shows that the numerical models generated  
427 are capable of reproducing and qualitatively estimating the cross-shore profile of each type of  
428 beach. (Aragonés *et al.*, 2015). When these errors are compared with the errors produced by  
429 the formulas currently used, it is observed that there is a great difference. Current formulas  
430 present a much larger volume error than the generated models (Figure 7) in the order of 80  
431 and 5 times higher for Van der Meer (1988) and Powell (1990), respectively. This may be due  
432 to the fact that these formulas, as mentioned above, were obtained by channel tests at  
433 different scales, and therefore do not take into account the possible local effects such as the  
434 presence of *Posidonia oceanica*. For example, the three-dimensional structure of rhizomes  
435 form a certain reinforcement for the sandy sediment of the submerged beach which, along  
436 with the roots and leaves, hinder the sedimentary movements of the seabed, consolidating the  
437 sandy substratum and making the submerged beach profile be more vertical than usual  
438 (Medina *et al.*, 2001).

439 On the other hand, the results were analysed by type of beach, to study the effect of the  
440 models depending on whether the beach was made up of a thinner or thicker size, given that  
441 the bed shear is due to inertia effects and that it varies linearly with the medium grain size.  
442 Interestingly, the results show that the selected A and B models are more accurate on type 3  
443 beaches. Type 1 and 4 beaches are the ones with the biggest errors, either absolute error or  
444 MAPE (Figure 5). Validation with beaches within the study area is consistent with the results of

445 the models on the other beaches (Figure 4). In addition, when we analyse in detail the  
446 adjustment of the equilibrium profile on the real profile, we can observe that the numerical  
447 models represent almost perfectly the real profile in the closest part of the coastline, while as  
448 we move away from the coast, the obtained profile tends to be deeper than the real one. This  
449 may be due to the presence of *Posidonia oceanica* meadows at the end of the profile, since the  
450 *Posidonia* meadow acts as a reef or rocky slab by modifying the slope of the profile in this area  
451 and making it more or even completely flat, a feature that is not possible to represent by the  
452 power function (Figure 6). This is why most authors propose profiles composed of several  
453 curves (Bernabeu *et al.*, 2003; Powell, 1990; Van der Meer, 1988), which generally range from  
454 the mean water level to the step and from the step to the bottom. In the case of the study  
455 area, the curves range from the mean water level to the beginning of the *Posidonia oceanica*  
456 meadow, and from the latter to the end of the meadow.

457 The fact that the modelled profile is deeper than the actual profile implies that in the study of  
458 a beach nourishment the volume of material needed for it would be underestimated.  
459 However, this error is in the order of 1300 m<sup>3</sup>/ml less than the volume underestimated by  
460 other models such as Powell (1990). This in turn implies a lower erosion of the dry beach  
461 during the formation/stabilization of the profile, which knowing the model error could be  
462 corrected by pouring more material than required according to the model, about 70-80 m<sup>3</sup>  
463 more material per ml of beach.

464 Although the model represents a step forward in modelling the profile of gravel beaches  
465 between the mean water level and the step or *Posidonia* meadow (in our case), the model can  
466 still be improved, especially in profile prediction. For this purpose, important factors that are  
467 not explained by the model and that can improve the model's behaviour must be taken into  
468 account. Some of these factors are: i) turbulence of percolation depending on the beach  
469 typology; ii) vertical velocity under breaking waves (Pedrozo-Acuña *et al.*, 2008), and iii) the  
470 ground consolidation by *Posidonia oceanica* (Medina *et al.*, 2001).

## 471 **6. CONCLUSIONS**

472 The results obtained show that the finite element numerical models generated can accurately  
473 predict both parameter A and parameter B, for the modelling of the cross-shore gravel  
474 beaches profile (from MWL to *Posidonia oceanica* meadow) according to the Aragonés *et al.*  
475 (2015) classification. The results show that the combination of both models (parameter A and  
476 B) is more accurate in predicting type 3 beaches while in type 1 and 4 beaches the worst fits  
477 are obtained. The validation carried out with 10% of the beaches considered within the study  
478 area shows that the model is valid both for the chosen system and for those international  
479 areas with similar characteristics to those studied here. However, once the cross-shore profile  
480 has been analysed, it can be seen that it is in the final part of the same where the greatest  
481 errors are observed, predicting a slightly deeper profile than the real profile. This is possibly  
482 due to the stabilization effect of *Posidonia oceanica* roots against sediment erosion.  
483 Nevertheless, due to the results obtained, it can be concluded that coastal engineers for the  
484 construction of this type of beaches can use the proposed models. Considering that knowing  
485 the model error, more material will have to be poured than calculated one, in order to avoid  
486 the loss of beach width due to the formation of the profile after nourishment. Furthermore, it

487 will allow us to ensure the well-being of the marine flora near the area of actuation. Since, if  
488 we define the profile with a formula or model that gives us a more vertical profile than the  
489 equilibrium profile, this profile during its formation will tend to the equilibrium profile and  
490 therefore it will be more flat. This could cause the grounding of vegetation and its subsequent  
491 death, causing a total destabilization of the profile and ecosystem of the area of action.

492

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