

1 **Effect of morphology and support of copper nanoparticles on basic ovarian granulosa**
2 **cell functions**

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4 Short title/running head: Copper nanoparticles effect on ovarian granulosa cells

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20 **ABSTRACT**

21 The aim of this survey is to explore the possible effects of unsupported (CuNPs) and
22 supported copper nanoparticles (CuNPs/support) of different morphologies on basic ovarian

23 cell functions. For this purpose, we have compared the activity of unsupported spherical,
24 triangular and hexagonal CuNPs, as well as of spherical CuNPs supported on titania, zeolite Y
25 and activated charcoal (0, 1, 10 or 100 ng/mL) on cultured porcine ovarian granulosa cells.
26 Cell viability, proliferation (accumulation of proliferating cell nuclear antigen, PCNA),
27 apoptosis (accumulation of Bcl-2-associated X protein, bax) and release of steroid hormones
28 progesterone, testosterone and 17β -estradiol have been analyzed by the Trypan blue test,
29 quantitative immunocytochemistry and ELISA, respectively. Cell viability decreased after
30 treatment with hexagonal CuNPs, whilst all the other CuNPs increased it. Unsupported
31 spherical and hexagonal CuNPs, and spherical CuNPs/titania reduced PCNA accumulation; in
32 contrast, an increase was noted for unsupported triangular CuNPs and CuNPs/zeolite Y. Bax
33 accumulation was not affected by hexagonal CuNPs, whereas CuNPs/zeolite Y promoted it
34 and all the other CuNPs depleted it. The release of all steroid hormones was inhibited by
35 CuNPs/TiO₂ and stimulated by CuNPs/charcoal, whilst CuNPs/zeolite Y promoted the
36 testosterone and 17β -estradiol output, but not that of progesterone.

37 These results demonstrate the direct, mainly stimulatory, impact of CuNPs on basic ovarian
38 cell functions. The character of the CuNPs' action depends on their shape and support.
39 Therefore, CuNPs with appropriate chemical modification could be potentially useful for the
40 control of reproductive processes and treatment of reproductive disorders.

41

42 **Key words:** copper, nanoparticles, ovary, proliferation, apoptosis, hormones

43

44 1. INTRODUCTION

45 In the recent past, nanotechnology and the application of nano-metals (metal particles less
46 than 100 nm size) have experienced a high growth rate (Kumar, 2009; Reddy et al., 2012;

47 Stark et al., 2015, Bhagyaraj et al., 2018). Copper nanoparticles (CuNPs) have shown a lot of
48 promise as drugs for the treatment of osteoporosis, antibacterial and antifungal agents,
49 contraceptives, in cancer imaging and therapy, and as farm animal food additives (Zhou et al.,
50 2016; Rathore et al., 2018; Verma et al., 2019). They are used as fluorescent gas sensors, drug
51 carriers, additives in lubricants, coatings for plastics, in catalysis and in other modern
52 technologies (Gawande et al., 2016). Nevertheless, their application can be hampered by their
53 toxicity for various living organisms (Hejazy et al., 2018; Ameh et al., 2019). For instance, it
54 has been reported that CuNPs are toxic to fish, in some cases with comparable adverse effects
55 to those of dissolved copper (Shaw et al., 2012; Al-Bairuty et al., 2013; Hedayati et al. 2016;
56 Hoseini et al., 2016). Copper is a necessary co-factor for of a wide array of metabolic
57 enzymes related to immune reactions, metabolism of neuromodulators, proteins and lipids
58 (Pohanka, 2018). On the other hand, the adverse consequences of CuNPs on liver, spleen,
59 kidney, respiratory system, neurons and DNA, which can induce cancer, have been well
60 documented (Hejazy et al., 2018; Pohanka, 2019). The cyto- and genotoxic properties of
61 CuNPs are mainly explained by their ability to produce reactive oxygen species, which induce
62 both nuclear and cytoplasmic apoptosis (Roychoudhury et al., 2016; Hou et al., 2017; Ameh
63 et al., 2019; Pohanka, 2019). In addition, the toxic impact of CuNPs can be due to their
64 capacity to damage nuclear membranes, to act upon Ca^{2+} channels, nuclear factor kappa-light-
65 chain-enhancer of activated B cells (NFkB) inflammatory transcription factor and mitogen-
66 activated protein kinase which, in turn, are involved in DNA synthesis and damage (Hou et
67 al., 2017).

68 The available data concerning copper and CuNPs' action on reproduction remain insufficient
69 and contradictory. A body of evidence obtained on rodents demonstrated the capability of
70 both copper and CuNPs to reduce gonadotropin and blood gonadal steroid hormones levels, to
71 induce degenerative changes in gonads, ovarian follicular atresia, and to suppress gamete and

72 embryogenesis (Roychoudhury et al., 2016; Yang et al., 2017; Zhang et al., 2018). These
73 adverse results could be related to the facility of CuNPs to suppress anti-oxidative enzymes
74 and to induce ovarian cell apoptosis (Yang et al., 2017). Other studies, however, did not find
75 any adverse effect of CuNPs on the number of mice ovarian follicles (Roychoudhury et al.,
76 2016) and pregnancy (Zhang et al., 2018). Finally, some experiments revealed a stimulatory
77 role of copper on porcine pituitary gonadotropin secretion (Roychoudhury et al., 2016),
78 ovulation rate (Fevold et al., 1936), release of insulin-like growth factor I (IGF-I) and
79 progesterone, and accumulation of both proliferation and suppressed apoptosis in cultured
80 granulosa cells (Roychoudhury et al., 2014, 2016). Therefore, the available literature
81 illustrates either positive or adverse behavior of copper or CuNPs on reproduction. This
82 behavior could be mediated by pituitary gonadotropins, ovarian steroid hormones, and IGF-I
83 and regulators/markers of both ovarian cell proliferation and apoptosis. Nonetheless, the
84 reports concerning the characteristics of this activity on ovarian cells remain contradictory,
85 and its elucidation and factors defining the type of the CuNPs' performance on the ovary
86 require further studies.

87 The application of CuNPs and the production of safe CuNPs require understanding the factors
88 influencing their outcome on physiological processes, including reproduction. The
89 morphology of CuNPs, size, crystallinity, aggregation, surface properties and interaction with
90 inorganic or organic supports can alter their catalytic properties (Gawande et al., 2016; Deka
91 et al., 2019) and toxicity (Hou et al., 2017; Ameh et al., 2019). However, the influence of
92 CuNPs' morphology and surface modification by association with other molecules on
93 reproductive processes has not been studied yet.

94 Due to our ongoing interest on transition-metal nanoparticles (Alonso et al., 2008), we have
95 studied the catalytic activity of both unsupported (Abdulkin et al., 2013) and supported
96 CuNPs on different inorganic supports, such as activated charcoal (Mitrofanov et al., 2017),

97 zeolite Y (Alonso et al., 2015) and titania (Martín-García et al, 2018). We want to present
98 herein a study to unveil (1) whether CuNPs can or cannot directly affect basic ovarian cell
99 functions, (2) any possible effect of the morphology on the CuNPs' performance, and (3) the
100 impact of the support on the CuNPs' activity. For this purpose, we have compared the
101 influence of CuNPs of similar size but different shape (spherical, triangular, hexagonal) and
102 that of spherical CuNPs supported on titania (CuNPs/TiO₂), zeolite Y (CuNPs/ZY) and
103 activated charcoal (CuNPs/C) on the viability, proliferation, apoptosis and release of
104 progesterone, testosterone and 17 β -estradiol by cultured porcine ovarian granulosa cells. We
105 have compared the dose-dependent action of these six types of CuNPs on cell viability, the
106 accumulation of Bcl-2-associated X protein (bax, a marker of cytoplasmic apoptosis) (Peña-
107 Blanco and García-Sáez, 2017), accumulation of proliferating cell nuclear antigen (PCNA, a
108 proliferation marker) (Wang, 2014). In addition, we examined the influence of the CuNPs
109 support on the secretory activity of ovarian cells. For this purpose, we analyzed the influence
110 of CuNPs/TiO₂, CuNPs/ZY and CuNPs/C, added at different doses, on the release of the
111 steroid hormones progesterone, testosterone and 17 β -estradiol, the markers and regulators of
112 ovarian cell functions (Sirotkin, 2014). Such a study has not been performed previously. It
113 could be important for understanding the character and mechanisms of CuNPs' action, to
114 search for factors affecting the biological activity of CuNPs, as well as to search for CuNPs
115 that are suitable for therapeutic applications with minimal toxic side-effects.

116

117 **2. MATERIALS AND METHODS**

118 See the supporting information for general experimental information and nanoparticle
119 characterization. The size of the CuNPs is expressed as the median \pm standard deviation.

120

121 *Preparation of unsupported copper nanoparticles*

122 The syntheses of triangular and hexagonal CuNPs were carried out following the general
123 procedure described by Carpenter's group (Carrol et al., 2011). This procedure involves the
124 preparation of a 0.1 M solution of copper(II) chloride (CuCl_2) in the corresponding polyol
125 (propylene glycol for triangular and diethylene glycol for hexagonal CuNPs), followed by the
126 addition of NaOH (0.3 M) and reflux for 2 h. The resulting suspension was diluted with water
127 at 50%. The obtained monodispersed CuNPs showed an average size of 1.27 ± 0.37 and
128 1.81 ± 0.52 nm for triangular (Fig. 1A) and hexagonal CuNPs (Fig. 1B), respectively.

129 Spherical CuNPs were prepared following the methodology of Alonso's group (Alonso et al.,
130 2008). In a typical procedure, anhydrous CuCl_2 (97%, Aldrich; 134 mg, 1.0 mmol) was added
131 to a suspension of lithium powder (Medalchemistry S.L.; 14 mg, 2.0 mmol) and 4,4'-di-*tert*-
132 butylbiphenyl (DTBB, Sigma-Aldrich; 27 mg, 0.1 mmol) in dry THF (20 mL) at room
133 temperature under argon. The reaction mixture, which was initially dark green, changed to
134 black, indicating that the suspension of CuNPs was formed. From this suspension, a 1.9 mL
135 sample was diluted with deionized water (10 mL). Spherical CuNPs with an average size of
136 2.88 ± 0.94 nm were obtained (Fig. 2).

137

138 *Preparation of supported copper nanoparticles*

139 The supported CuNPs were synthesized following the same methodology as above but, in this
140 case, the black suspension was diluted with dry THF (18 mL) followed by the addition of the
141 corresponding inorganic support (1.28 g): sodium Y zeolite (Sigma-Aldrich), activated
142 charcoal (Norit CA1, Sigma-Aldrich) or TiO_2 (anatasa nanopowder, Alfa Aesar). Then, the
143 resulting mixture was stirred for 1 h at room temperature, filtered, and the obtained solid was
144 dried under air (TiO_2) or vacuum (zeolite Y and activated charcoal).

145 The materials showed monodispersed spherical CuNPs of average size 0.98 ± 0.42 nm for TiO₂
146 (Mitrofanov et al., 2017) and 1.71 ± 0.35 nm for zeolite Y (Alonso et al., 2015), and of
147 5.95 ± 0.95 nm for activated charcoal (Alonso et al., 2011) (Fig. 2). The copper loading in
148 these materials was determined by inductively coupled plasma optical emission spectroscopy
149 (ICP-OES), being 1.9, 3.0 and 3.5 wt% for TiO₂, zeolite Y and activated charcoal,
150 respectively.

151 It must be mentioned that both the unsupported and supported CuNPs are obtained as a
152 mixture of Cu(I) and Cu(II) oxides due to exposure to air.

153 The characteristics of the unsupported and supported CuNPs and the methods used for their
154 characterization are described in the Supporting information file.

155 *Isolation and culture of granulosa cells*

156 Ovaries at the follicular phase of the ovarian cycle of non-cycling pubertal gilts,
157 approximately 180 days' age, were obtained after slaughter at a local slaughterhouse and
158 processed as described previously elsewhere (Roychoudhury et al., 2014; Sirotkin et al.,
159 2015). The collected granulosa cells at a final concentration of 10^6 cells/mL were cultured in
160 sterile DMEM/F12 1:1 medium supplemented with 10% fetal calf serum (both from
161 BioWhittaker™, Verviers, Belgium) and 1% antibiotic-antimycotic solution (Sigma, St.
162 Louis, MO, USA) in 16-well (200 µL/well) chamber slides (Nunc Inc., International,
163 Naperville, USA). After 3–4 days' pre-culture, the medium (of the same composition as
164 above) was renewed, and the cells were cultured for 2 days in the medium with and without
165 the CuNPs listed above at the concentrations of 0, 1, 10 or 100 ng/mL. These are typical
166 CuNPs concentrations that have been tested in previous animal in-vivo and in-vitro
167 experiments (Liu et al., 2016; C A et al., 2018; Noureen et al., 2018; Sutunkova et al., 2018).
168 After two days of culture, the cells were washed with ice-cold PBS (pH 7.5), fixed in

169 paraformaldehyde (4% in PBS, pH 7.2–7.4; 60 min) and kept at 4 °C until
170 immunocytochemical analysis. The culture medium was frozen at –17 °C to await RIA.

171 The nanoparticles were dispersed by gentle pipetting in the culture medium during 1 min, up
172 to a concentration of 100 ng/mL, immediately before the addition to the cells.

173 *Cell-viability test*

174 Cell viability was evaluated by using the Trypan blue exclusion test, according to Strober
175 (2001). Briefly, the medium from the culture plates was removed after incubation of the
176 granulosa cells. Subsequently, the cell monolayer was subjected to Trypan blue staining
177 (Sigma Aldrich, Hamburg, Germany) for 15 min. Following removal of this dye, the plates
178 were washed twice with physiological solution and subjected to microscopic inspection
179 (magnification: 400×). The ratio of dead (stained) cells to total cell count was calculated.

180 *Immunocytochemical analysis of proliferation and apoptosis markers*

181 The presence of PCNA and bax in the cells was detected by immunocytochemistry, as
182 described previously elsewhere (Roychoudhury et al., 2014; Sirotkin et al., 2015), by using
183 primary monoclonal antibodies against these molecules (all from Santa Cruz Biotechnology,
184 Inc., Santa Cruz, USA). They were placed in either, a dilution of 1:500 in PBS secondary
185 swine antibodies against mouse IgG labeled with horseradish peroxidase (Servac, Prague,
186 Czech Republic, dilution of 1:1000) and visualized by staining with DAB-substrate (Roche
187 Diagnostics GmbH, Mannheim, Germany), or by secondary polyclonal goat antibodies against
188 mouse IgGs labeled with the fluorescent marker fluorescein isothiocyanate (FITC; Santa Cruz
189 Biotechnology, dilution 1:1000). The presence of molecules in the cells was determined using
190 a light and fluorescence microscope (Leica GmbH, Wetzlar, Germany). Cells processed
191 without the primary or secondary antibody were used as the negative controls. The cells
192 expressing a signal greater than the background negative control levels were considered

193 positive. The proportion of cells containing visible molecules relative to the total cell number
194 was calculated.

195 *Immunoassay of hormones*

196 Concentrations of progesterone, testosterone and 17β -estradiol were determined in 25 μ L
197 aliquots of incubation medium by the enzyme-linked immunosorbent assay (ELISA).
198 Hormones were assayed using ELISA's kits according to the manufacturer's instructions
199 (LDN Immunoassays and Services, Nodhorn, Germany).

200 Antiserum against progesterone cross-reacted $\leq 1.1\%$ with 11-desoxycorticosterone, $\leq 0.35\%$
201 with pregnenolone, $\leq 0.30\%$ with 17α -hydroxyprogesterone, $\leq 0.20\%$ with corticosterone,
202 $< 0.10\%$ with estriol, 17β -estradiol, testosterone, cortisone and 11-desoxycortisol, $< 0.02\%$
203 with DHEA-S and cortisol. The sensitivity of the assay was 0.045 ng/mL. Intra- and inter-
204 assay coefficients of variation did not exceed 5.40% and 5.59%, respectively.

205 The cross-reactivity of antiserum against testosterone was $\leq 3.3\%$ with 11β -
206 hydroxytestosterone and 19-nortestosterone, $\leq 0.9\%$ with androstenedione, $\leq 0.8\%$ with 5α -
207 dihydrotestosterone, $< 0.1\%$ with 17α -methyltestosterone, epitestosterone, E, P, cortisol,
208 estrone and danazol. The maximal intra- and inter-assay coefficients of variation were 4.16%
209 and 4.73%, respectively. Sensitivity of the assay was 0.083 ng/mL.

210 The sensitivity of the 17β -estradiol assay was 6.2 pg/mL. Intra- and inter-assay coefficients of
211 variation did not exceed 6.4% and 4.5%, respectively. The cross-reactivity of antiserum
212 against 17β -estradiol was $\leq 9.5\%$ with fulvestrant, $\leq 4.2\%$ with estrone, $\leq 3.8\%$ with E2-3-
213 glucuronide, $\leq 3.6\%$ with E2-3-sulphate, $\leq 0.4\%$ with estriol, $< 0.1\%$ with androstenedione,
214 17α -hydroxyprogesterone, corticosterone, pregnenolone, E2-17-glucuronide, progesterone
215 and testosterone.

216 All ELISA assays were validated for culture medium samples by dilution tests.

217

218 *Statistical analysis*

219 Each experiment was repeated three times using different animals (10–15 gilts per
220 experiment). Each experimental group was represented by four chamber-slide wells. By RIA,
221 blank control values were subtracted from the value determined in cell-conditioned serum-
222 supplemented medium to exclude any non-specific background (less than 13% of the total
223 values). Secretion rates were calculated per 10^6 cells/day or mg tissue/day. Differences
224 between groups were evaluated using the Shapiro-Wilk's normality and Student's t-tests and
225 Sigma Plot 11.0 (Systat Software, GmbH, Erkhart, Germany). Values are presented as the
226 mean \pm S.D. Differences were compared for statistical significance at P-levels less than 0.05
227 ($P < 0.05$).

228 **3. RESULTS**

229 The different types of nanoparticles tested in this study were prepared according to literature
230 methods. In particular, spherical unsupported CuNPs (2.88 ± 0.94 nm) were prepared by
231 chemical reduction of copper(II) chloride with metal lithium as previously reported by us
232 (Alonso et al., 2008), whereas triangular and hexagonal unsupported CuNPs were obtained by
233 the polyol method following the general protocol by Carpenter's group (Carrol et al., 2011)
234 (Fig. 1). It is noteworthy that the size of the triangular (1.27 ± 0.37 nm) and hexagonal
235 (1.81 ± 0.52 nm) CuNPs decreased abruptly upon the addition of water, when compared with
236 that observed by Carpenter's group for dried samples (*ca.* 50 nm) (Fig. 1). A common feature
237 to all the unsupported CuNPs was their trend to grow by coalescence in the aqueous solution
238 upon prolonged exposure to TEM irradiation. This behavior had a more pronounced effect in
239 the triangular and hexagonal CuNPs, where the edges were rapidly blurred and the original

240 shape was more difficult to identify. Nevertheless, we have highlighted in Fig. 1B and 1C the
241 shape of some of the mentioned CuNPs. The supported CuNPs were obtained by the
242 aforementioned method of reduction of copper(II) chloride with metal lithium, followed by
243 the addition of the inorganic support (titania, zeolite Y or activated charcoal) with stirring,
244 filtration and drying. All supported CuNPs were spherical, being relatively small and
245 monodispersed for those on titania (0.98 ± 0.42 nm) and zeolite Y (1.71 ± 0.35 nm), and larger
246 for those on activated charcoal (5.95 ± 0.95 nm) (Fig. 2). The CuNPs on titania (CuNPs/TiO₂,
247 Fig. 2A) can be visually distinguished as very tiny spots on the larger but nanosized particles
248 of the support (titania anatase nanopowder), whereas there is a sharp contrast between the
249 CuNPs (foreground) and the zeolite Y support (background) (CuNPs/ZY, Fig. 2B). CuNPs
250 are clearly observable as black spots on a grey charcoal background (CuNPs/C, Fig. 2C).

251 The comparison of spherical, triangular, hexagonal and spherical CuNPs/TiO₂, CuNPs/ZY
252 and CuNPs/C showed substantial differences in their action on ovarian cell viability,
253 proliferation, apoptosis and release of progesterone, testosterone and 17 β -estradiol.

254 Both spherical (Fig. 3A) and triangular (Fig. 3B) CuNPs raised cell viability at all the doses
255 added. On the contrary, hexagonal CuNPs decreased the viability of cells when added at doses
256 of 10 and 100 ng/mL (Fig. 3C). Spherical CuNPs/TiO₂ (Fig. 3D), CuNPs/ZY (Fig. 3E) and
257 CuNPs/C (Fig. 3F) triggered cell viability at doses of 10 and 100 ng/mL, 10 and 100 ng/mL
258 and 100 ng/mL, respectively.

259 Spherical CuNPs lowered PCNA accumulation in the cells when added at doses of 1 or 10
260 ng/mL (Fig. 4A). Triangular CuNPs enhanced accumulation of this proliferation marker at all
261 the doses added (Fig. 4B), whereas the hexagonal counterparts inhibited PCNA accumulation
262 at all the doses added (Fig. 4C). CuNPs/TiO₂ reduced it at doses of 10 and 100 ng/mL (Fig.
263 4D), whilst CuNPs/ZY (Fig. 4E) and CuNPs/C (Fig. 4F) increased PCNA accumulation when
264 added at all the doses or at 100 ng/mL, respectively.

265 Bax accumulation in the ovarian cells was suppressed by spherical CuNPs (at doses of 10 or
266 100 ng/mL, Fig. 5A) and triangular (at 100 ng/mL, Fig. 5B) but not by hexagonal ones (Fig.
267 5C). Spherical CuNPs/TiO₂ reduced bax accumulation at all the doses added (Fig. 5D).
268 Conversely, when supported on zeolite Y, spherical CuNPs (at 1 or 10 ng/mL) resulted in
269 significant promotion of bax accumulation (Fig. 5E). Bax accumulation fell at a dose of 100
270 ng/mL for CuNPs/C (Fig. 5F).

271 The analysis of progesterone release by cells cultured with CuNPs showed a drop in the
272 progesterone output under the influence of CuNPs/TiO₂ (at all the doses added, Fig. 6A), but
273 not under that of CuNPs/ZY (Fig. 6B). For CuNPs/C, as opposed to CuNPs/TiO₂,
274 progesterone release was intensified at all the doses (Fig. 6C), whereas CuNPs/C at the
275 highest dose (100 ng/mL) was less effective than at lower doses (1 or 10 ng/mL) (Fig. 6C).

276 T release was suppressed by CuNPs/TiO₂ (at all doses added) (Fig. 7A) but boosted by
277 CuNPs/ZY (at 100 ng/mL, Fig. 7B) and CuNPs/C (at 10 and 100 ng/mL, Fig. 7C) in a dose-
278 dependent manner.

279 Similar to the testosterone release, the 17 β -estradiol output was reduced by CuNPs/TiO₂ (at
280 10 or 100 ng/mL, Fig. 8A) but rose by CuNPs/ZY (Fig. 8B) and CuNPs/C (Fig. 8C) at all the
281 doses added. The effects of CuNPs/ZY and CuNPs/C on 17 β -estradiol release have a dose-
282 dependent character too.

283

284 **DISCUSSION**

285 The creation of a monolayer, high cell viability, presence of proliferation marker PCNA and
286 production of steroid hormones indicate that the tested porcine granulosa cells were in good
287 condition and suitable for analysis and testing of both the negative and positive behavior of
288 CuNPs when given at physiological doses (Liu et al., 2016; C A et al., 2018; Noureen et al.,

289 2018; Sutunkova et al., 2018). Furthermore, the present observations demonstrate CuNPs
290 directly affecting ovarian cells and their basic functions – viability, proliferation, apoptosis
291 and release of hormones. These parameters are considered as both markers and regulators of
292 ovarian functions and fecundity (Sirotkin, 2014). Additionally, the CuNPs' action on these
293 parameters observed in our experiments, together with the previous reports (Fevold et al.,
294 1936; Roychoudhury et al., 2014, 2016; Yang et al., 2017; Zhang et al., 2018), denote a
295 CuNPs-triggered change on female reproductive functions, including fecundity. Moreover,
296 they demonstrate that CuNPs can govern female reproductive processes, directly affecting
297 various ovarian cell functions. Finally, comparison of the CuNPs performance on various
298 read-outs points out the different role of CuNPs on female reproduction and their
299 mechanisms. For example, they mean that most of the CuNPs tested in our experiments are
300 not toxic. On the contrary, they can augment ovarian cell viability; only hexagonal CuNPs
301 diminished it. Cell viability is defined by the balance between cell proliferation and
302 apoptosis/death. The comparison of the CuNPs repercussion on PCNA and bax suggests that
303 the gain of the cell viability under the CuNPs influence can be mainly due to suppression of
304 cell apoptosis. In addition, triangular CuNPs and spherical CuNPs/C could raise cell viability
305 also by promotion of cell proliferation. Finally, CuNPs/ZY could increment cell viability
306 because they stimulated proliferation more than apoptosis. The adverse outcome for
307 hexagonal CuNPs on cell viability can be explained by its ability to reduce cell proliferation
308 without change in their apoptosis. On the other hand, we cannot exclude that cell viability can
309 be defined not only by the PCNA/bax rate, but also by other regulators of cell proliferation
310 and death (Pérez-Garijo and Steller, 2015; Fritsch et al., 2017; Gudipaty et al., 2018).

311 The CuNPs' action on cell proliferation and apoptosis can be mediated, in turn, by the role of
312 CuNPs on the release of steroid hormones: the known auto-, para- and endocrine regulators of
313 ovarian cell proliferation and apoptosis, ovarian folliculogenesis and resulted fecundity

314 (Sirotkin, 2014). The activity of supported CuNPs on three different supports was studied for
315 progesterone, testosterone and 17β -estradiol release by ovarian cells. CuNPs/TiO₂ suppressed
316 the release of these steroid hormones; opposite to this behavior, CuNPs/ZY and CuNPs/C
317 mainly triggered the aforementioned release in a dose-dependent manner. The bell-shape
318 effect of CuNPs/C on the progesterone output can be explained by the existence of adaptive
319 negative feedback mechanisms preventing overstimulation of ovarian progesterone release,
320 which could induce premature luteinization and suppression of ovarian folliculogenesis
321 (Sirotkin, 2014). Both, stimulation and inhibition of the estrogen output can be explained by
322 the corresponding changes in its precursors – testosterone and progesterone (Sirotkin, 2014).
323 Further to this, 17β -estradiol is a known promoter of ovarian cell proliferation and inhibitor of
324 cell apoptosis what, in turn, stimulates ovarian follicle growth and suppresses cell atresia
325 (Sirotkin, 2014). Therefore, it is possible that the promotion of ovarian cell viability and
326 proliferation by CuNPs/ZY, and the apoptosis inhibition by CuNPs/C could be explained by
327 their capacity to foster ovarian steroidogenesis. The inhibition of cell proliferation and
328 apoptosis, and the increase in cell viability by CuNPs/TiO₂ can be explained by the
329 suppression of the steroid hormones release.

330 Our research is, probably, the first demonstration that the character of the CuNPs' action on
331 reproductive functions can be defined by the morphology and support of the CuNPs.
332 Understanding how the shape and support of CuNPs control their activity requires further
333 studies. Nevertheless, it might be hypothesized that the CuNPs' properties can modify their
334 capability to enter cellular membranes and affect the Ca²⁺ influx into the cells, intracellular
335 protein kinases and transcription factors, metabolic and anti-oxidative enzymes, and the
336 production of reactive oxygen species resulting in DNA damage (Hou et al., 2017; Yang et
337 al., 2017; Pohanka, 2019). The differences in these characteristics could be possible causes of

338 inconsistency of the available reports concerning the type of consequences of CuNPs on the
339 reproductive system and mentioned in the introduction.

340 Notwithstanding the limitation to rationalize the obtained results, it is worthwhile mentioning
341 the distinctive behavior observed for hexagonal CuNPs: these nanoparticles are the only ones
342 that reduce the ovarian cell viability and proliferation, inhibiting PCNA accumulation. It is
343 known that the presence of vertices makes metal nanoparticles more reactive. Although this
344 might be one reason of this particular behavior, the fact that the nanoparticles have been
345 prepared in the presence of the somewhat toxic diethylene glycol must not be disregarded. As
346 regards hormone release, the support seems to exert an outstanding role as only CuNPs/TiO₂
347 depletes or suppresses this function. Anatasa titania is composed of chains of distorted TiO₆
348 octahedra possessing undercoordinated atoms at the most abundant nanocrystal faces: i.e., 4-
349 or 5-fold instead of 6-fold-coordinated Ti atoms, as well as 2-fold instead of 3-fold-
350 coordinated O atoms (Bourikas et al., 2014); this makes titania particularly reactive. It is
351 known that oxygen-containing molecules, such as water, can bind 5-fold-coordinated Ti
352 atoms (through the water oxygen) and 2-fold-coordinated O atoms (through the water
353 hydrogens). Therefore, an interaction of titania with the oxygen atoms of the three hormones
354 or their precursors (more enhanced in the case of testosterone and 17 β -estradiol because of
355 the presence of hydroxyl groups in their structure) cannot be ruled out and might account for
356 the particular effect observed for CuNPs/TiO₂ on hormone release.

357 From the practical viewpoint, the present investigation hints that several CuNPs cannot
358 damage/suppress ovarian cell functions but even facilitate their viability, proliferation and
359 secretory activity, suppressing their apoptosis. The lack of a visible toxic effect indicates the
360 safety of their application, at least for reproductive health, although hexagonal CuNPs can be
361 toxic (see below). Moreover, the potential utility of the stimulatory properties of CuNPs for
362 the improvement of reproductive processes cannot be overruled. However, it must be taken

363 into account that the stimulatory properties of CuNPs resemble some signs of malignant
364 transformation of ovarian cells, which are characterized just by these changes (Minorics and
365 Zupko, 2018; Sharma et al., 2019). Therefore, the efficiency of CuNPs to induce such
366 transformations should be carefully checked before application. On the other hand, the
367 inhibitory action of hexagonal CuNPs on ovarian cell functions (reduction of cell viability and
368 proliferation) illustrates a potential adverse consequence on female reproduction, as well as a
369 potential usefulness for inhibition of reproductive processes or ovarian cancer. These
370 indications should be, however, examined through both animal and human in-vivo
371 experiments, including careful examination of possible toxic and stimulatory effects of
372 CuNPs, given at the appropriate doses on both reproductive and non-reproductive systems.
373 Nevertheless, our present observations could be helpful for the generation and application of
374 CuNPs with desirable biological effects in veterinary and human medicine, and for the
375 production of safe CuNPs-containing products.

376 Taken together, our observations confirm the direct, mainly stimulatory, impact of CuNPs on
377 ovarian cells and their ability to affect their viability, proliferation, apoptosis and steroid
378 hormones release. Furthermore, to the best of our knowledge, this represents the first
379 demonstration that the nature of the CuNPs' action depends on their shape (spherical,
380 triangular, hexagonal) and support (zeolite Y, TiO₂ or activated charcoal). Therefore, CuNPs
381 with appropriate chemical modification could be potentially useful to control reproductive
382 processes and to treat reproductive disorders.

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387 **List of abbreviations:**

388 APVV: Slovak Research and Development Agency

389 Bax: BCL2 Associated X, Apoptosis Regulator

390 DMEM/F12: Dulbecco Modified Eagle's Medium + Ham's F12 medium, mixture 1:1

391 DTBB: 4,4'-di-*tert*-butylbiphenyl

392 CuNPs: copper nanoparticles

393 CuNPs/C: copper nanoparticles supported on charcoal

394 CuNPs/TiO₂: copper nanoparticles supported on titania

395 CuNPs/ZY: copper nanoparticles supported on zeolite Y

396 DHEA: dihydroepiandrosterone

397 ELISA: enzyme-linked immunosorbent assay

398 FITC: fluorescein isothiocyanate

399 GV: Generalitat Valenciana

400 ICP-OES: inductively coupled plasma-optical emission spectroscopy

401 ISO: Instituto de Síntesis Orgánica

402 MICIU - Spanish Ministerio de Ciencia, Innovación y Universidades

403 NFkB: nuclear factor kappa-light-chain-enhancer of activated B cells, transcription factor

404 PCNA: proliferation cell nuclear antigen

405 THF: tetrahydrofuran

406 VEGA: Slovak Grant Agency of the Ministry of Education, Science and Sport, and the Slovak

407 Academy of Science

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417

418 **DECLARATION OF INTEREST**

419 The authors declare no conflicts of interest

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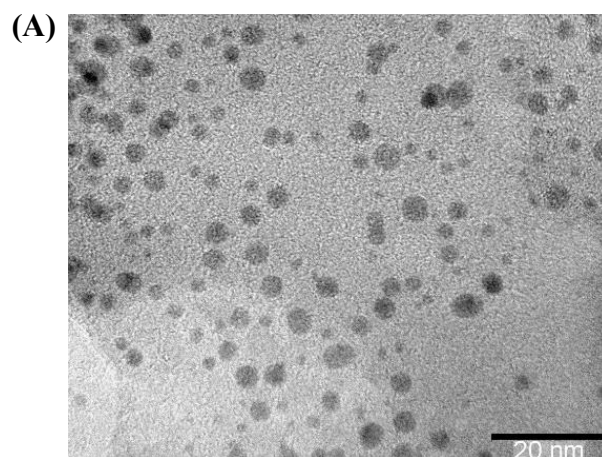
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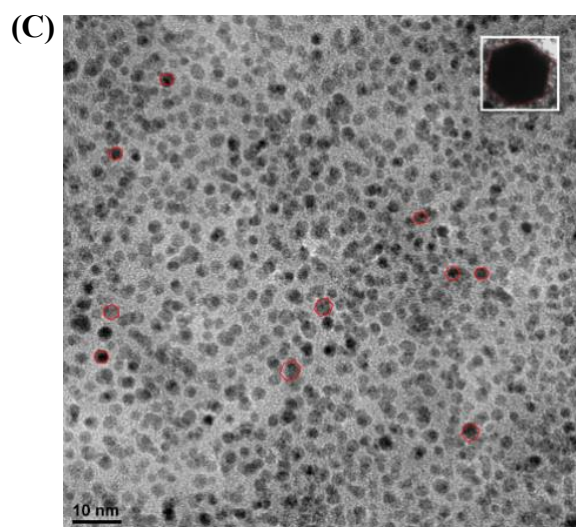
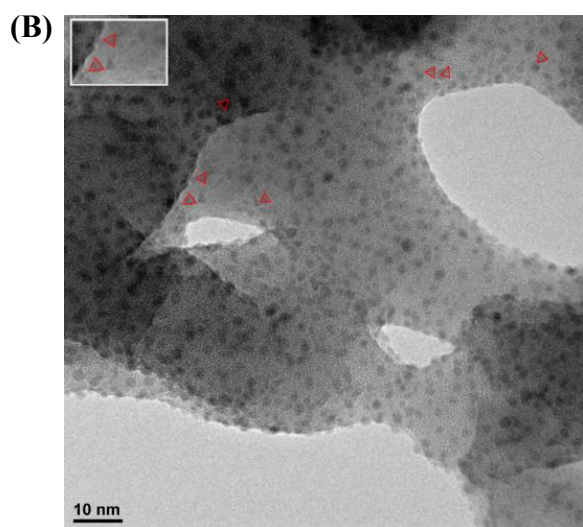
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595 **FIGURES AND LEGENDS**



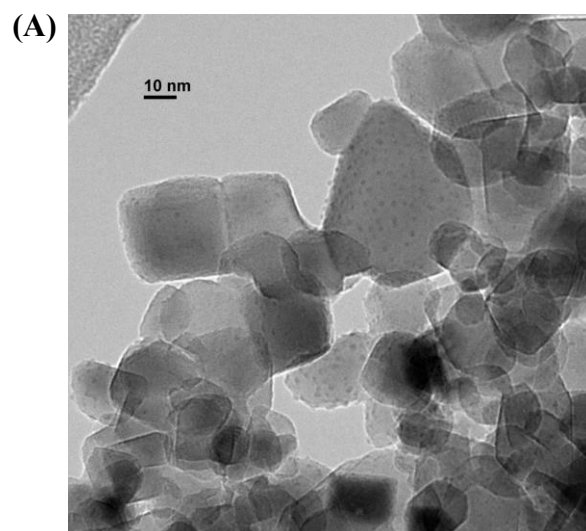
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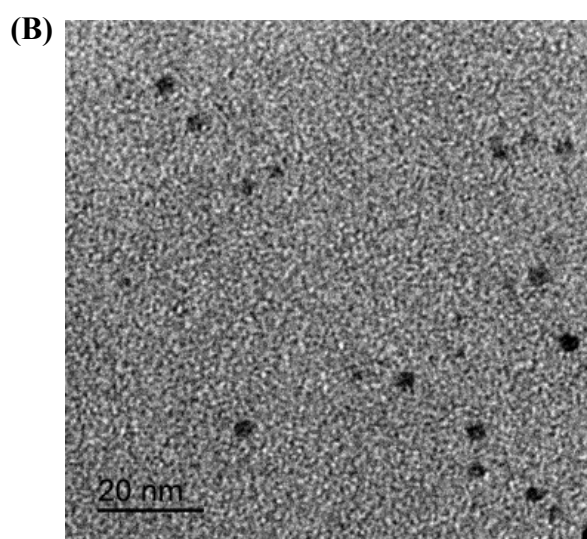
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598 **Figure 1.** Transmission electron microscopy micrographs of spherical (A), triangular (B) and
599 hexagonal (C) CuNPs.

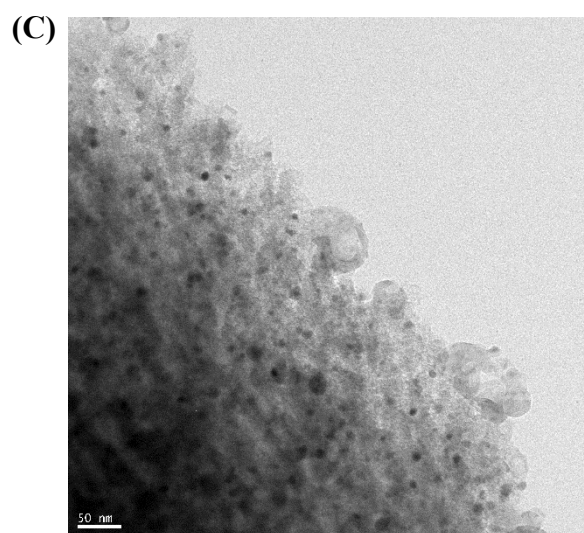
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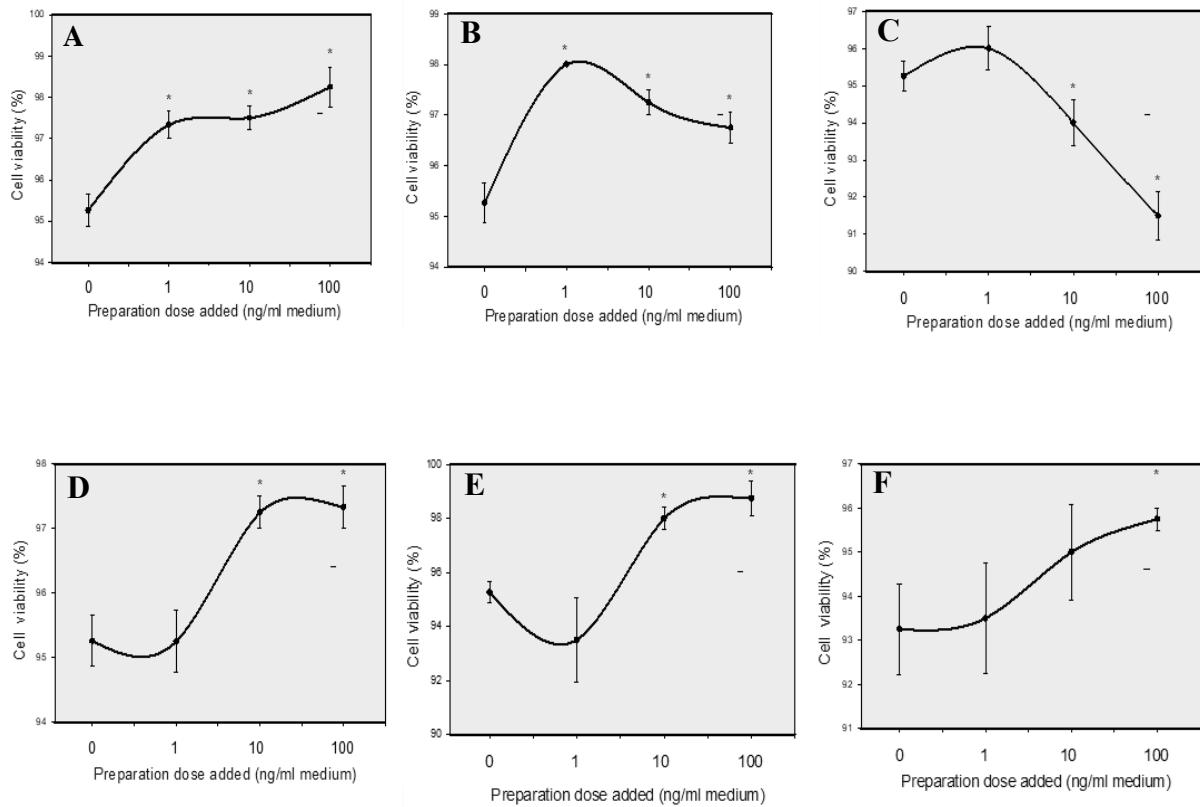
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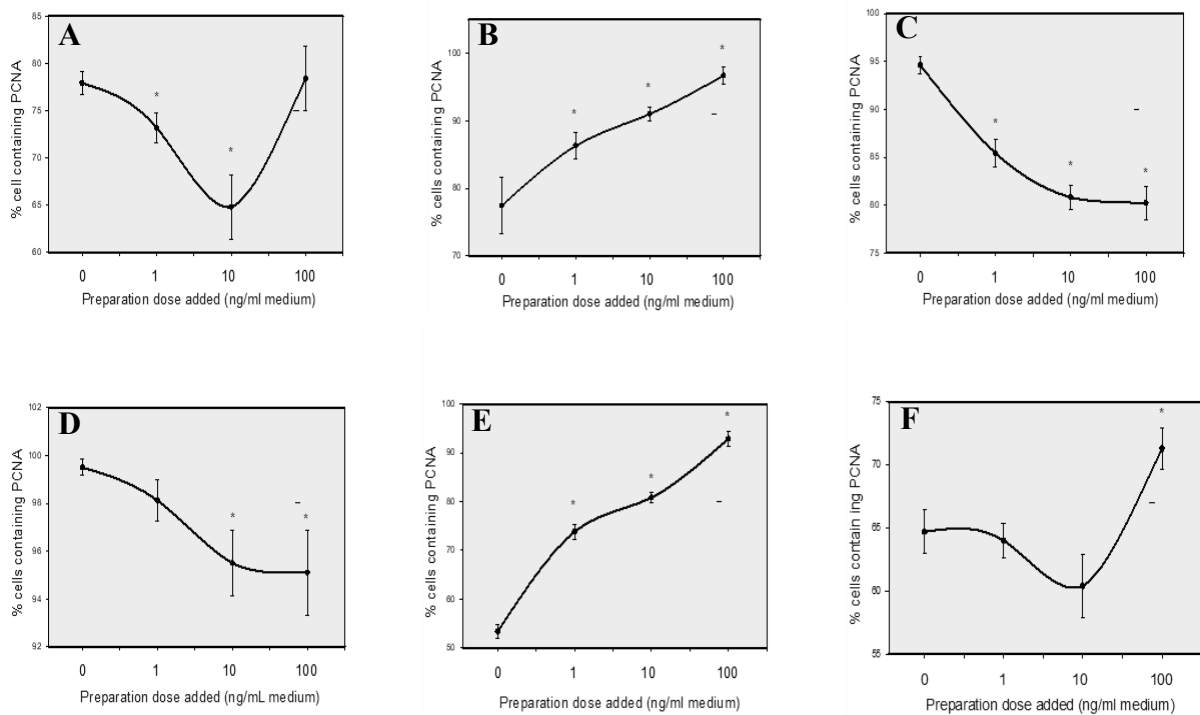


603 **Figure 2.** Transmission electron microscopy micrographs of supported CuNPs/TiO₂ (A),
604 CuNPs/ZY (B) and CuNPs/C (C).



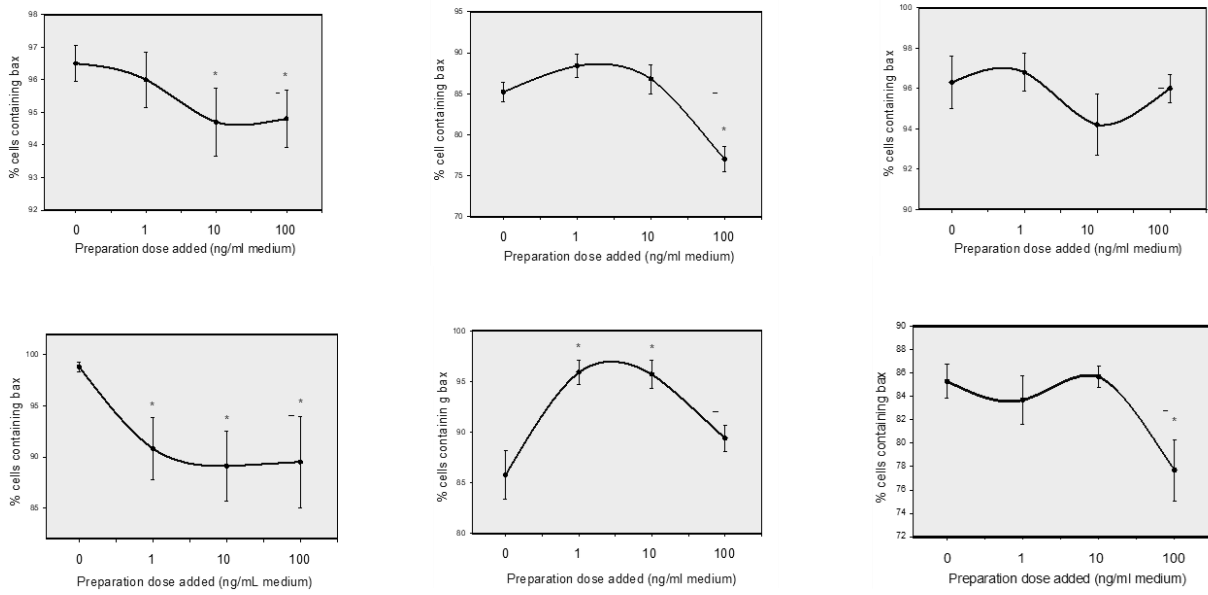
605

606 **Figure 3.** Comparison of the effect of spherical (A), triangular (B), hexagonal (C) CuNPs,
 607 and spherical CuNPs/TiO₂ (D), CuNPs/ZY (E) and CuNPs/C (F), added at the doses of 0, 1,
 608 10 or 100 ng/mL medium, on viability (measured by the Trypan blue extrusion test) of
 609 cultured porcine ovarian granulosa cells. Each experiment was repeated three times using
 610 different animals. Each experimental group was represented by four chamber-slide wells (n =
 611 12). Values are presented as the mean ± S.D.; the asterisk indicates the effect of treatment –
 612 significant (P < 0.05) differences between cells treated versus untreated (dose 0 ng/mL) with
 613 nanoparticles.



614

615 **Figure 4.** Comparison of the effect of spherical (A), triangular (B), hexagonal (C) CuNPs,
616 and spherical CuNPs/TiO₂ (D), CuNPs/ZY (E) and CuNPs/C (F), added at the doses of 0, 1,
617 10 or 100 ng/mL medium, on proliferation (accumulation of PCNA measured by quantitative
618 immunocytochemistry) of cultured porcine ovarian granulosa cells. Each experiment was
619 repeated three times using different animals. Each experimental group was represented by
620 four chamber-slide wells (n = 12). Values are presented as the mean ± S.D.; the asterisk
621 indicates the effect of treatment – significant (P < 0.05) differences between cells treated
622 versus untreated (dose 0 ng/mL) with nanoparticles.



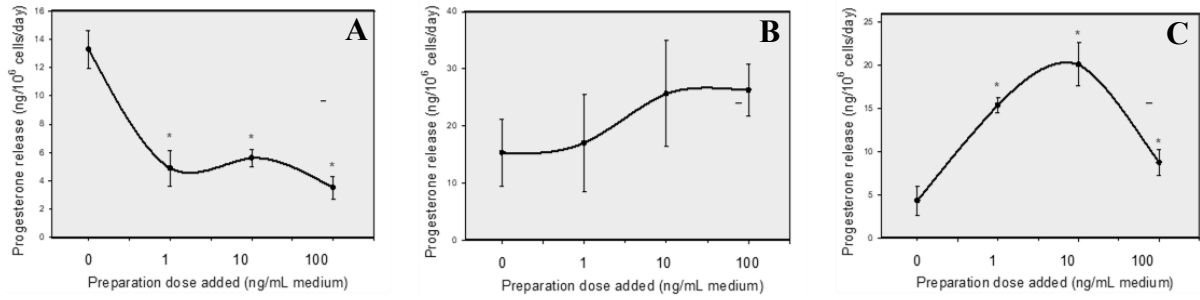
623

624 **Figure 5.** Comparison of the effect of spherical (A), triangular (B), hexagonal (C) CuNPs,
 625 and spherical CuNPs/TiO₂ (D), CuNPs/ZY (E) and CuNPs/C (F), added at the doses of 0, 1,
 626 10 or 100 ng/mL medium on apoptosis (accumulation of bax measured by quantitative
 627 immunocytochemistry) by cultured porcine ovarian granulosa cells. Each experiment was
 628 repeated three times using different animals. Each experimental group was represented by
 629 four chamber-slide wells (n = 12). Values are presented as the mean ± S.D.; the asterisk
 630 indicates the effect of treatment – significant (P < 0.05) differences between cells treated
 631 versus untreated (dose 0 ng/mL) with nanoparticles.

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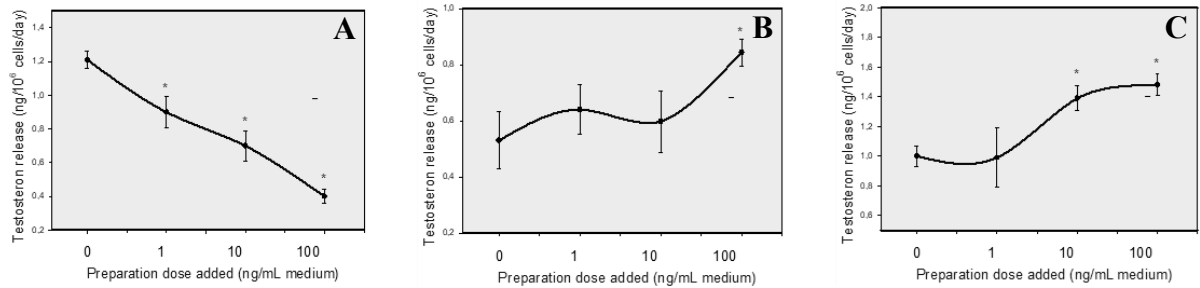
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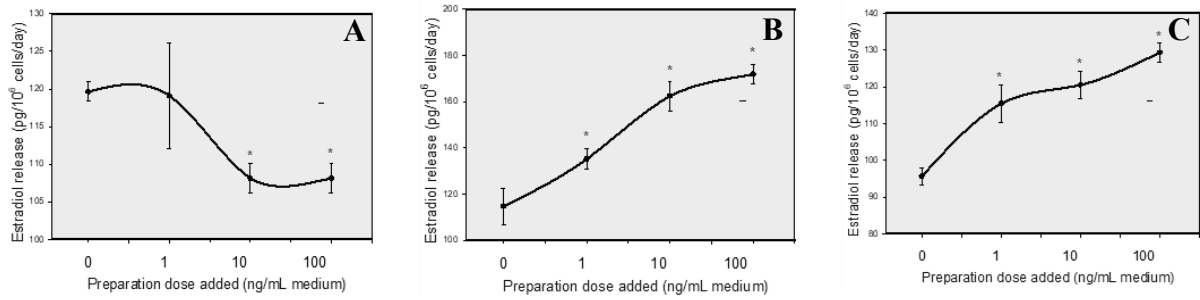
635

636 **Figure 6.** Comparison of the effect of spherical CuNPs/TiO₂ (A), CuNPs/ZY (B) and
 637 CuNPs/C (C), added at the doses of 0, 1, 10 or 100 ng/mL medium on the release of
 638 progesterone (measured by ELISA) by cultured porcine ovarian granulosa cells. Each
 639 experiment was repeated three times using different animals. Each experimental group was
 640 represented by four chamber-slide wells (n = 12). Values are presented as the mean ± S.D.;
 641 the asterisk indicates the effect of treatment – significant (P < 0.05) differences between cells
 642 treated versus untreated (dose 0 ng/mL) with nanoparticles.



643

644 **Figure 7.** Comparison of the effect of spherical CuNPs/TiO₂ (A), CuNPs/ZY (B) and
 645 CuNPs/C (C), added at the doses of 0, 1, 10 or 100 ng/mL medium on the release of
 646 testosterone (measured by ELISA) by cultured porcine ovarian granulosa cells. Each
 647 experiment was repeated three times using different animals. Each experimental group was
 648 represented by four chamber-slide wells (n = 12). Values are presented as the mean ± S.D.;
 649 the asterisk indicates the effect of treatment – significant (P < 0.05) differences between cells
 650 treated versus untreated (dose 0 ng/mL) with nanoparticles.



651

652 **Figure 8.** Comparison of the effect of spherical CuNPs/TiO₂ (A), CuNPs/ZY (B) and
 653 CuNPs/C (C), added at the doses of 0, 1, 10 or 100 ng/mL medium on the release of 17β-
 654 estradiol (measured by ELISA) by cultured porcine ovarian granulosa cells. Each experiment
 655 was repeated three times using different animals. Each experimental group was represented by
 656 four chamber-slide wells (n = 12). Values are presented as the mean ± S.D.; the asterisk
 657 indicates the effect of treatment – significant (P < 0.05) differences between cells treated
 658 versus untreated (dose 0 ng/mL) with nanoparticles.