In Focus

Embodied Cinematography in Mr. Robot



MARIA J. ORTIZ, University of Alicante, Spain; e-mail: mj.ortiz@ua.es

10.2478/bsmr-2023-0006

ABSTRACT

Mr. Robot is an American television series that conveys the alienating effects of technology through unusual composition patterns. These patterns do not constitute mere coatings but manifestations of embodied metaphors that serve as emotion markers, redundant elements to maintain the mood. The viewers are led to share the character's emotions, due to perceptual and sensory-motor experiences that are activated through the metaphoric *mise-en-scène*. The unorthodox framing also appears to affect the attentional synchrony, helping to immerse viewers in the obscure fictional world. All in all, the cinematography seems to facilitate the connection between the minds of fictional characters and viewers through bodily experiences.

KEYWORDS: embodied cognition, visual metaphor, editing, framing, eye movements

INTRODUCTION

Mr. Robot is a USA Network drama series created by Sam Esmail spanning four seasons that ran from 2015 to 2019. The main character is Elliot Alderson, a computer technician with social anxiety disorder and clinical depression. The story begins when he is recruited to join a group of hacktivists (fsociety) whose objective is to conduct a cyberattack erasing all consumer debts from the database of a conglomerate corporation (E-Corp) perceived as 'evil'. In Volmar's (2017) words, the series is an incredible show of iconoclasm for commercial entertainment. It received critical acclaim¹ and won multiple awards, including the Golden Globe for Best Television Series (2016), the AFI Awards for TV Program of the Year (2016), and the American Society of Cinematographers Award for Outstanding Achievement in Cinematography (2017). The style of the cinematography, designed by Tom Campbell, has become the trademark of the whole series, as highlighted by specialized websites². In the interviews, Campbell claims that the unusual patterns used in the series to express the alienating effects of technology were aimed precisely to become a visual reference (see Collins 2015; Albert 2018).

The starting point of this research is that visual style is not a mere coating but "what articulates, modulates and develops a thematic structure/pattern" (Martin 2014: 24). Moreover, I argue that these filmmaking choices are visual manifestations of embodied metaphors and that they form a redundant network designed to

² For example: https://video.filmschoolrejects.com/mrrobot-unconventional-framing/ https://nofilmschool.com/2016/09/socially-anxiousframing-mr-robot-and-how-its-used-tell-stories https://www.provideocoalition.com/much-headroomjoy-unconventional-compositions/

¹ For instance, a rating of 98% on the American television and film review website Rotten Tomatoes based on 146 critiques, with an average of 8.35/10.

evoke emotions. Embodied metaphors are inherent to human thought and essential to express abstract concepts. Perceptual and sensory-motor experiences are activated in our brains through the metaphoric mise-en-scène created by filmmakers, who calibrate these embodied cognitive structures shared with the viewer according to the desirable level of empathy they wish to unleash (Gallese, Guerra 2012). The metaphors also serve as emotion markers (Smith 2003) - redundant elements which do not contribute to the narrative but which are essential for maintaining the mood. In Mr. Robot, the abundance of such recurring resources creates a network designed to maintain the dark, pessimistic, confusing atmosphere of this acclaimed television series.

The present study falls into four parts. In the first part, the connection between the unconventional compositions of *Mr. Robot* with embodied metaphors is examined using primary metaphors as analytical units. In the second part, it is measured how often the unusual patterns are used in order to determine whether they form a redundant network of elements to generate and maintain the mood. In the third part, the effects of these stylistic devices on the smooth editing of dialogues and, consequently, on the viewer's gaze are explored. Finally, the significance of these different analyses is discussed.

UNCONVENTIONAL COMPOSITIONS AND EMBODIED METAPHORS

As stated by Mascelli (1965), composition is not a mechanical process because it involves several factors, such as emotions or artistic values. Nevertheless, cinematography manuals gather certain conventions as general guidelines (e.g., Millerson 1985; Arijon 1991; Katz 1991; Tomaric 2013; Schroeppel 2015). One of the best-known is the Rule of Thirds, according to which the main focus should be situated at one of the four intersection points created when the frame is divided into equal thirds, horizontally and vertically. Moreover, when an object or subject is facing one side, sufficient space should be left in front of the gaze or direction. Thus, conversations are cut with the characters looking at each other from opposite ends of the frame, leaving looking room or breathing room between their faces that helps convey the physical space they occupy. In the same way, the headroom, or distance between the character's head and the top of the frame, should be neither too short nor too long - approximately one-third of the distance down from the top of the frame to the subject's eyes. A balance also needs to be reached in terms of the mass between the main subject, or positive space, and the area surrounding it, or negative space. Negative space defines and emphasizes the main topic, drawing the eye to it. It provides breathing room and prevents the image from appearing too cluttered, but if the main character only takes up a small fraction of the frame, the negative space becomes much more noticeable. To help achieve a visual balance, the quadrant system splits the frame in half vertically and horizontally, creating four equal areas where the masses can be distributed. Symmetry, however, must be avoided.

The composition recommendations above are mostly contravened in *Mr. Robot*. As shown in **Figure 1**, either the headroom is excessive (top row), or the breathing room is at the back positioning the faces at the edge of the frame closest to the person to whom the characters are speaking (center), or the characters are placed in a lower quadrant (bottom row).

According to embodied film theory, viewers do not perceive images passively; instead, they process them creatively through embodied information. Films are simulations created by and for embodied minds (Grodal 2009). Coëgnarts (2017) proposes to combine conceptual metaphor theory and embodied simulation theory into a unified embodied model to understand conceptual meaning in cinema. He suggests that viewers are able to attribute mental states to characters because the way the characters' mental states are



BALTIC SCREEN MEDIA REVIEW 2023 / VOLUME 11 / IN FOCUS

FIGURE 1. Examples of unconventional compositions in *Mr. Robot*: too much headroom (top row), wrong breathing room (center), and both (bottom row). The dotted lines grid corresponds to the rule of thirds. embodied through *mise-en-scène* matches the viewers' own experience. The meaning is metaphorically mapped within the sensory-motor system through, for example, conceptual metaphors. Several authors have hitherto argued that embodied metaphors are used to arrange the elements in a certain frame because they are inherent to human thought and essential to express abstract concepts (see Forceville, Jeulink 2011; Forceville, Renckens 2013; Ortiz 2011, 2014, 2015; Winter 2014; Coëgnarts, Kravanja 2012a, 2012b, 2014, 2105, 2016a, 2016b; Bálint, Tan 2015; Fahlenbrach 2016; Coëgnarts 2019, 2020).

Cognitive linguistics commonly distinguishes between "primary" and "nonprimary" metaphors. Primary metaphors arise from our most basic physical and perceptual experiences of the world, and are thus assumed to be universal, whereas non-primary metaphors stem from specific cultural context. Numerous publications have traced primary metaphors in different languages, and have generally concluded that, indeed, there is an embodied base. However, their cultural dimension has also been considered. Thus, Grady and Ascoli (2017) claim that experiences lead to natural cognitive associations that could be established as conventional patterns, depending on the linguistic and cultural surroundings. Winter and Matlock (2017) suggest that metaphors have multi-causal origins and not only does the embodied experience provide speakers with correlations but so do culture, language, gesture, and environment.

Despite these disagreements, using primary metaphors as units of analysis allows us to draw the attention to sensorymotor experiences. At the same time, they show which elements in the source domain are projected onto the target domain³. For this reason, Forceville (2016) points out that research on visual metaphor should maintain the distinction between crea-

3 Metaphor is considered as the partial mapping of a source domain onto a target domain, where the source domain helps us to structure, understand, and reason about the target domain. tive/resemblance and primary/correlation metaphors – two broad categories that are not mutually exclusive, as Coëgnarts and Kravanja (2012a) emphasize.

According to Grady (1997), the primary metaphor UNDERSTANDING IS SEEING⁴ is motivated by the correlation between visual perception and conscious awareness of information. Verbal examples include "I see what you mean" and "I can't see your point." This metaphor is visually present when the image is deliberately out of focus to express that a character is confused, puzzled, or disorientated, as in the case of Mr. Robot. Other primary metaphors with visual manifestations are LACK OF CON-TROL IS BEING DOWN and UNHAPPINESS IS DOWN. The former stems from the fact that a person placed in a physically higher position exercises greater control over people and situations in a physically lower position. The latter is based on the correlation between elevation and feeling safe through power and control. Verbal examples are "He has a whole team under his command" and "I'm feeling down." The wrong headroom in which the characters are usually shot in the Mr. Robot series can be related to these metaphors; that is, the composition expresses that they are under some corporation's control and that they are feeling down. Both metaphors can be associated with the constant perception of the gravitational pull, defined by Arnheim (1954) as the force we constantly live under to maintain an upright position. Since we perceive the elements within a framed image as also being subject to this force, those at the top seem to have overcome this gravitational pull, while those at the bottom have been defeated by it. This embodied experience is also implicitly stated by Giannetti (2002) when he remarks that the area near the top of the frame can suggest power, authority, and aspiration, whereas areas near the bottom tend to evoke subservience, vulnerability, and powerlessness.

4 By convention, the metaphors are written in small capitals and their verbal manifestations in italics.

The correlation between an object's dimension and its intrinsic value, as in "Today is the big day", leads to IMPORTANCE IS SIZE/VOLUME, whereas being in a central position and having control over surrounding objects, as in "This issue is central to achieving a negotiation", gives rise to **IMPORTANCE IS CENTRAL. Arnheim (1957)** stated that the apparent size of a framed object in the film medium should be applied to indicate its relative power. Thus, shots in which objects appear to be different in size or in a marginal position may function as a source domain to express the target domain of importance. Massive negative space (Figure 2, top row, left) can be understood as a visual manifestation of IMPORTANCE IS CENTRAL, whereas LACK OF CONTROL/UNHAPPINESS IS DOWN together with IMPORTANCE IS SIZE and IMPORTANCE IS CENTRAL underlie the representative quadrant framing in Mr. Robot (Figure 2, top row right and bottom row). In other words, the framing expresses metaphorically that the characters are diminished and on the edge of being put down by a hidden force or a conspiracy.

As Giannetti (2002) asserts, the framing can also be a metaphor for confinement, whether literal or psychological. By placing the characters near the borders, with insufficient looking room, they seem trapped. It visually conveys the primary metaphor MENTAL STATES ARE PLACES, deriving from how a certain place affects us. Verbal examples are "I feel out of place here" or "The director finds himself in a difficult position." Elliot is shot without breathing room, particularly during dialogues, because he suffers from social anxiety and speaking with other people puts him in a suffocating situation. On the other hand, he has a dissociative identity disorder, being at the same time a cybersecurity engineer and hacktivist, Elliot and Mr. Robot. These dualities are occasionally conveyed by not maintaining the visual axis. When editing shots of people talking or looking at each other, the characters' gaze should be in opposite directions. To convey the physical space that they occupy, the usual ratio is to fill two thirds of the screen area with the person featured in the shot, leaving the third area with breathing room. Furthermore, when characters are positioned on one side of the screen, they must remain within the same visual axis throughout the edited scene. This stable spatial bodily orientation allows viewers to concentrate on the story, whereas breaking with these matching conventions leads to awkward visual jumps that divert attention. In Mr. Robot, the changes in the character's position can be related to AGREEMENT IS BEING ON THE SAME SIDE, which stems from our observation of how people who share the same beliefs tend to congregate, e.g., "I hope you will be on my side when it comes to voting." Figure 3 presents different examples where the visual axis changes, precisely expressing not being on the same side. For instance, Elliot is placed differently when he believes that Gideon has suspicions rather than when Gideon praises him, thus conveying the dissonance (top row). Another example is how the characters' visual axis in the master two-shot is not the same as the visual axis in the angular shots, expressing their ambiguous situation (center). A further illustration is when the characters are placed in different frame areas in consecutive shots (bottom row) because they play cat and mouse, changing their positions, unable to reach a settlement.

Sometimes, the formal features of objects and lines within the frame seem to confine the characters. They appear to be enclosed in their location, isolated in their own frames, not sharing their physical space. This meaning derives from the primary metaphors EMOTIONAL INTIMACY IS PROXIMITY and RELATIONSHIPS ARE ENCLOSURES, which stem from the correlation between emotional intimacy and physical nearness. They are verbally present when we say "She has distanced herself from us" or "It's a *closed* group of friends" and also when the characters are in a frame-within-a-frame to express the lack of unity in the relationship. Figure 4 illustrates different visual manifestations





FIGURE 2. Visual manifestations of LACK OF CONTROL/UNHAPPINESS IS DOWN plus IMPORTANCE IS SIZE/CENTRAL.

FIGURE 3. Visual manifestations of MENTAL STATES ARE PLACES and AGREEMENT/SOLIDARITY IS BEING ON THE SAME SIDE.



FIGURE 4. Visual manifestations of EMOTIONAL INTIMACY IS PROXIMITY and RELATIONSHIPS ARE ENCLOSURES.

of these metaphors. In the top row, characters maintain their *own space* divided by permanent *barriers*. In the bottom row, EMOTIONAL INTIMACY IS PROXIMITY and RELATIONSHIPS ARE ENCLOSURES are combined with LACK OF CONTROL/UNHAP-PINESS IS DOWN and IMPORTANCE IS SIZE AND CENTRAL. In other words, Elliot does not trust people's intentions, and he feels *trapped, diminished, under* their control.

REDUNDANT NETWORK OF ELEMENTS

Maddock (2018) points out that *Mr. Robot*'s unconventional compositions can also be found, for instance, in television series such as *Luther* (Neil Cross 2010), *Broadchurch* (Chris Chibnall 2013-2017), and *Kiri* (Euros Lyn 2018), or in the Tom Hooper films *The King's Speech* (2010), *Les Misérables* (2012), and *The Danish Girl* (2015). In these cases, however, the composition rules are broken in a timely manner, whereas in *Mr. Robot* they form a redundant network to maintain the pessimistic mood.

According to the mood-cue approach proposed by Smith (2003), the *mise-enscène* is one tool among many other instruments used in filmmaking to evoke a certain emotion together with the editing, music, narrative situation, or performance. These elements are never used in isolation, but rather create a redundant whole, which increases the likelihood of achieving the desired emotional state in viewers of differing sensitivities. The audience does not have to be aware of these emotion markers, whose function is to generate and maintain a specific mood.

In the mood-cue approach, the beginning of the film is key, as it establishes the emotional state that will run throughout the film. In *Mr. Robot*, the equivalent would be the first episode, entitled "eps1.0_hellofriend.mov". However, Todd Campbell became the cinematographer in the second episode, "eps1.1_ones-and-zer0es. mpeg" so this was the episode analyzed. The unconventional compositions explored were the following: out of focus (UNDER-STANDING IS SEEING), wrong headroom (LACK OF CONTROL/UNHAPPINESS IS DOWN), wrong looking room (MEN-TAL STATES ARE PLACES), visual jumps (AGREEMENT IS BEING ON THE SAME SIDE), massive negative space (IMPOR-TANCE IS CENTRAL), lower quadrant (LACK OF CONTROL/UNHAPPINESS IS DOWN + IMPORTANCE IS SIZE), and frame-within-aframe (EMOTIONAL INTIMACY IS PROXIMITY + RELATIONSHIPS ARE ENCLOSURES).

Table 1 presents the times at which each unconventional composition appears, as well as the duration in seconds. The most frequent are the wrong looking room (WLR), which occurs 50 times for a total duration of 7:22 minutes, and the wrong headroom (WHR), which occurs 37 times for a total duration of 13:57. The frame-withina-frame (FWF) takes place 26 times for a total duration of 2:17 minutes. Out of focus (OF) and lower quadrant (LQ) occur 7 times for a total duration of 1:05 minutes and 39 seconds, respectively. Negative space (NS) was found twice. The total duration of these unconventional compositions was 25:39 minutes. Although some compositions occasionally take place together, this duration is actually significant considering the episode lasts 41:59 minutes. Furthermore, 46 visual jumps (VJ) were identified due to changes in the characters' visual axis.

The distribution of these compositions was also analyzed within the beats, the most basic storytelling units in television according to Newman (2006). Each beat pushes the plot forward, reminds us of certain details, and tells us something new that we wish to know while at the same time increasing our desire to know more. Fourteen beats were identified, and the analysis was as follows:

 From 00:00 to 4:26. Tyrell offers Elliot a job as head of the cybersecurity for E-Corp, but he declines. The FWF is the most frequent composition. It can be related to the *distance* between the two characters and the impossibility of them connecting. At the end of the beat, there is also a massive negative space surrounding Tyrell, expressing

WLR		WHR		FWF		OF		LQ		NE		VJ
Time	Dur.	Time	Dur.	Time	Dur	Time	Dur	Time	Dur.	Time	Dur.	Time
04:26	00:16	00:16	03:42	00:19	00:10	14:55	00:02	03:03	00:10	03:58	00:13	03:03
04:45	00:10	05:39	00:02	00:43	00:06	14:59	00:02	03:42	00:06	37:42	00:06	03:14
05:03	00:03	05:43	00:59	00:54	00:07	21:34	00:38	28:31	00:03			03:42
05:12	00:03	10:22	00:19	01:01	00:11	23:38	00:03	28:41	00:02			11:16
05:43	00:59	13:19	00:03	01:19	00:02	24:51	00:09	31:56	00:03			13:18
10:41	00:03	13:25	00:24	01:31	00:04	26:10	00:07	32:08	00:10			14:10
10:46	00:03	14:08	00:06	01:36	00:05	35:50	00:04	32:58	00:05			14:42
10:51	00:08	14:48	00:04	02:03	00:04							15:14
11:03	00:04	15:14	00:04	02:25	00:05							16:43
13:25	00:24	15:21	00:04	02:34	00:03							17:29
16:52	00:08	15:32	00:06	02:41	00:02							17:48
17:34	00:04	15:39	00:51	04:11	00:07							18:10
17:41	00:02	16:33	00:10	16:18	00:05							18:13
18:13	00:03	17:48	80:00	17:58	00:07							18:16
18:20	00:03	18:23	01:09	18:08	00:02							18:20
18:56	00:04	19:59	00:13	23:22	00:11							19:06
19:01	00:05	20:33	00:54	23:44	00:06							19:12
19:12	00:05	21:34	00:49	23:55	00:04							19:47
19:26	00:03	22:40	00:02	24:04	00:04							19:59
19:34	00:13	22:56	00:06	24:46	00:05							20:26
20:14	00:12	23:16	00:10	25:08	00:02							20:29
20:29	00:04	23:59	00:04	25:13	00:03							20:33
20:35	00:04	24:08	00:09	26:25	00:03							20:41
20:41	00:02	25:31	00:01	27:07	00:03							20:46
20:46	00:06	25:34	00:18	27:12	00:12							20:56
20:56	00:03	25:55	00:15	31:36	00:04							21:05
21:05	00:09	26:17	00:23									21:16
21:16	00:04	26:44	00:22									21:23
21:23	00:01	27:12	00:12									21:34
22:20	00:03	27:27	00:04									22:20
22:28	00:02	27:36	00:03									22:40
22:45	00:04	27:42	00:36									02:49
22:52	00:02	28:20	00:16									23:05
23:02	00:03	34:03	00:10									23:20
25:25	00:02	38:39	00:11									23:32
25:34	00:09	39:11	00:10									24:51
25:52	00:18	41:01	00:18									26:10
26:17	00:04											26:18
26:33	00:07											27:11
27:03	00:02											28:18
27:27	00:04											28:36
27:36	00:03											29:25
27:42	00:36											29:38
28:20	00:16											30:34
29:25	00:12											38:50
29:42	00:52											40:21
31:56	00:03											
32:08	00:03											
34:03	00:10											
38:39	00:19											
Total	7:22		13:57	1	2:17	L	1:05	L	00:39	L	00:19	

	2022 / VOLI	
DALIIG SCREEN WEDIA	20237 VOL	1110000

TABLE 1. The time and duration of the unconventional compositions analyzed.

the fact that he feels *diminished* before the corporation.

2. From 4:26 to 6:42. Elliot is driven home and comes across Shayla. He asks for a refill, but Shayla is hesitant because she does not have withdrawal meds to go with it. While they talk, WHR and WLR are applied, which convey feeling down and suffocated, on the edge.

From 6:42 to 9:35. At home, Elliot hacks Tyrell, but it was so easy that he panics. He destroys all the components and throws them away. This beat does not include any of the unconventional compositions studied. When Elliot is working with the computer, the headroom is correct. However, there is a fast-cutting or hip-hop montage when Elliot tears down the memory chips and disk drives.

- 4. From 9:35 to 13:02. Gideon praises Elliot for saving the company, although he has suspicions. Gideon asks Elliot to keep investigating and shows him a video released by fsociety. The dialogue maintains the looking room at first, but when Gideon asks why Elliot did not tell him about the data file, his visual axis changes and the WLR appears. When Gideon seems satisfied with the answer, Elliot has looking room again. There are VJ when his mental state changes. In short, his *situation* is constantly changing.
- 5. From 13:02 to 14:23. Angela and Ollie run into Elliot, and invite him to dinner. He accepts and hurries off home when he notices two E-Corp security men. Angela and Ollie buy a CD from a hacker. The dialogue is shot with WHR and also with WLR when Elliot is speaking. They are *under* some hiding control and Elliot feels he is *suffocating*.
- 6. From 14:23 to 17:42. Elliot finds Darlene in his flat. Both take the subway, and they go to fsociety's hideout. There are two OF occurrences when Elliot finds Darlene in his shower, related to his *confusion* about the situation. When they talk, there are

instances of WHR and WLR, again expressing Elliot's overwhelming feelings.

- 7. From 17:42 to 23:15. Elliot meets the other hackers. Mr. Robot tells him about the Steel Mountain plan, but Elliot refuses because it would kill people, and then leaves. There are several VJ, due to changes in the visual axis when the characters speak, along with instances of WLR. These jumps represent metaphorical disagreements and make sense considering that Mr. Robot and Elliot are the same person.
- 8. From 23:15 to 23:26. Elliot comes back home, and during the subway trip he wonders whether he should turn in the fsociety. Elliot's perplexity is highlighted using VJ, WHR, and FWF.
- 9. From 23:26 to 28:44. Elliot finds the drug dealer Fernando Vera in Shayla's flat, dressed only in underwear. Elliot feels uncomfortable and is worried about his friend. He thinks about reporting Fernando. This beat includes WHR, WLR, VJ, OF, FWF, and LQ. Such density of resources stresses Elliot's uneasiness and restlessness.
- 10. From 28:44 to 30:54. Once Fernando is gone, Elliot finds Shayla bruised and drugged, but she asks Elliot not to avenge her. Again, the dialogue is shot with WLR and there are VJ due to the visual axis changes, expressing the opposite feelings.
- 11. From 30:54 to 31:30. Elliot realizes that Mr. Robot is right. He is confident and none of the unconventional compositions are present.
- 12. From 31:30 to 35:23. Elliot talks to Krista, his therapist, about not being in control. His framing is correct, but Krista is in the LQ and with WLR. There are interspersed images of him informing about the illegal activities of Fernando when he is talking about choices, so he seems to be *on top* of the situation. However, when she reminds him what happened with his father, the framing changes to WHR and WLR.



FIGURE 5. Frequencies of the unconventional compositions by beat.

- 13. From 35:23 to 37:55. Angela calls Elliot, but he ignores the phone. The CD guy hacks Angela's laptop. The hacker's framing is a black NS.
- 14. From 37:55 to 41:59. Elliot explains to Mr. Robot that he has come up with a plan to destroy the Steel Mountain without using an explosion. Mr. Robot asks Elliot about his father. He tells the story, and after that, Mr. Robot pushes him off the railing, onto the rocks below. WHR and VJ are present in this final beat.

Figure 5 illustrates the frequency of these unconventional compositions by showing each time they appear.WLR is found in dialogues with Shayla, Gideon, Mr. Robot, Fernando, and Krista. It is linked to how stressful Elliot feels in the presence of others owing to his social anxiety. There are VJ in almost all the beats, and they are related to Elliot's mental instability. WHR is utilized over the chapter, expressing an ominous mood, as if something pulls down the characters. All in all, these redundant unconventional compositions related to embodied metaphors convey the isolation and the distrust experienced by the characters.

DIFFERENCES IN THE GAZE'S BEHAVIOR

Framing the characters without sufficient looking room breaks the rules of editing dialogues. Not maintaining the visual axes creates awkward visual jumps that disorientate the spectator. Berliner and Cohen (2011) argue that the classical conventions of continuity editing have remained relatively stable because they were developed to exploit and accommodate the processes and limitations of the human perceptual system. As noted by Heimann et al. (2016), matching rules are close enough to normal vision, which also includes short interruptions of sight during saccades and blinks, and bodily movements, such as head turns to changes of perspective. They suggest that sensory-motor networks might play an important role in film perception and, therefore, it should be considered when

exploring spectators' experience of editing. Empirical studies have implied that film cuts elicit physiological and behavioral signs of an orienting response in spectators. Magliano and Zacks (2011) corroborate that cuts are not consciously perceived, and therefore that the event is perceived as unbroken when the edition respects the 180° rule, but not when the centerline is crossed.

Smith (2013) points out that audience fixations in a film scene are a consequence of endogenous control, such as narrative, or exogenous control, such as the mise-enscène. According to the results obtained with eye-trackers, the viewer's gaze is highly coordinated. This tendency toward similar gaze patterns between multiple viewers of the same scene is a phenomenon called attentional synchrony. The shot size presenting the greatest attentional synchrony is the close medium shot, which typically depicts a single actor, framed centrally or slightly off-center in conversation either with the camera or with an offscreen character. This synchrony appears as a tight clustering of gaze on faces around 360-400 milliseconds after the cut when a dialogue scene uses the shotreverse-shot technique in accordance with position/look matching conventions (Smith et al. 2012). To explore the extent to which this synchrony is affected by Mr. Robot's unusual composition, particularly the WLR, an eye-tracking study was carried out.

Method

Participants

Twenty healthy volunteers (14 women, 6 men, M_{oge} : 20.9, SD = 2.02) participated in the experiment. None of them presented any personal history of neurological or psychiatric illness, drug or alcohol abuse, or current medication, and they had normal or corrected-to-normal vision. They were recruited from the student population of the Faculty of Economic and Business Sciences of the University of Alicante (Spain). Informed consent was obtained from all participants. The experiment was approved

by the ethics committee of the University of Alicante.

Apparatus

The Tobii X2 eye-tracker with a sampling frequency of 60 Hz was used for this experiment. It was run on a consumerstandard personal computer with a 17-inch LCD screen. Participants sat comfortably in a chair, 65 cm away from the screen, in a silent room with a dimmed light. At the beginning of each session, the system was adjusted with a standard nine-point calibration.

Stimuli

The Untouchables (Brian De Palma 1987) was chosen to be compared with *Mr. Robot* because the former follows the classical conventions of continuity editing. Both DVDs were available at the University of Alicante library. The dubbed version in Spanish was used to ensure appropriate understanding. To select the scenes, the content was converted into MP4 format using ImTOO DVD Ripper software and then imported into the editing program Final Cut (Apple Inc.) because it was available at the media laboratory, easy to use, and precise. As the face gaze bias seems confirmed (see Treuting 2006; Smith, Henderson 2008; Olk, Kappas 2011), as well as the movement area bias (Mital *et al.* 2011), the scenes had to meet the following criteria to be included in the present experiment:

- 1. Dialogue between two characters.
- 2. Range between medium shots and close-ups.
- 3. Filmed with internal reverse angles or parallel positions that is, the camera covers the performers individually, but not including their backs.
- 4. Interior scenario, with no other person inside or with no high-motion areas.
- 5. Sufficient and homogeneous lighting that is, neither low-key nor high contrast.

Figure 6 illustrates the two conditions. All the scenes selected from *The Untouchables* followed position match and the breathing room (top row) but not the fragments selected from *Mr. Robot* (bottom row).



FIGURE 6. Example of condition 1 (top row) and condition 2 (bottom row).

Code	Duration in seconds	Selected Fragments
Untouchables_01	24	3
Untouchables_02	21	3
Untouchables_03	38	6
Untouchables_04	35	6
Untouchables_05	29	6
Mr. Robot_01	29	7
Mr. Robot_02	39	3
Mr. Robot_03	25	7
Mr. Robot_04	23	4
Mr. Robot_05	47	8

TABLE 2. Duration in seconds of each sceneand number of fragments analyzed.

As shown in Table 2, the durations varied slightly, with a mean of 29.6 seconds (SD = 7) in *The Untouchables* and 32.6 seconds (SD = 10.1) in *Mr. Robot.* Due to the properties of the stimulus, the number of fragments with the shot-reverse technique was 24 in *The Untouchables* and 29 in *Mr. Robot.*, but it was considered to be sufficiently balanced. Appendix 1 illustrates all the selected scenes and fragments.

Experimental design

The study featured a paired design: the same participant gave both time values (*The Untouchables* and *Mr. Robot*), allowing us to focus on the differences. The dependent variable was the time that the gaze took after the cut to rest on the character's face – that is, the milliseconds from the cut to the first fixation on the new content. The recorded timestamp of the last frame before the cut was identified, and then subtracted from the recorded timestamps of the first frame where the participant's gaze was directed at the character's face (see **Figure 7**).

Procedure

Participants were informed that they were going to watch videos while their eyes were tracked. Each scene appeared in random order and only once. The videos were separated by a two-second-long gray screen. The total duration was approximately ten minutes by participant.



cut 1919 new fixation 2284

FIGURE 7. After the cut, we identified each participant's first fixation on the character's face and then subtracted the cut's timestamp. In this example, it was 2284 for the participant represented by the red confetti minus 1919, so the time needed to reorientate the gaze was 365 milliseconds.



FIGURE 8. The paired mean difference between The Untouchables and Mr. Robot.

Data treatment

Eye movement data was recorded from a total of 1,060 trials: 20 participants and 53 trials (24 for condition 1, and 29 for condition 2). The data was analyzed according to the estimation statistics framework (see Cumming 2012) using R computer software⁵ and the open statistical platform jamovi⁶.

Results

The mean response time for The Untouchables was M = 357 ms, 95% CI [320, 396], and for *Mr. Robot* it was M = 441 ms, 95% CI [409, 474]. The standardized mean difference was $d_{avg} = 1.09,95\%$ CI [0.70, 1.59], a value considered large. The effect size for the difference between the groups was calculated using Cohen's d, resulting in a value of 1.36, which is also a large effect. The paired mean difference between The Untouchables and Mr. Robot was 84.0 [95.0% CI 59.4, 1.12e+02]. The p value of the two-sided permutation t-test was 0.0. Figure 8 shows the Gardner-Altman estimation plot. Both groups are plotted on the left axes as a slopegraph where each paired set of observations is connected by a gray line. The paired mean difference is plotted on a floating axis on the right as a bootstrap sampling distribution. The mean difference is depicted as a black triangle. The 95% confidence interval is indicated by the endsv of the vertical error bar.

These results reveal a statistically significant difference between the mean test scores of the two conditions. Specifically, *Mr. Robot* presented a higher mean response time than *The Untouchables*. The latter could suggest that breaking the Hollywood rules is more time-consuming, perhaps because the participants' gaze has to look over a greater distance to find each character's face. In other words, continuity

5 R Core Team (2021). R: A Language and environment for statistical computing. (Version 4.1) [Computer software]. Retrieved from https://cran.r-project.org. (R packages retrieved from MRAN snapshot 2022). editing conventions work more efficiently in relation to the viewers' perceptual system, as they allow viewers to concentrate on the story. The additional time needed to locate the characters' faces could indicate that a more significant amount of cognitive effort was required to follow the dialogue. All in all, this exploratory experiment seems to confirm that breaking classical continuity editing conventions can affect the attentional patterns and that *mise-en-scène* can influence the viewer's perception.

DISCUSSION AND CONCLUSIONS

The analysis carried out shows that Mr. *Robot* uses unconventional compositions redundantly to evoke sensory-motor experiences related to abstract experiences and emotions. Seven resources were examined: the wrong looking room, the wrong headroom, the frame-within-a-frame, the out of focus, the low guadrant, the massive negative space, and the visual jumps. These choices are not a mere coating, but rather metaphors that sustain the plot's ideas of powerlessness, distrust, and alienation: the characters feel down, under some corporation control, *small* before the conspiracies, on the edge. Elliot has two sides: he is unable to open up, and he feels he is suffocating, with barriers in his relationships. These resources have already been described in the literature regarding sensory-motor patterns and *mise-en-scène*, but their use in this television series is extraordinarily abundant. Thanks to these embodied visual metaphors, the viewer may feel what the characters feel, sharing their emotional state more intensely than when conventional compositions are used. Moreover, the eye-tracking results seem to corroborate that attentional synchrony is somehow affected by the unusual breathing room displayed in Mr. Robot, and the clustering of gaze on faces took longer than in orthodox compositions. In other words, classical continuity editing conventions seem more efficient at addressing the viewer's gaze, making it easier to follow the dialogues. Again, this visual strategy helps to immerse

⁶ The jamovi project (2022). *Jamovi* (Version 2.3) [Computer Software]. Retrieved from https://www. jamovi.org

viewers in the obscure fictional world conveyed in the show.

All the redundant resources studied appear since the beginning of the episode and are constantly repeated, taking up over half the episode. The first to be used is wrong headroom, a metaphor for lack of control and happiness, followed by the frame-within-a-frame, expressing isolation. Wrong headroom becomes more intense a few minutes later, the characters featuring in the lower quadrant, thus giving more space to the corporate building, which seems to be a menacing power. The character's visual axes are not maintained, creating visual jumps and thus making the story more confusing. The dialogues are shot without sufficient looking room, so the viewer can feel the characters' anxiety. The abundance of such repeated resources leads us to conclude that they form part of the network of emotion markers serving to create, maintain, and reinforce the ideas of isolation, loneliness, anxiety, and unease. These emotion markers are visual metaphors based on a sensory-motor experience. Thus, the viewer is led to share the characters' feelings through the embodied simulation that occurs when we interpret images metaphorically.

This study is not without limitations. First, only a part of the striking cinematography of Mr. Robot has been related to primary metaphors, but other miseen-scène choices were not unexplored, such as the lighting, color, or lenses. In the eye-tracking experiment, the sample size imposes limitations on the generalizability of the results. Likewise, the redundancy of unconventional compositions was only examined in depth in one episode, but new visual strategies might spread as the plot develops and becomes more and more convoluted. Another potential limitation is the choice of The Untouchables as a representative example of continuity editing conventions. Despite these limitations, the study suggests that the cinematographer's decisions to express the characters' alienation, isolation, loneliness, anxiety, and unease are based on sensory-motor experiences we all share through embodied metaphors. By using bodily experiences, filmmakers can connect the minds of fictional characters and viewers.

DISCLAIMER

If not otherwise stated, all images are reproduced under the terms of fair use for academic purposes. The images are not covered by the Creative Commons Attribution 4.0 International Licence.

REFERENCES

Albert, Mina V. 2018. Rompiendo las normas. Cameraman: Revista técnica cinematográfica. Arijon, Daniel. 1991. Grammar of the film language. Los Angeles: Silman-James Press.

Arnheim, Rudolf. 1954. Art and Visual Perception: A Psychology of the Creative Eye. Berkeley: University of California Press.

Arnheim, Rudolf. 1957. *Film as Art*. Berkeley: University of California Press.

Bálint, Katalin; Tan Ed S. 2015. 'It feels like there are hooks inside my chest: The construction of narrative absorption experiences using image schemata.' – *Projections: The Journal for Movies and Mind* 9, 2, 63–88. https://doi.org/10.3167/proj.2015.090205 Berliner, Todd.; Cohen, Dale J. 2011. 'The illusion of continuity: Active perception and the classical editing system.' – *Journal of Film and Video* 63, 1, 44–63.

https://doi.org/10.5406/jfilmvideo.63.1.0044 Coëgnarts, Maarten. 2017. 'Cinema and the Embodied Mind: Metaphor and Simulation in Understanding Meaning in Films.' *Palgrave Communications* 3, 1, 1–15. https://doi.org/10.1057/palcomms.2017.67

Coëgnarts, Maarten. 2019. Film as Embodied Art: Bodily Meaning in the Cinema of Stanley Kubrick. Boston: Academic Studies Press.

Coëgnarts, Maarten. 2020. 'How motion shapes thought in cinema: the embodied film style of Éric Rohmer.' *Projections* 14, 2, 26–47. https://doi. org/10.3167/proj.2020.140203

Coëgnarts, Maarten; Kravanja, Peter. 2012a. 'Embodied Visual Meaning: Image Schemas in Film.' – *Projections* 6,2, 84–101. https://doi.org/10.3167/ proj.2012.060206

Coëgnarts, Maarten; Kravanja, Peter. 2012b. 'From Thought to Modality: A Theoretical Framework for Analysing Structural-Conceptual Metaphors and Image Metaphors in Film.' – *Image & Narrative* 13, 96–113. https://www.imageandnarrative.be/index.php/ imagenarrative/article/view/226

Coëgnarts, Maarten; Kravanja, Peter. 2014. 'A study in cinematic subjectivity: Metaphors of perception in film.' – *Metaphor and the Social World* 4, 2, 149–173. https://doi.org/10.1075/msw.4.2.01coe.

Coëgnarts Maarte; Kravanja, Peter. 2015. 'With the past in front of the character: Evidence for spatialtemporal metaphors in cinema.' – *Metaphor and Symbol* 30, 3, 218–239. https://doi.org/10.1080/109264 88.2015.1049508

Coëgnarts Maarten; Kravanja, Peter. 2016a. 'Perceiving causality in character perception: A metaphorical study of causation in film.' – *Metaphor and Symbol* 31, 2, 91–107. https://doi.org/10.1080/10926488.2016.11 50762

Coëgnarts, Maarten; Kravanja, Peter. 2016b. 'The eyes for mind in cinema: A metaphorical study of the viewer's experience.' – K. Fahlenbrach (ed.), *Embodied Metaphors in Film, Television, and Video Games: Cognitive Approaches*. London/New York: Routledge, 129–144.

Collins, Sean T. 2015. 'How Mr. Robot Became One of TV's Most Visually Striking Shows'. Vulture. https://www.vulture.com/2015/09/mr-robot-visuallystriking-cinematography.html **Cumming, Geoff.** 2012. Understanding the new statistics: Effect sizes, confidence intervals, and meta-analysis. Routledge.

Fahlenbrach, Kathrin. (ed.) 2016. Embodied Metaphors in Film, Television, and Video Games: Cognitive Approaches. London/New York: Routledge. Forceville, Charles. 2016. 'Visual and multimodal metaphor in film: charting the field.' – K. Fahlenbrach (ed.), Embodied Metaphors in Film, Television and Video Games: Cognitive Approaches. London: Routledge, 17–32.

Forceville Charles; Jeulink, Marloes. 2011. 'The flesh and blood of embodied understanding: The sourcepath-goal schema in animation film.' – *Pragmatics* & *Cognition* 19, 1, 37–59. https://doi.org/10.1075/ pc.19.1.02for

Forceville Charles; Renckens Thijs. 2013. 'The good is light and bad is darkness metaphors in feature films.' – *Metaphor and the Social World* 3, 2, 160–179. https://doi.org/10.1075/msw.3.2.03for

Gallese, Vittorio; Guerra, Michelle. 2012. 'Embodying movies: Embodied simulation and film studies.' – *Cinema: Journal of Philosophy and the Moving Image*, 183–210.

Giannetti, Louis. 2002. *Understanding movies.* New Jersey: Prentince Hall.

Grady, Joseph E. 1997. Foundations of meaning: Primary Metaphors and Primary Scenes. Unpublished doctoral dissertation, University of California, Berkeley. Grady, Joseph E.; Ascoli, Giorgio A. 2017. 'Sources and targets in primary metaphor theory: Looking back and thinking ahead.' – B. Hampe (ed.), Metaphor: Embodied cognition and discourse. Cambridge: Cambridge University Press, 27–45.

Grodal, Torben. 2009. *Embodied Visions*. New York: Oxford University Press.

Heimann, Katrin S.; Uithol, Sebo; Calbi, Marta.; Umiltà, MariaA.; Guerra, Michelle; Gallese, Vittorio. 2016. 'Cuts in Action: A High-Density EEG Study Investigating the Neural Correlates of Different Editing Techniques in Film.' – Cognitive science 41, 6, 1555–1588. https://doi.org/10.1111/cogs.12439

Katz, Steven D. 1991. Film directing, shot by shot. Visualizing from concept to screen. California: Focal Press.

Maddock, Daniel. 2018. 'Uncomposed: Unconventional cinematographic composition in cinema and

television.¹ – Australian art education 39, 2, 268–287. Magliano, Joseph P.; Zacks, Jeffrey. M. 2011. 'The impact of continuity editing in narrative film on event segmentation.' – *Cognitive Science*. A Multidisciplinary Journal 35, 1489–1517. https://doi.org/10.1111/j.1551-6709.2011.01202.x

Martin, Adrian. 2014. *Mise en Scène and Film Style. From Classical Hollywood to New Media Art.* Palgrave Macmillan.

Mascelli, Joseph V. 1965. The five C's of cinematography.Motion Picture Filming Techniques. California: Silman-James Press.

Millerson, Gerald. 1985. The technique of television production. London: Focal Press.

Mital, Parag K.; Smith, Tim J.; Hill, Robin L.; Henderson, John M. 2011. 'Clustering of gaze during dynamic scene viewing is predicted by motion.' – *Cognitive Computation* 3, 5–24. https://doi.org/10.1007/ s12559-010-9074-z

Newman, Michael Z. 2006. 'From beats to arcs: Toward a poetics of television narrative.' – The velvet light trap 58, 1, 16–28. https://doi.org/10.1353/vlt.2006.0033 Olk, Bettina; Kappas, Arvid. 2011. 'Eye tracking as a tool for visual research.' – Eric Margolis, Luc Pauwels (eds.), The SAGE Handbook of Visual Research Methods. London: SAGE Publications, 433–451. Ortiz, María J. 2011. 'Primary metaphors and monomodal visual metaphors.' – *Journal of Pragmatics* 43, 6, 1568–1580. https://doi.org//10.1016/j. pragma.2010.12.003

Ortiz, María J. 2014. 'Visual Manifestations of Primary Metaphors Through Mise-en-scène Techniques' – *Image & Narrative* 15, 1, 5–16. https://www.risejournal. eu/index.php/imagenarrative/article/view/454 Ortiz, María J. 2015. 'Films and embodied metaphors of emotion.' – M. Coëgnarts and P. Kravanja (eds.),

Embodied cognition and cinema. Leuven University Press, 203–220.

Schroeppel, Tom. 2015. The bare bones camera course for film and video. New York: Allworth Press. Smith, Greg M. 2003. Film structure and the emotion system. Cambridge: UP.

Smith, Tim J. 2013. 'Watching you watch movies: using eye tracking to inform film theory.' – Arthur Shimamura (ed.), Psychocinematics: Exploring Cognition at the Movies, New York: Oxford University Press. 165–191.

Smith, Tim J.; Henderson, John M. 2008. 'Edit Blindness: The relationship between attention and global change blindness in dynamic scenes.' – Journal of eye movement research 2, 1–17. https://doi.org/10.10911/jimm.2.2.6

https://doi.org/10.16910/jemr.2.2.6

Smith, Tim J.; Levin, Daniel; Cutting, James E. 2012. 'A window on reality: Perceiving edited moving images.' – Current Directions in Psychological Science 21, 2: 107–113.https://www.jstor.org/stable/23213102 Tomaric, Jason J. 2013. Filmmaking. Direct your movie from script to screen using proven Hollywood techniques. New York: Focal Press.

Treuting, Jennifer. 2006. 'Eye Tracking and the Cinema: A study of Film Theory and Visual Perception.' – *SMPTE Motion Imaging Journal* 115, 1, 1–40, https://doi.org/10.5594/J11499

Volmar, Daniel. 2017. 'Far from the lonely crowd: the trenchant techno-cynicism of Mr. Robot.' – *Endeavour* 41, 4, 208–210. https://doi.org/10.1016/j. endeavour.2017.05.002

Winter, Bodo. 2014. 'Horror movies and the cognitive ecology of primary metaphors.' – *Metaphor and Symbol* 29, 3, 151–170. https://doi.org/10.1080/10926488.201 4.924280

Winter, Bodo; Matlock, Teenie. 2017. 'Primary metaphors are both cultural and embodied.' – Beate. Hampe (ed.), *Metaphor: Embodied cognition and discourse*. Cambridge: Cambridge University Press, 99–115. MARÍA J. ORTIZ is an Associate Professor in the Department of Communication and Social Psychology at the University of Alicante (Spain). Her main research interests are embodiment and visual metaphors. Her work has been published in various international peer-reviewed journals such as Metaphor and Symbol, Journal of Pragmatics, and Brain & Cognition. She also contributed to the books Embodied Cognition and Cinema, and Cognition, Emotion, and Aesthetics in Contemporary Serial Television. She graduated in Literature and Linguistics, with specialization courses in Filmmaking. She also holds an Official Master's Degree in Psychology Research. She worked as a documentary filmmaker for ten years. Mr. Robot (scene 1, eps.1.5_br4ve-trave1er.asf)



APPENDIX 1. Fragments for the eye-tracking experiment.

104

Untouchables (scene 1)



U_05_06 (396 ms)